17-Feb-24 2024 UPA REIGN OF POWER-Kg FULL POWER Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	Pl-Div-WtCl	Team
Isaiah Sabin	21	M-REJr-UPAAD	110	110	0.5625	197.5	210	220	220	135	145	-155	145	365	220	232.5	245	245	610	343.125	0	1-M-REJr-UPAAD-110	
Ian Thomas	21	M-REJr-UPAAD	106.3	110	0.5683	205	215	227.5	227.5	115	122.5	-135	122.5	350	215	232.5	250	250	600	340.98	0	2-M-REJr-UPAAD-110	
Cody Blackburn	26	M-REO-UPA	96.7	100	0.58995	220	230	245	245	-117.5	117.5	-127.5	117.5	362.5	300	320	330	330	692.5	408.540375	0	1-M-REO-UPA-100	
Tom Babich	27	M-REO-UPA	108.7	110	0.5644	275	295	305	305	160	-175	175	175	480	305	320		320	800	451.52	0	1-M-REO-UPA-110	Michigan Barbenders
Tanner Norton	25	M-REO-UPA	108.7	110	0.5644	187.5	197.5	202.5	202.5	125	135	-142.5	135	337.5	192.5	202.5	-227.5	202.5	540	304.776	0	2-M-REO-UPA-110	
Cole Okalski	29	M-REO-UPA	112.1	125	0.55965	102.5	112.5	125	125	97.5	105	-115	105	230	142.5	150	160	160	390	218.2635	0	1-M-REO-UPA-125	
Clayton Huston	29	M-EO-UPAAD (Singleply)	107.1	110	0.56695	207.5	220	227.5	227.5	177.5	185	200	200	427.5	207.5	227.5	242.5	242.5	670	379.8565	0	1-M-EO-UPAAD-110	Viking
Matthew Litwiller	18	M-RT3-UPAAD	74.9	75	0.69275	165	175	190	190	120	-127.5	-127.5	120	310	225	235	-240	235	545	377.54875	0	1-M-RT3-UPAAD-75	
Peter Stavropoulos	23	M-RJr-UPAAD	77.2	82.5	0.67425	130	145	160	160	95	112.5	-117.5	112.5	272.5	145	165	172.5	172.5	445	300.04125	0	1-M-RJr-UPAAD-82.5	
Anthony Rodorigo	20	M-RJr-UPAAD	102.4	110	0.57585	220	235	245	245	120	132.5	137.5	137.5	382.5	185	195	210	210	592.5	341.191125	0	1-M-RJr-UPAAD-110	
Nicholas Wheeler	20	M-RJr-UPAAD	116.1	125	0.555	165	185	195	195	100	110	-125	110	305	185	200	215	215	520	288.6	0	1-M-RJr-UPAAD-125	
Brandon Jackson	27	M-RO-UPAAD	127.4	140	0.5429	317.5	342.5		342.5	-200	200	-217.5	200	542.5	200	227.5	252.5	252.5	795	431.6055	0	1-M-RO-UPAAD-140	RPG
Tarik Kaliman	20	M-EJr-UPA	119.4	125	0.55155	212.5	227.5	242.5	242.5	140	145	-150	145	387.5	200	210	-212.5	210	597.5	329.551125	0	1-M-EJr-UPA-125	
Trevor Bryant	25	M-EO-UPA (Unlimited)	96.5	100	0.5905	322.5	-345	345	345	365	425	-457.5	425	770	65			65	835	493.0675	0	1-M-EO-UPA-100	RPG
Brent Odziana	33	M-EO-UPA (Unlimited)	107.3	110	0.56665	345	365	375	375	267.5	290	305	305	680	-267.5	267.5		267.5	947.5	536.900875	0	1-M-EO-UPA-110	
Mike Bartos	35	M-EO-UPA (Singleply)	115.2	125	0.556	355	375	-387.5	375	102.5	-185	185	185	560	320	340	352.5	352.5	912.5	507.35	0	1-M-EO-UPA-125	
Ted Judson	52	M-RM3-UPA	94.4	100	0.59675	217.5	230	235	235	130	142.5	-150	142.5	377.5	210	220	227.5	227.5	605	361.03375	420.6043188	1-M-RM3-UPA-100	RPG
Lewis Strong	40	M-RM1-UPA	88.5	90	0.6177	197.5	207.5	-217.5	207.5	137.5	-142.5	-142.5	137.5	345	185	192.5	205	205	550	339.735	339.735	1-M-RM1-UPA-90	
Terry Dodds	41	M-RM1-UPA	114.1	125	0.55725	195	207.5	220	220	135	-147.5	-147.5	135	355	187.5	202.5	210	210	565	314.84625	317.9947125	1-M-RM1-UPA-125	GR Strength
David Thompson	31	M-RO-UPA	81.9	82.5	0.6504	287.5	305	312.5	312.5	-177.5	-177.5	177.5	177.5	490	265	275		275	765	497.556	0	1-M-RO-UPA-82.5	
Mike VanSumeran	25	M-RO-UPA	89.3	90	0.61455	210	220	230	230	132.5	145	-150	145	375	205	217.5		217.5	592.5	364.120875	0	1-M-RO-UPA-90	Jeremy and Friends
Ted Judson	52	M-RO-UPA	94.4	100	0.59675	217.5	230	235	235	130	142.5	-150	142.5	377.5	210	220	227.5	227.5	605	361.03375	420.6043188	1-M-RO-UPA-100	RPG
Randy Justin	27	M-RO-UPA	108.3	110	0.565	287.5	295		295	155	170	-182.5	170	465	245	257.5		257.5	722.5	408.2125	0	1-M-RO-UPA-110	
Jacob Zainea	37	M-RO-UPA	123.8	125	0.54685	365	387.5	-395	387.5	200	212.5	-222.5	212.5	600	290	-307.5	-307.5	290	890	486.6965	0	1-M-RO-UPA-125	JAC
Isaiah Grice	33	M-RO-UPA	129.4	140	0.5409	387.5	410		410	227.5	240	245	245	655	355	370	-390	370	1025	554.4225	0	1-M-RO-UPA-140	Michigan Barbenders
Kyle Shreve	29	M-RO-UPA	136.2	140	0.5344	365	387.5	402.5	402.5	217.5	230	235	235	637.5	332.5	347.5	-355	347.5	985	526.384	0	2-M-RO-UPA-140	RPG

17-Feb-24 2024 UPA REIGN OF POWER-Kg BENCH ONLY Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	Pl-Div-WtCl	Team
Derek Nichols	40	M-RO-UPA	102.1	110	0.5765	157.5	165	-172.5	165	95.1225	95.1225	1-M-RO-UPA-110	Michigan Barbenders

18-Feb-24 2024 UPA REIGN OF POWER-Kg FULL POWER Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	Pl-Div-WtCl	Team
Brieauna Myers	26	F-REO-UPA	110.3	125	0.6909	135	-150	150	150	75	80	-82.5	80	230	145	162.5	167.5	167.5	397.5	274.63275	0	1-F-REO-UPA-125	
Alecia DelCore	42	F-RM1-UPAAD	151.8	SHW	0.64361	80	-87.5	87.5	87.5	52.5	55	-62.5	55	142.5	115	120	125	125	267.5	172.165675	175.6089885	1-F-RM1-UPAAD-SHW	Pure NRGY
Samantha Ogg	36	F-RSub-UPAAD	73.6	75	0.8468	-185	185	192.5	0	85	92.5	95	95	287.5	185	195	197.5	197.5	485	410.698	0	1-F-RSub-UPAAD-75	RPG
Candida Turner	39	F-RSub-UPAAD	96	100	0.7273	167.5	-185		167.5	75	-80	-80	75	242.5	187.5	-192.5	-192.5	187.5	430	312.739	0	1-F-RSub-UPAAD-100	RPG
Jessie Fischer	38	F-RSub-UPAAD	103.1	110	0.70745	107.5	112.5	120	120	62.5	67.5	-72.5	67.5	187.5	125	132.5	-140	132.5	320	226.384	0	1-F-RSub-UPAAD-110	Skellafit
Leila Shojaee	39	F-RSub-UPAAD	153.2	SHW	0.64256	80	92.5	102.5	102.5	65	-70	-70	65	167.5	110	122.5	130	130	297.5	191.1616	0	1-F-RSub-UPAAD-SHW	Team Catalyst
Katelyn Trepkowski	32	F-RO-UPAAD	67	67.5	0.9049	80	87.5	95	95	40	-47.5	47.5	47.5	142.5	110	117.5	122.5	122.5	265	239.7985	0	1-F-RO-UPAAD-67.5	Pure NRGY
Samantha Ogg	36	F-RO-UPAAD	73.6	75	0.8468	-185	185	192.5	192.5	85	92.5	95	95	287.5	185	195	197.5	197.5	485	410.698	0	1-F-RO-UPAAD-75	RPG
Tuesday Geeting	32	F-RO-UPAAD	71.5	75	0.8637	125	-135	-137.5	125	52.5	-57.5	57.5	57.5	182.5	142.5	147.5	-152.5	147.5	330	285.021	0	2-F-RO-UPAAD-75	JAC
Sherell Wiggins	37	F-RO-UPAAD	82	82.5	0.78945	115	125	-132.5	125	57.5	62.5	-65	62.5	187.5	135	150	-162.5	150	337.5	266.439375	0	1-F-RO-UPAAD-82.5	
Melanie Pauli	27	F-EO-UPA (Multiply)	58.7	60	1.0051	150	-172.5	-182.5	150	60	-67.5	-67.5	60	210	110	120	-127.5	120	330	331.683	0	1-F-EO-UPA-60	
Theresa Zemmin	54	F-RM3-UPA	59.2	60	0.99835	-147.5	147.5	167.5	167.5	65	70	-72.5	70	237.5	137.5	150	160	160	397.5	396.844125	477.8003265	1-F-RM3-UPA-60	
Katie Edgar	36	F-RSub-UPA	65.7	67.5	0.91885	50	52.5	57.5	57.5	30	-32.5	-32.5	30	87.5	72.5	80	-85	80	167.5	153.907375	0	1-F-RSub-UPA-67.5	Skellafit
Candida Turner	39	F-RSub-UPA	96	100	0.7273	167.5	-185		167.5	75	-80	-80	75	242.5	187.5	-192.5	-192.5	187.5	430	312.739	0	1-F-RSub-UPA-100	RPG
Ellie Bee	33	F-RSub-UPA	115	125	0.68435	137.5	150	160	160	75	-80	-80	75	235	137.5	150	160	160	395	270.31825	0	1-F-RSub-UPA-125	Skellafit
Ash Sexton	32	F-RO-UPA	87	90	0.76195	107.5	-120	120	120	57.5	-65	-65	57.5	177.5	110	122.5	135	135	312.5	238.109375	0	1-F-RO-UPA-90	Team Catalyst

18-Feb-24 2024 UPA REIGN OF POWER-Kg BENCH ONLY Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	Pl-Div-WtCl	Team
Roseanna Pokrzywnicki	69	F-EM6-UPA (Singleply)	69.3	75	0.88265	52.5	-57.5	-57.5	52.5	46.339125	74.60599125	1-F-EM6-UPA-75	
Anna Beernaert	43	F-RM1-UPA	50.3	52	1.137	52.5	-57.5	-57.5	52.5	59.6925	61.5429675	1-F-RM1-UPA-52	
Mark Havens	42	M-RM1-UPAAD	149.6	SHW	0.5234	137.5	155	165	165	86.361	88.08822	1-M-RM1-UPAAD-SHW	
Joshua Zemmin	22	M-EJr-UPA (Unlimited)	88.4	90	0.6181	-295	295	-320	295	182.3395	0	1-M-EJr-UPA-90	

18-Feb-24 2024 UPA REIGN OF POWER-Kg DEADLIFT ONLY Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	Pl-Div-WtCl	Team
Darnell Fenderson	45	M-EM2-UPAAD (Singleply)	100.2	110	0.58085	227.5	-252.5	272.5	272.5	158.281625	166.9871144	1-M-EM2-UPAAD-110	GR Strength
Greg McMillan	72	M-EM7-UPA (Singleply)	94.6	100	0.59615	-247.5	247.5	-257.5	247.5	147.547125	253.4859608	1-M-EM7-UPA-100	JAC
Alan McClure	35	M-EO-UPA (Multiply)	108.1	110	0.5653	305	320	337.5	337.5	190.78875	0	1-M-EO-UPA-110	JAC

18-Feb-24 2024 UPA REIGN OF POWER-Kg PUSH/PULL Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	Pl-Div-WtCl	Team
Crystal Dodds	40	F-RM1-UPAAD	92.6	100	0.7383	52.5	60	-62.5	60	105	112.5	117.5	117.5	177.5	131.04825	131.04825	1-F-RM1-UPAAD-100	GR Strength
Julie Morgrette	63	F-RM5-UPA	79.3	82.5	0.80625	35	47.5	-50	47.5	117.5	132.5	142.5	142.5	190	153.1875	217.6794375	1-F-RM5-UPA-82.5	
Krista Hempel	55	F-RM2-UPA	115.8	125	0.6833	62.5	65	-70	65	122.5	125	130	130	195	133.2435	163.2232875	1-F-RM2-UPA-125	Skellafit