24-Oct-26 2026 UPA RPG FALL CLASSIC-Kg FULL POWER Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	Pl-Div-WtCl
Lydia Thuss	26	F-REO-UPAAD	87.8	90	0.75795	142.5	-152.5	152.5	152.5	75	-80	80	80	232.5	152.5	160	170	170	402.5	305.074875	0	1-F-REO-UPAAD-90
Payal Kakkar	44	F-REM1-UPA	59.7	60	0.9916	85	90	92.5	92.5	40	42.5	45	45	137.5	120	130	132.5	132.5	270	267.732	279.244476	1-F-REM1-UPA-60
Margaret Herman	29	F-REO-UPA	63.6	67.5	0.94275	-65	65	70	70	40	-45	-45	40	110	90	95	-100	95	205	193.26375	0	1-F-REO-UPA-67.5
Christina Johnson	22	F-EJr-UPAAD	98.4	100	0.7201	-295	-295	-295	0	-122.5	122.5	137.5	137.5	0	182.5	200	-207.5	200	0	0	0	0
Christina Johnson	22	F-EO-UPAAD	98.4	100	0.7201	-295	-295	-295	0	-122.5	122.5	137.5	137.5	0	182.5	200	-207.5	200	0	0	0	0
Cheryl Aretha	64	F-RM5-UPAAD	65.5	67.5	0.9211	40	42.5		42.5	40	-47.5	47.5	47.5	90	110	117.5	125	125	215	198.0365	287.152925	1-F-RM5-UPAAD-67.5
Brandy Shooks	47	F-RM2-UPAAD	71.5	75	0.8637	50	57.5	60	60	40	45	47.5	47.5	107.5	67.5	75	80	80	187.5	161.94375	175.2231375	1-F-RM2-UPAAD-75
Bonnie Wirgau	47	F-RM2-UPAAD	112.7	125	0.68745	62.5	67.5	70	70	47.5	52.5	55	55	125	87.5	95	100	100	225	154.67625	167.3597025	1-F-RM2-UPAAD-125
Sherell Wiggins	39	F-RSub-UPAAD	73.7	75	0.84605	97.5	115		115	55	57.5	60	60	175	132.5	140	145	145	320	270.736	0	1-F-RSub-UPAAD-75
Jessica Tebo	37	F-RSub-UPAAD	96.7	100	0.72515	62.5	67.5	72.5	72.5	45	52.5	-55	52.5	125	102.5	110	115	115	240	174.036	0	1-F-RSub-UPAAD-100
Rebecca Madison	31	F-RO-UPAAD	65.4	67.5	0.9222	42.5	47.5	50	50	32.5	37.5	-40	37.5	87.5	85	92.5	100	100	187.5	172.9125	0	1-F-RO-UPAAD-67.5
Sherell Wiggins	39	F-RO-UPAAD	73.7	75	0.84605	97.5	115		115	55	57.5	60	60	175	132.5	140	145	145	320	270.736	0	1-F-RO-UPAAD-75
Emily Waring	31	F-RO-UPAAD	78	82.5	0.81485	85	92.5	100	100	45	52.5	55	55	155	120	130	137.5	137.5	292.5	238.343625	0	1-F-RO-UPAAD-82.5
Melanie Pauli	30	F-EO-UPA	56	56	1.0439	152.5	175	-185	175	72.5	82.5	-92.5	82.5	257.5	127.5	140	-152.5	140	397.5	414.95025	0	1-F-EO-UPA-56
Tommye Arnold	62	F-EO-UPA	66.6	67.5	0.90915	207.5	-225	225	225	90	-95	-95	90	315	182.5	-200	-200	182.5	497.5	452.302125	630.0568601	1-F-EO-UPA-67.5
Azizah Vlielander	62	F-RM5-UPA	73.6	75	0.8468	82.5	87.5	92.5	92.5	45	47.5	-50	45	137.5	95	102.5	110	110	247.5	209.583	291.949119	1-F-RM5-UPA-75
Radhika Mengle	47	F-RM2-UPA	70	75	0.87645	92.5	-110	-110	92.5	42.5	47.5	50	47.5	140	125	137.5	145	145	285	249.78825	270.2708865	1-F-RM2-UPA-75
Elizabeth Philpott	36	F-RSub-UPA	76.1	82.5	0.8281	80	85	-92.5	85	-40	-45	-45	0	0	95	102.5	105	105	0	0	0	0
Gavin Hendry	17	M-RET2-UPAAD	74.6	75	0.69125	120	130	140	140	97.5	102.5	-110	102.5	242.5	150	172.5	182.5	182.5	425	293.78125	0	1-M-RET2-UPAAD-75
Colin Sist	22	M-REJr-UPAAD	85.4	90	0.6308	200	215	227.5	227.5	120	125	127.5	127.5	355	220	237.5	250	250	605	381.634	0	1-M-REJr-UPAAD-90
Brandon Myre	38	M-RESub-UPAAD	106.7	110	0.56765	142.5	157.5	-167.5	157.5	107.5	-115	115	115	272.5	167.5	182.5	-190	182.5	455	258.28075	0	1-M-RESub-UPAAD-110
Samuel Aylward	25	M-REO-UPAAD	99.7	100	0.58205	215	232.5	245	245	110	127.5	-137.5	127.5	372.5	247.5	-272.5	-272.5	247.5	620	360.871	0	1-M-REO-UPAAD-100
Lester Villapando	32	M-REO-UPAAD	90.2	100	0.61115	200	212.5	-215	212.5	147.5	-165	-165	147.5	360	230	-240	-240	230	590	360.5785	0	2-M-REO-UPAAD-100
David Brock	65	M-REM6-UPA	97.3	100	0.58825	132.5	140	145	145	90	95	-97.5	95	240	147.5	160	-167.5	160	400	235.3	348.244	1-M-REM6-UPA-100
Gary Jacobs	59	M-REM4-UPA	156.5	SHW	0.5183	125	-137.5	137.5	137.5	80	-92.5		80	217.5	135	150	-170	150	367.5	190.47525	250.4749538	1-M-REM4-UPA-SHW
Gary Jacobs	59	M-REO-UPA	156.5	SHW	0.5183	125	-137.5	137.5	137.5	80	-92.5		80	217.5	135	150	-170	150	367.5	190.47525	250.4749538	1-M-REO-UPA-SHW
Scott Cieszynski	19	M-ET3-UPAAD	83.5	90	0.63965	250	275	290	290	170	-182.5	-182.5	170	460	190	202.5	-210	202.5	662.5	423.768125	0	1-M-ET3-UPAAD-90
Conan Stoehr	51	M-EM3-UPAAD	106.5	110	0.56795	365	380	-400	380	-320	-320	-320	0	0	0			0	0	0	0	0
Conan Stoehr	51	M-EO-UPAAD	106.5	110	0.56795	365	380	-400	380	-320	-320	-320	0	0	0			0	0	0	0	0
Colin Homenik	15	M-RT1-UPAAD	70.2	75	0.7246	107.5	117.5	130	130	102.5	-107.5	107.5	107.5	237.5	170	-182.5	-182.5	170	407.5	295.2745	0	1-M-RT1-UPAAD-75
Ethan Shiff	23	M-RJr-UPAAD	99.2	100	0.5833	155	170	185	185	95	107.5	-117.5	107.5	292.5	192.5	212.5	-227.5	212.5	505	294.5665	0	1-M-RJr-UPAAD-100
Britain Willcock	41	M-RM1-UPAAD	112.2	125	0.5595	190	210	227.5	227.5	140	157.5	-170	157.5	385	195	220	240	240	625	349.6875	353.184375	1-M-RM1-UPAAD-125
Mitchell Devries	43	M-RM1-UPAAD	165.5	SHW	0.51195	240	247.5	-260	247.5	130	140	150	150	397.5	260	272.5	287.5	287.5	685	350.68575	361.5570083	1-M-RM1-UPAAD-SHW
Phil Wengrowski	34	M-RO-UPAAD	97.6	100	0.58745	240	252.5	265	265	150	157.5	165	165	430	247.5	260	272.5	272.5	702.5	412.683625	0	1-M-RO-UPAAD-100
Britain Willcock	41	M-RO-UPAAD	112.2	125	0.5595	190	210	227.5	227.5	140	157.5	-170	157.5	385	195	220	240	240	625	349.6875	353.184375	1-M-RO-UPAAD-125
Greg Ripley	65	M-EM6-UPA	74.5	75	0.69195	187.5	210	227.5	227.5	77.5	125	-135	125	352.5	170	190	-205	190	542.5	375.382875	555.566655	1-M-EM6-UPA-75
Christopher Tobey	35	M-ESub-UPA	89.4	90	0.61415	295	-330	330	330	-275	275	-320	275	605	235	260	277.5	277.5	882.5	541.987375	0	1-M-ESub-UPA-90
Michael McGowan	41	M-ESub-UPA	134.2	140	0.53625	-437.5	437.5		437.5	-290	-290	-290	0	0	0			0	0	0	0	0
Christopher Tobey	35	M-EO-UPA	89.4	90	0.61415	295	-330	330	330	-275	275	-320	275	605	235	260	277.5	277.5	882.5	541.987375	0	1-M-EO-UPA-90
Christopher Kuchta	33	M-EO-UPA	105.5	110	0.56975	392.5	-430	-430	392.5	0			0	0	0			0	0	0	0	0
Michael McGowan	41	M-EO-UPA	134.2	140	0.53625	-437.5	437.5		437.5	-290	-290	-290	0	0	0			0	0	0	0	0
Don Demetrakeas	57	M-RM4-UPA	101.6	110	0.5776	215	232.5	250	250	132.5	145	155	155	405	265	300		300	705	407.208	516.339744	1-M-RM4-UPA-110
Terry Dodds	43	M-RM1-UPA	96	100	0.59195	125	135	150	150	95	-105	-105	95	245	60			60	305	180.54475	186.1416373	1-M-RM1-UPA-100
Brian Molnar	37	M-RSub-UPA	97	100	0.5891	172.5	200	220	220	120	132.5	-137.5	132.5	352.5	197.5	230	-240	230	582.5	343.15075	0	1-M-RSub-UPA-100
Mike VanSumeran	28	M-RO-UPA	90	90	0.61185	-285	285	-295	285	167.5	172.5	-182.5	172.5	457.5	247.5	257.5	-272.5	257.5	715	437.47275	0	1-M-RO-UPA-90
Henry Hsieh	25	M-RO-UPA	91.1	100	0.60785	160	170	180	180	75	82.5	-90	82.5	262.5	172.5	185	192.5	192.5	455	276.57175	0	1-M-RO-UPA-100
Terry Dodds	43	M-RO-UPA	96	100	0.59195	125	135	150	150	95	-105	-105	95	245	60			60	305	180.54475	186.1416373	2-M-RO-UPA-100
Don Demetrakeas	57	M-RO-UPA	101.6	110	0.5776	215	232.5	250	250	132.5	145	155	155	405	265	300		300	705	407.208	516.339744	1-M-RO-UPA-110

24-Oct-26 2026 UPA RPG FALL CLASSIC-Kg BENCH ONLY Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	Pl-Div-WtCl
Brandy Shooks	47	F-RM2-UPAAD	71.5	75	0.8637	40	45	47.5	47.5	41.02575	44.3898615	1-F-RM2-UPAAD-75
Meghan Carriveau	35	F-RSub-UPAAD	108.1	110	0.69545	80	85	90	90	62.5905	0	1-F-RSub-UPAAD-110
Kayli Frantz	25	F-RO-UPAAD	86.5	90	0.7645	37.5	42.5	45	45	34.4025	0	1-F-RO-UPAAD-90
Kendra Kuchta	30	F-EO-UPA	88.8	90	0.75305	-175	175	-182.5	175	131.78375	0	1-F-EO-UPA-90
Liz Dudek	68	F-RM6-UPA	65	67.5	0.92665	75	80	-82.5	80	74.132	116.832032	1-F-RM6-UPA-67.5
Rachel Falahee	44	F-RM1-UPA	76.2	82.5	0.8274	47.5	55	-60	55	45.507	47.463801	1-F-RM1-UPA-82.5
Jonathan Myshock	35	M-RO-UPAAD	106.4	110	0.5681	220	227.5	-232.5	227.5	129.24275	0	1-M-RO-UPAAD-110

24-Oct-26 2026 UPA RPG FALL CLASSIC-Kg DEADLIFT ONLY Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	Pl-Div-WtCl
Cheryl Aretha	64	F-RM5-UPAAD	65.5	67.5	0.9211	110	117.5	125	125	115.1375	166.949375	1-F-RM5-UPAAD-67.5
Brandy Shooks	47	F-RM2-UPAAD	71.5	75	0.8637	67.5	75	80	80	69.096	74.761872	1-F-RM2-UPAAD-75
Kayli Frantz	25	F-RO-UPAAD	86.5	90	0.7645	105	110	115	115	87.9175	0	1-F-RO-UPAAD-90
Liz Dudek	68	F-RM6-UPA	65	67.5	0.92665	100	110	115	115	106.56475	167.946046	1-F-RM6-UPA-67.5

24-Oct-26 2026 UPA RPG FALL CLASSIC-Kg PUSH/PULL Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	Pl-Div-WtCl
Meghan Carriveau	35	F-RSub-UPAAD	108.1	110	0.69545	80	85	90	90	150	157.5	162.5	162.5	252.5	175.601125	0	1-F-RSub-UPAAD-110
Kayli Frantz	25	F-RO-UPAAD	86.5	90	0.7645	37.5	42.5	45	45	105	110	115	115	160	122.32	0	1-F-RO-UPAAD-90
Christina Johnson	22	F-EJr-UPAAD	98.4	100	0.7201	-122.5	122.5	137.5	137.5	182.5	200	-207.5	200	337.5	243.03375	0	1-F-EJr-UPAAD-100
Liz Dudek	68	F-RM6-UPA	65	67.5	0.92665	75	80	-82.5	80	100	110	115	115	195	180.69675	284.778078	1-F-RM6-UPA-67.5
Katharina Denning	52	F-RM3-UPA	63.6	67.5	0.94275	37.5	40	45	45	70	82.5	90	90	135	127.27125	148.2710063	1-F-RM3-UPA-67.5
Angie Leming	53	F-RM3-UPA	98.4	100	0.7201	40	45	55	55	105	120	132.5	132.5	187.5	135.01875	159.8622	1-F-RM3-UPA-100
Carla Parson	38	F-RSub-UPA	106.1	110	0.7001	77.5	-80	80	80	140	145	150	150	230	161.023	0	1-F-RSub-UPA-110
Carla Parson	38	F-RO-UPA	106.1	110	0.7001	77.5	-80	80	80	140	145	150	150	230	161.023	0	1-F-RO-UPA-110
Justin Fargo	53	M-RM3-UPA	102.8	110	0.575	135	-145		135	225	237.5	242.5	242.5	377.5	217.0625	257.002	1-M-RM3-UPA-110
Andrew Gorman	41	M-RM1-UPA	101.4	110	0.57805	137.5	142.5	150	150	185	192.5	200	200	350	202.3175	204.340675	1-M-RM1-UPA-110