

OPL Format v1 Submit by email: issues@openpowerlifting.org																								
Federation	Date	MeetCountry	MeetState	MeetTown	MeetName	Formula																		
UPA	'2023-03-25	United States	MO	Saint Peters	This One is For Me	Wilks																		
Place	Name	Sex	Age	Country	State	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points	Event
1	Danielle Lyons	F	22	usa	mo	Raw Elite	J20-23	131.5	90	127.5	135	140	140	52.5	57.5	60	60	135	-145	145	145	345	271.41	SBD
1	Sandy Costello	F	44	usa	mo	Raw Elite	M40-44	81.2	82.5	102.5	-107.5	107.5	107.5	55	57.5	-60	57.5	125	132.5	-137.5	132.5	297.5	270.00	SBD
1	Korri Thomas	F	32	usa	mo	Raw Elite	Open	73	75	-140	142.5	150	150	-67.5	72.5	75	75	137.5	150	157.5	157.5	382.5	369.96	SBD
2	Sara Conway	F	25	usa	MO	Raw Elite	Open	74.3	75	82.5	87.5	-92.5	87.5	45	47.5	50	50	97.5	-105	105	105	242.5	231.90	SBD
1	Brittany Kussman	F	38	usa	mo	Raw Elite	Open	75.8	82.5	135	142.5	147.5	147.5	62.5	67.5	75	75	182.5	187.5	192.5	192.5	415	391.93	SBD
2	Sandy Costello	F	44	usa	mo	Raw Elite	Open	81.2	82.5	102.5	-107.5	107.5	107.5	55	57.5	-60	57.5	125	132.5	-137.5	132.5	297.5	270.00	SBD
1	Jayne Perkins	F	33	usa	mo	Raw Elite	Open	106.5	90	135	-142.5	142.5	142.5	50	55	60	60	140	147.5	157.5	157.5	360	294.82	SBD
2	Danielle Lyons	F	22	usa	mo	Raw Elite	Open	131.5	90	127.5	135	140	140	52.5	57.5	60	60	135	-145	145	145	345	271.41	SBD
3	Melanie Cook	F	38	usa	IL	Raw Elite	Open	94	90	92.5	97.5	-105	97.5	47.5	-52.5	55	55	115	125	137.5	137.5	290	246.38	SBD
1	Leslie Naumann	F	41	usa	mo	Raw	M40-44	108.2	90	167.5	175	180	180	102.5	110	112.5	112.5	167.5	182.5	-192.5	182.5	475	387.59	SBD
1	Leslie Naumann	F	41	usa	mo	Raw	Open	108.2	90	167.5	175	180	180	102.5	110	112.5	112.5	167.5	182.5	-192.5	182.5	475	387.59	SBD
1	William Brackett	M	19	usa	MO	Raw Elite	J20-23	87.5	90	152.5	160	-170	160	110	-117.5	-117.5	110	190	207.5	217.5	217.5	487.5	315.94	SBD
1	Shay Laager	M	30	usa	IL	Raw Elite	Open	74.7	75	197.5	-205	-205	197.5	140	147.5	150	150	227.5	-235	235	235	582.5	416.23	SBD
1	Logan Jackson	M	30	usa	mo	Raw Elite	Open	90	90	197.5	212.5	227.5	227.5	142.5	152.5	-160	152.5	235	247.5	-260	247.5	627.5	400.59	SBD
2	William Brackett	M	19	usa	MO	Raw Elite	Open	87.5	90	152.5	160	-170	160	110	-117.5	-117.5	110	190	207.5	217.5	217.5	487.5	315.94	SBD
1	Zak Kerr	M	32	usa	mo	Raw Elite	Open	98.1	100	-225	225	230	230	142.5	147.5	152.5	152.5	-235	235	240	240	622.5	381.83	SBD
1	Eric Wulff	M	37	usa	mo	Raw Elite	Open	109.4	110	230	237.5	-250	237.5	170	182.5	192.5	192.5	240	262.5	270	270	700	412.64	SBD
1	Tim Callahan	M	30	usa	mo	Raw Elite	Open	120.4	125	265	285	292.5	292.5	182.5	195	200	200	280	300	322.5	322.5	815	468.20	SBD
1	Levi McGee	M	18	usa	mo	Raw Elite	Open	139	140	220	227.5	232.5	232.5	145	150	155	155	227.5	235	242.5	242.5	630	352.43	SBD
2	Griffin Stiens	M	26	usa	mo	Raw Elite	Open	135.1	140	200	212.5	-217.5	212.5	132.5	140	-147.5	140	222.5	235	247.5	247.5	600	337.14	SBD
1	David Schook	M	14	usa	MO	Raw Elite	T13-15	53.8	56	-82.5	-82.5	82.5	82.5	55	-60	60	60	115	125	-130	125	267.5	253.44	SBD
1	Keegan Hughes	M	20	usa	mo	Raw	J20-23	80.5	82.5	130	147.5	160	160	85	95	-102.5	95	175	192.5	200	200	455	309.42	SBD
1	Mike Schook	M	45	usa	MO	Raw	M45-49	98.5	100	287.5	-297.5	-297.5	287.5	150	155	-160	155	260	270	280	280	722.5	442.42	SBD
1	Keegan Hughes	M	20	usa	mo	Raw	Open	80.5	82.5	130	147.5	160	160	85	95	-102.5	95	175	192.5	200	200	455	309.42	SBD
1	Mike Schook	M	45	usa	MO	Raw	Open	98.5	100	287.5	-297.5	-297.5	287.5	150	155	-160	155	260	270	280	280	722.5	442.42	SBD
1	Zach Morgan	M	25	usa	mo	Raw	Open	105.8	110	232.5	247.5	260	260	137.5	145	-152.5	145	230	245	260	260	665	396.33	SBD
2	Dayne Fields	M	25	usa	GA	Raw	Open	109.7	110	225	235	240	240	132.5	-140	140	140	230	247.5	260	260	640	378.95	SBD