

4th Annual Rick Hussey Memorial Meet

February 26th & 27th 2022



Updated on 12/28/2021

MEET DIRECTOR:

Shawn Frankl – Owner of Sioux City, Big Iron Gym
*E-mail sfbigirongym@hotmail.com

EVENT LOCATION:

Big Iron Gym
505 Chambers street Sioux City, Ia 51101

ELIGIBILITY:

Open to all UPA registered athletes.

Must show proof of UPA card at weigh in. All entries in UPA sanctioned events must have a valid UPA registration card. Fee is \$40 for Adult/\$25 Teen - per card. Registration is available online at:
<https://fs9.formsite.com/upapower/form2/index.html>

WEIGH-IN:

24-HOUR WEIGH-IN RULE APPLIES

Weigh INS- **BRING UPA CARD**

*Shawn Frankl's Big Iron Gym: 505 Chambers Street Sioux City, Ia

All Equipped & Raw Men's Open Full Power & All Bench Only:

Friday WEIGH INS @ Big Iron Gym Feb 25th, 9 AM – 12 PM & 5PM – 7PM

All Equipped & Raw Full Power, IM, & DL Only Woman, Teen, Jr. & Masters:

Saturday WEIGH INS @ Big Iron Gym Feb 26th, 9AM – 2PM

EVENT START TIME: Saturday February 26th, 9 AM
All Bench Only & Full Power (All Men's Open lifters):
Sunday February 27th, 9 AM
Full Power, Ironman & DL only (All Women, Teen, Junior, & Masters):
Mandatory Rules Meeting:
Saturday Feb 26th and Sunday February 27th, 8:15 AM

CONTEST LIFTS: Full Power, Bench Only, Ironman & Deadlift Only

AWARDS: 1st-2nd in Men's & Women's Open division by weight class & total. All Age divisions will be place by coefficient scoring (Schwartz Formula) 1st – 2nd. Teen 1st – 3th.

ENTRY FEE: \$100 Full Power & Ironman 1st division, \$85 Bench & Deadlift Only, \$40.00 Additional Division UPA & UPA- AD.
UPA-AD Division (drug tested): Add \$10 to above for 1st Division. ****No same day entries will be accepted unless approved by Shawn Frankl prior to arrival****
A \$30 late fee will be charged for entries received after Feb 10th. NO REFUNDS ON ENTRY FEES **NO EXCEPTIONS**
We will only be accepting 50 Full Power Entries for each day Saturday & Sunday. This meet fills up fast. It is highly recommended to get your entry forms in on time if you want to do this meet. Late entries are always taking a chance of not getting on the roster for the meet.

MEET HOTEL: AVID Hotel Downtown Sioux City
101 Court Street Sioux City, Iowa, 51101
1-712-5223640
Hotel in Sioux City Iowa | avid hotel Sioux City - Downtown (ihg.com)
Mention **“BIG IRON POWERLIFTING MEET”** to get special room pricing while available.
The **“cut-off date”** for accepting reservations into this room block is **Tuesday, January 25th, 2022.**

ONLINE ENTRY: Will be attached below
****ALL ENTRIES MUST BE DONE ONLINE****
<https://form.jotform.com/213537571367158>

RULES: United Powerlifting Association (UPA). Check www.UPAPower.com for information and rulebook.

UNIFORM: Must have one piece lifting suit or wrestling suit

SPECTATOR FEE:

\$10 at the door Sat. & \$10 at the door Sun., or \$15 for both days .

****Children 10 and under – free**

****Lifters are only free the day they lift. Coaches and handlers are not free.****

Photos & Cameras:

Photo cameras, hand held video cameras, or tripod stands ARE NOT ALLOWED at any UPA Events. *Cell Phone Photos & Videos are allowed. All Pictures taken at any UPA Event is the property of the UPA, LLC.

2022 Rick Hussey Memorial Meet

For updates on the Meet go to www.UPAPower.com