

Nov-11-2023		Kroc's Women's Meet-Column6 Results																			
Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	PI-Div-WtCI	
Grace Sneckenberger-	20	F-REJr	73.8	75	0.673	77.5	92.5	107.5	107.5	62.5	75	85	85	192.5	77.5	95	112.5	112.5	305	1-F-REJr-75	
Nina Costa-	23	F-REJr	88.6	90	0.591	115	-122.5	-122.5	115	70	77.5	82.5	82.5	197.5	160	172.5	182.5	182.5	380	1-F-REJr-90	
Leslie Prudhomme-	65	F-REM6	80	82.5	0.6329	55	60	65	65	42.5	47.5	-52.5	47.5	112.5	97.5	102.5	105	105	217.5	1-F-REM6-82.5	
Grace Scala-	30	F-REO	54.7	56	0.8979	82.5	92.5	-97.5	92.5	62.5	67.5	70	70	162.5	110	125	130	130	292.5	1-F-REO-56	
Anastasia Clay	28	F-REO	70.9	75	0.704	85	92.5	100	100	40	47.5	50	50	150	105	110	112.5	112.5	262.5	1-F-REO-75	
Judy Lai	32	F-REO	85.4	90	0.605	115	125	130	130	-62.5	62.5	70	70	200	152.5	157.5	162.5	162.5	362.5	1-F-REO-90	
Danielle Brown-	31	F-REO	107.4	110	0.5399	80	100	-120	100	42.5	47.5	52.5	52.5	152.5	97.5	117.5	132.5	132.5	285	1-F-REO-110	
Laura Hartson-	32	F-EO	80.1	82.5	0.6324	237.5	-250	250	250	165	182.5	-190	182.5	432.5	152.5	157.5	-172.5	157.5	590	1-F-EO-82.5	
Kendra Gallaher	28	F-EO	88.3	90	0.5922	-250	250	-280	250	157.5	165	-172.5	165	415	205	-220	-220	205	620	1-F-EO-90	
Brooke Falor-	18	F-RT3	56.9	60	0.8765	62.5	67.5	-77.5	67.5	42.5	50	-55	50	117.5	85	92.5	100	100	217.5	1-F-RT3-60	
Anna Seebeck-	18	F-RT3	57.4	60	0.8516	60	-65	-65	60	30	35	-42.5	35	95	-80	80	82.5	82.5	177.5	2-F-RT3-60	
Emily Morgan-	17	F-RT2	108.8	110	0.538	52.5	57.5	62.5	62.5	45	50	57.5	57.5	120	62.5	85	95	95	215	1-F-RT2-110	
Sofia Sorensen-	16	F-RT2	111.1	125	0.5352	62.5	70	-80	70	42.5	52.5	57.5	57.5	127.5	85	-95	102.5	102.5	230	1-F-RT2-125	
Wendy Carlisle	55	F-RM4	108.6	110	0.5382	122.5	132.5	137.5	137.5	62.5	67.5	-75	67.5	205	135	142.5	147.5	147.5	352.5	1-F-RM4-110	
Theresa Zemmin	54	F-RM3	59.4	60	0.8213	150	162.5	-170	162.5	67.5	-72.5	-72.5	67.5	230	140	-150	0	140	370	1-F-RM3-60	
Kelly Itsell-	45	F-RM2	64	67.5	0.7625	102.5	105	107.5	107.5	57.5	60	-62.5	60	167.5	147.5	152.5	155	155	322.5	1-F-RM2-67.5	
Channing Sturgis-	21	F-RO	58.8	60	0.8301	95	107.5	-115	107.5	70	-75	80	80	187.5	105	120	-127.5	120	307.5	1-F-RO-60	
Jayla Burstler	33	F-RO	59.6	60	0.8185	77.5	92.5	-100	92.5	62.5	67.5	-75	67.5	160	102.5	110	-117.5	110	270	2-F-RO-60	
Clara Owczykowski-	30	F-RO	66.6	67.5	0.7347	67.5	75	85	85	40	47.5	-55	47.5	132.5	97.5	105	112.5	112.5	245	1-F-RO-67.5	
Lauren VanAmberg-	27	F-RO	74	75	0.6716	155	170	-175	170	77.5	80	-85	80	250	-140	145	-155	145	395	1-F-RO-75	
Olivia Herron	32	F-RO	77.4	82.5	0.6486	140	155	160	160	75	85	90	90	250	157.5	175	-182.5	175	425	1-F-RO-82.5	
Nicole Walters-	40	F-RO	93.3	100	0.5734	175	185	192.5	192.5	85	92.5	95	95	287.5	175	190	200	200	487.5	1-F-RO-100	
Jodi Mulholland	34	F-RO	109	110	0.5377	140	155	162.5	162.5	65	75	77.5	77.5	240	132.5	142.5	147.5	147.5	387.5	1-F-RO-110	
Megan Wood-	39	F-RO	128.6	140	0.5167	167.5	-177.5	-177.5	167.5	87.5	92.5	-97.5	92.5	260	137.5	147.5	-152.5	147.5	407.5	1-F-RO-140	