



Fall-PRIMAL Power Bash

September 10, 2022

- MEET DIRECTOR:** James Brooks - Wisconsin UPA Chairperson – (608)-515-4057
*E-mail primalstrengthjames@gmail.com
- EVENT LOCATION:** PRIMAL Strength and Fitness
318 S. Forrest St
Stoughton, WI 53589
www.primalstrengthandfitness.com
- ELIGIBILITY:** Open to all UPA registered athletes.
Must show proof of UPA card at weigh in. All entries in UPA sanctioned events must have a valid UPA registration card. Fee is \$40 for Adult/\$25 Teen - per card.
UPA membership can only be purchased online at this link - <https://fs9.formsite.com/upapower/form2/index.html>
- WEIGH-IN:** 24-HOUR WEIGH-IN RULE APPLIES
Weigh INS
* PRIMAL Strength and Fitness
All Lifters Weigh in Friday before
Friday September 9th, 9 AM – 11 AM & 5:30 PM – 7 PM
- Title Sponsor:** **TBD**
- EVENT START TIME:** Saturday September 10, 2022 at 10:00am
All Lifters
- Mandatory Rules Meeting:**
Saturday September 10, 2022 at 9:00am
- CONTEST LIFTS:** **Full Power ONLY- This meet will be capped at 20 lifters.**
- AWARDS:** 1st-3rd in Men's & Women's Open division by weight class & total.
Teen Awards 1st - 3rd

ENTRY FEE: \$85 Full Power
\$20 for T-shirt Pre Orders -
**No same day entries will be accepted
\$10 Per Spectator .

NO LATE REGISTRATIONS

August 24. NO REFUNDS ON ENTRY FEES **NO EXCEPTIONS**

We will only be accepting 20 Full Power Entries. We expect this meet to fill up fast. It is highly recommended to get your entry forms in on time if you want to do this meet. Late entries are always taking a chance of not getting on the roster for the meet.

MEET HOTEL: [Tru by Hilton in Stoughton, WI](#) - No hotel block since it is only a 20 lifter meet.

RULES: United Powerlifting Association (UPA). Check www.UPAPower.com for information and rulebook.

UNIFORM: Must have one piece lifting suit or wrestling suit

SPECTATOR FEE: We are only accepting 2 spectators or coaches per lifter. We have limited space in the gym and only 2 spectators/coaches per lifter will be allowed inside. Children of lifters are free!

Payment Links

[Competition ONLY Payment Link](#)

[Competition and T-Shirt Payment Link](#)

[UPA Membership Card](#)

[REGISTER HERE](#)