

21-Jan-23 2023 UPA WINTER WARFARE VI-Kg FULL POWER Results

| Name | Age | Div | BWt (Kg) | WtCIs (Kg) | Glossbrenner | Squat 1 | Squat 2 | Squat 3 | Best Squat | Bench 1 | Bench 2 | Bench 3 | Best Bench | Sub Total | Deadlift 1 | Deadlift 2 | Deadlift 3 | Best Deadlift | PL Total | Coeff Score | Age & Coeff | PI-Div-WtCI | |
|---------------------|-----|-------------|----------|------------|--------------|---------|---------|---------|------------|---------|---------|---------|------------|-----------|------------|------------|------------|---------------|----------|-------------|-------------|-------------------|--|
| Brooke Falor | 17 | F-RT2-UPAAD | 51.7 | 52 | 1.1126 | 40 | 47.5 | 57.5 | 57.5 | 40 | -45 | -45 | 40 | 97.5 | 65 | 75 | 85 | 85 | 182.5 | 203.0495 | 0 | 1-F-RT2-UPAAD-52 | |
| Channing Sturgis | 20 | F-RO-UPAAD | 58.7 | 60 | 1.0051 | 62.5 | 72.5 | 82.5 | 82.5 | 52.5 | 60 | 67.5 | 67.5 | 150 | 85 | 100 | 112.5 | 112.5 | 262.5 | 263.83875 | 0 | 1-F-RO-UPAAD-60 | |
| Allison Grice | 30 | F-RO-UPA | 75 | 75 | 0.8361 | 147.5 | 160 | 172.5 | 172.5 | 82.5 | 87.5 | -92.5 | 87.5 | 260 | 172.5 | -182.5 | 182.5 | 182.5 | 442.5 | 369.97425 | 0 | 1-F-RO-UPA-75 | |
| Lindsey Little | 36 | F-RO-UPA | 103.1 | 110 | 0.70745 | 77.5 | 82.5 | -92.5 | 82.5 | 55 | -60 | -60 | 55 | 137.5 | 125 | 132.5 | 135 | 135 | 272.5 | 192.78012 | 0 | 1-F-RO-UPA-110 | |
| Blake Wendt | 16 | M-RT2-UPAAD | 108.2 | 110 | 0.5652 | 247.5 | 267.5 | 277.5 | 277.5 | 152.5 | 162.5 | -170 | 162.5 | 440 | 237.5 | 257.5 | -275 | 257.5 | 697.5 | 394.227 | 0 | 1-M-RT2-UPAAD-110 | |
| Brendan Capria | 29 | M-RO-UPAAD | 106.5 | 110 | 0.56795 | 205 | 215 | 227.5 | 227.5 | 170 | 180 | 190 | 190 | 417.5 | 220 | 235 | 242.5 | 242.5 | 660 | 374.847 | 0 | 1-M-RO-UPAAD-110 | |
| Cody Finney | 22 | M-RO-UPAAD | 150.6 | SHW | 0.52265 | -237.5 | | | 0 | 157.5 | | | 0 | 0 | 275 | | | 0 | 0 | 0 | 0 | 0 | |
| Brian Happeny | 51 | M-EM3-UPA | 99.6 | 100 | 0.5823 | -300 | 300 | | 300 | 227.5 | 250 | 272.5 | 272.5 | 572.5 | 235 | 250 | -262.5 | 250 | 822.5 | 478.94175 | 549.34618 | 1-M-EM3-UPA-100 | |
| Julius Kollo | 27 | M-EO-UPA | 95.7 | 100 | 0.59285 | -272.5 | 272.5 | 295 | 295 | 272.5 | -300 | 300 | 300 | 595 | 227.5 | 247.5 | 255 | 255 | 850 | 503.9225 | 0 | 1-M-EO-UPA-100 | |
| Justin Genow | 21 | M-RJr-UPA | 78.3 | 82.5 | 0.6676 | 155 | 175 | 182.5 | 182.5 | 102.5 | 112.5 | 120 | 120 | 302.5 | 182.5 | 202.5 | -210 | 202.5 | 505 | 337.138 | 0 | 1-M-RJr-UPA-82.5 | |
| Jaydon Smith | 22 | M-RJr-UPA | 122.3 | 125 | 0.54855 | 195 | 210 | 227.5 | 227.5 | 170 | -182.5 | | 170 | 397.5 | 250 | 260 | -272.5 | 260 | 657.5 | 360.67162 | 0 | 1-M-RJr-UPA-125 | |
| Simon Petkov | 36 | M-RSub-UPA | 81.5 | 82.5 | 0.64975 | 137.5 | 147.5 | 165 | 165 | 90 | 95 | 102.5 | 102.5 | 267.5 | 147.5 | -160 | 160 | 160 | 427.5 | 277.76812 | 0 | 1-M-RSub-UPA-82.5 | |
| Brian Jobak | 34 | M-RSub-UPA | 98 | 100 | 0.58635 | 182.5 | 205 | 227.5 | 227.5 | 125 | 132.5 | 137.5 | 137.5 | 365 | 220 | 235 | 247.5 | 247.5 | 612.5 | 359.19337 | 0 | 1-M-RSub-UPA-100 | |
| Justin Genow | 21 | M-RO-UPA | 78.3 | 82.5 | 0.6676 | 155 | 175 | 182.5 | 182.5 | 102.5 | 112.5 | 120 | 120 | 302.5 | 182.5 | 202.5 | -210 | 202.5 | 505 | 337.138 | 0 | 1-M-RO-UPA-82.5 | |
| Jack Person | 25 | M-RO-UPA | 89.6 | 90 | 0.61335 | 210 | 217.5 | 227.5 | 227.5 | 135 | 142.5 | | 142.5 | 370 | 245 | 265 | -272.5 | 265 | 635 | 389.47725 | 0 | 1-M-RO-UPA-90 | |
| Brandon Crabill | 40 | M-RO-UPA | 97.2 | 100 | 0.58855 | 285 | 295 | 302.5 | 302.5 | 162.5 | 167.5 | -172.5 | 167.5 | 470 | 275 | 285 | -287.5 | 285 | 755 | 444.35525 | 444.35525 | 1-M-RO-UPA-100 | |
| Anthony Chmielewski | 33 | M-RO-UPA | 94.6 | 100 | 0.59615 | 230 | 242.5 | 252.5 | 252.5 | 150 | 157.5 | 167.5 | 167.5 | 420 | 242.5 | 255 | -262.5 | 255 | 675 | 402.40125 | 0 | 2-M-RO-UPA-100 | |
| Robert Schlitt | 34 | M-RO-UPA | 98.8 | 100 | 0.5843 | 170 | 187.5 | 202.5 | 202.5 | 130 | 145 | -155 | 145 | 347.5 | 220 | 245 | 250 | 250 | 597.5 | 349.11925 | 0 | 3-M-RO-UPA-100 | |
| Grant Chalmers | 26 | M-RO-UPA | 100.7 | 110 | 0.57965 | 62.5 | 82.5 | 92.5 | 92.5 | 87.5 | 95 | -102.5 | 95 | 187.5 | 137.5 | 150 | 162.5 | 162.5 | 350 | 202.8775 | 0 | 1-M-RO-UPA-110 | |

21-Jan-23 2023 UPA WINTER WARFARE VI-Kg BENCH ONLY Results

| Name | Age | Div | BWt (Kg) | WtCIs (Kg) | Glossbrenner | Bench 1 | Bench 2 | Bench 3 | Best Bench | Coeff Score | Age & Coeff | PI-Div-WtCI |
|-----------------------|-----|------------|----------|------------|--------------|---------|---------|---------|------------|-------------|-------------|-------------------|
| Roseanna Pokrzywnicki | 68 | F-RM6-UPA | 61.6 | 67.5 | 0.967 | 30 | 35 | -40 | 35 | 33.845 | 53.33972 | 1-F-RM6-UPA-67.5 |
| Anna Beernaert | 42 | F-RO-UPA | 49.3 | 52 | 1.1549 | 42.5 | 47.5 | 50 | 50 | 57.745 | 58.8999 | 1-F-RO-UPA-52 |
| Dave Murphy | 68 | M-EM6-UPA | 108.5 | 110 | 0.5647 | -295 | -295 | 295 | 295 | 166.5865 | 262.54032 | 1-M-EM6-UPA-110 |
| Joey Huang | 35 | M-RSub-UPA | 81.6 | 82.5 | 0.64925 | 97.5 | 102.5 | -107.5 | 102.5 | 66.548125 | 0 | 1-M-RSub-UPA-82.5 |
| Joey Huang | 35 | M-RO-UPA | 81.6 | 82.5 | 0.64925 | 97.5 | 102.5 | -107.5 | 102.5 | 66.548125 | 0 | 1-M-RO-UPA-82.5 |
| Martine Welch | 36 | M-RO-UPA | 96.2 | 100 | 0.5914 | 92.5 | 100 | 105 | 105 | 62.097 | 0 | 1-M-RO-UPA-100 |



21-Jan-23 2023 UPA WINTER WARFARE VI-Kg DEADLIFT ONLY Results

| Name | Age | Div | BWt (Kg) | WtCIs (Kg) | Glossbrenner | Deadlift 1 | Deadlift 2 | Deadlift 3 | Best Deadlift | Coeff Score | Age & Coeff | PI-Div-WtCI |
|-------------|-----|-------------|----------|------------|--------------|------------|------------|------------|---------------|-------------|-------------|------------------|
| Matt Onesko | 23 | M-EJr-UPAAD | 85 | 90 | 0.6326 | 282.5 | 302.5 | -320 | 302.5 | 191.3615 | 0 | 1-M-EJr-UPAAD-90 |

21-Jan-23 2023 UPA WINTER WARFARE VI-Kg PUSH/PULL Results

| Name | Age | Div | BWt (Kg) | WtCIs (Kg) | Glossbrenner | Bench 1 | Bench 2 | Bench 3 | Best Bench | Deadlift 1 | Deadlift 2 | Deadlift 3 | Best Deadlift | Push Pull Total | Coeff Score | Age & Coeff | PI-Div-WtCI |
|-----------------|-----|------------|----------|------------|--------------|---------|---------|---------|------------|------------|------------|------------|---------------|-----------------|-------------|-------------|-----------------|
| Trevor Bryant | 24 | M-EO-UPA | 100.4 | 110 | 0.58035 | 435 | -455 | | 435 | 260 | 290 | -305 | 290 | 725 | 420.75375 | 0 | 1-M-EO-UPA-110 |
| Lewis Strong | 39 | M-RSub-UPA | 88.4 | 90 | 0.6181 | 122.5 | -135 | -147.5 | 122.5 | -195 | 195 | 207.5 | 207.5 | 330 | 203.973 | 0 | 1-M-RSub-UPA-90 |
| Michael McGowan | 37 | M-RO-UPA | 135.8 | 140 | 0.5347 | 165 | -177.5 | -177.5 | 165 | 257.5 | -267.5 | 267.5 | 267.5 | 432.5 | 231.25775 | 0 | 1-M-RO-UPA-140 |