

23-Jan-21 UPA WINTER WARFARE IV-Kg FULL POWER Results

Name	Age	Div	BWt (Kg)	WtCis (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI
Jen Jaynes	23	F-RJr-UPAAD	50.5	52	1.275	85	90	95	95	47.5	50	-52.5	50	145	112.5	120	125	125	270	344.25	0	1-F-RJr-UPAAD-52
Brelee Anderson	35	F-RSub-UPAAD	72.5	75	0.9716	127.5	137.5	-142.5	137.5	70	72.5	75	75	212.5	130	137.5	147.5	147.5	360	349.776	0	1-F-RSub-UPAAD-75
Lauren Pietersen	38	F-RSub-UPAAD	68.5	75	1.01	-105	-105	105	105	-52.5	52.5	-57.5	52.5	157.5	120	125	130	130	287.5	290.375	0	2-F-RSub-UPAAD-75
Dana Wormlight	38	F-RO-UPAAD	55.4	56	1.1866	100	110	115	115	55	-57.5	-57.5	55	170	130	-140	-140	130	300	355.98	0	1-F-RO-UPAAD-56
Brelee Anderson	35	F-RO-UPAAD	72.5	75	0.9716	127.5	137.5	-142.5	137.5	70	72.5	75	75	212.5	130	137.5	147.5	147.5	360	349.776	0	1-F-RO-UPAAD-75
Charlene Sanders	37	F-RO-UPAAD	92.6	SHW	0.8543	125	-137.5	-137.5	125	-57.5	57.5	-62.5	57.5	182.5	147.5	157.5	-165	157.5	340	290.462	0	1-F-RO-UPAAD-SHW
Megan Wood	36	F-RO-UPAAD	117.7	SHW	0.8024	125	130	132.5	132.5	60	65	70	70	202.5	112.5	120	137.5	137.5	340	272.816	0	2-F-RO-UPAAD-SHW
Tim Hensley	40	M-EM1-UPAAD	89.2	90	0.6413	340	370	-385	370	-275	275	-295	275	645	272.5	290	-295	290	935	599.6155	599.6155	1-M-EM1-UPAAD-90
Matthew Onesko	21	M-RJr-UPAAD	80.4	82.5	0.6806	182.5	192.5	202.5	202.5	92.5	97.5	100	100	302.5	-265	265	-272.5	265	567.5	386.2405	0	1-M-RJr-UPAAD-82.5
Jack Person	23	M-RJr-UPAAD	80.9	82.5	0.6779	200	-212.5	-212.5	200	117.5	122.5	127.5	127.5	327.5	210	222.5	-232.5	222.5	550	372.845	0	2-M-RJr-UPAAD-82.5
Trevor Downie	21	M-RJr-UPAAD	103.4	110	0.6009	282.5	-300	-300	282.5	147.5	157.5	162.5	162.5	445	237.5	252.5	265	265	710	426.639	0	1-M-RJr-UPAAD-110
Mario Selby	46	M-RM2-UPAAD	97	100	0.6163	187.5	220	240	240	130	-145	-145	130	370	222.5	-250	275	275	645	397.5135	424.54441	1-M-RM2-UPAAD-100
Dakota Dore	26	M-RO-UPAAD	64.3	67.5	0.8025	127.5	137.5	145	145	107.5	-112.5	112.5	112.5	257.5	165	182.5	192.5	192.5	450	361.125	0	1-M-RO-UPAAD-67.5
Matthew Onesko	21	M-RO-UPAAD	80.4	82.5	0.6806	182.5	192.5	202.5	202.5	92.5	97.5	100	100	302.5	-265	265	-272.5	265	567.5	386.2405	0	1-M-RO-UPAAD-82.5
Thomas Kambers	24	M-RO-UPAAD	121.6	125	0.5732	-275	275	-290	275	172.5	182.5	185	185	460	242.5	267.5	-272.5	267.5	727.5	417.003	0	1-M-RO-UPAAD-125
Brian Happeny	49	M-EO-UPA	98.2	100	0.6131	257.5	-277.5		257.5	185	200	-205	200	457.5	227.5	242.5	257.5	257.5	715	438.3665	487.90191	1-M-EO-UPA-100
Damion Ginac	16	M-RT2-UPA	99.5	100	0.6098	225	245	265	265	150	162.5	-180	162.5	427.5	225	250	-272.5	250	677.5	413.1395	0	1-M-RT2-UPA-100
Logan Kroczaleski	22	M-RJr-UPA	80.2	82.5	0.6816	147.5	162.5	-172.5	162.5	95	105	-107.5	105	267.5	175	187.5	195	195	462.5	315.24	0	1-M-RJr-UPA-82.5
Wyatt Eberlin	22	M-RJr-UPA	88.8	90	0.6428	-185	197.5	207.5	207.5	135	142.5	-150	142.5	350	212.5	227.5	-242.5	227.5	577.5	371.217	0	1-M-RJr-UPA-90
Nathan Shoemaker	43	M-RM1-UPA	122.5	125	0.5723	272.5	-282.5	292.5	292.5	177.5	185	-192.5	185	477.5	267.5	277.5	-285	277.5	755	432.0865	445.48118	1-M-RM1-UPA-125
Vincent Dong	21	M-RO-UPA	66.7	67.5	0.7785	185	195	202.5	202.5	102.5	110	-115	110	312.5	175	187.5	-192.5	187.5	500	389.25	0	1-M-RO-UPA-67.5
Ian Klockner	27	M-RO-UPA	81	82.5	0.6774	282.5	-300	300	300	142.5	155	160	160	460	275	282.5	-287.5	282.5	742.5	502.9695	0	1-M-RO-UPA-82.5
Matthew Suter	25	M-RO-UPA	99.7	100	0.6093	277.5	287.5	295	295	142.5	150	-155	150	445	275	285	-292.5	285	730	444.789	0	1-M-RO-UPA-100
Randy Justin	24	M-RO-UPA	96.4	100	0.618	262.5	277.5	290	290	152.5	157.5	160	160	450	220	235	247.5	247.5	697.5	431.055	0	2-M-RO-UPA-100
Torin MacGregor	26	M-RO-UPA	108.3	110	0.5914	-322.5	322.5	332.5	332.5	190	202.5	207.5	207.5	540	312.5	322.5	330	330	870	514.518	0	1-M-RO-UPA-110
Arman Ahrabian	31	M-RO-UPA	107	110	0.5937	335	347.5	0	347.5	172.5	182.5	185	185	532.5	-285	292.5	307.5	307.5	840	498.708	0	2-M-RO-UPA-110
Sean McHugh	38	M-RO-UPA	123.3	125	0.5715	275	290	-312.5	290	170	182.5	185	185	475	295	320	335	335	810	462.915	0	1-M-RO-UPA-125
Nathan Gearhart	34	M-RO-UPA	124.3	125	0.5705	305	322.5	342.5	342.5	152.5	162.5	167.5	167.5	510	300	-320	-320	300	810	462.105	0	2-M-RO-UPA-125
Nathan Shoemaker	43	M-RO-UPA	122.5	125	0.5723	272.5	-282.5	292.5	292.5	177.5	185	-192.5	185	477.5	267.5	277.5	-285	277.5	755	432.0865	445.48118	3-M-RO-UPA-125
Ray Vandermei	33	M-RO-UPA	134.1	140	0.5626	197.5	-215	215	215	137.5	150	162.5	162.5	377.5	235	250	260	260	637.5	358.6575	0	1-M-RO-UPA-140
Chris Cole	41	M-RO-UPA	152.8	SHW	0.5519	70	0	0	70	192.5	210	-227.5	210	280	260	295	-305	295	575	317.3425	320.51592	1-M-RO-UPA-SHW

23-Jan-21 UPA WINTER WARFARE IV-Kg BENCH ONLY Results

Name	Age	Div	BWt (Kg)	WtCis (Kg)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI
Aissa Galang	42	F-RO-UPA	105.3	SHW	0.8212	137.5	-145	145	145	119.074	121.45548	1-F-RO-UPA-SHW
Antonio Martin	31	M-RO-UPAAD	168.8	SHW	0.5438	227.5	237.5	245	245	133.231	0	1-M-RO-UPAAD-SHW
Trevor Bryant	22	M-EJr-UPA	95.7	100	0.62	367.5	390	-410	390	241.8	0	1-M-EJr-UPA-100
Lewis Strong	37	M-RO-UPA	95.5	100	0.6206	142.5	147.5	152.5	152.5	94.6415	0	1-M-RO-UPA-100
Derek Nichols	37	M-RO-UPA	105.4	110	0.5968	170	177.5	-180	177.5	105.932	0	1-M-RO-UPA-110
Nicholas Davis	24	M-RO-UPA	161.6	SHW	0.5474	205	-217.5	-217.5	205	112.217	0	1-M-RO-UPA-SHW

23-Jan-21 UPA WINTER WARFARE IV-Kg DEADLIFT ONLY Results

Name	Age	Div	BWt (Kg)	WtCis (Kg)	Wilks	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI
Robert Fuciarelli	46	M-RO-UPA	89.8	90	0.6391	265	-282.5	-282.5	265	169.3615	180.87808	1-M-RO-UPA-90

23-Jan-21 UPA WINTER WARFARE IV-Kg PUSH/PULL Results

Name	Age	Div	BWt (Kg)	WtCis (Kg)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCI
Elizabeth McIntosh	43	F-RM1-UPAAD	72.8	75	0.9689	57.5	62.5	67.5	67.5	105	112.5	120	120	187.5	181.66875	187.30048	1-F-RM1-UPAAD-75
Jennifer Preinitz	53	F-RM3-UPA	74.7	75	0.953	92.5	102.5	-107.5	102.5	190	197.5	202.5	202.5	305	290.665	344.14736	1-F-RM3-UPA-75
Jennifer Preinitz	53	F-RO-UPA	74.7	75	0.953	92.5	102.5	-107.5	102.5	190	197.5	202.5	202.5	305	290.665	344.14736	1-F-RO-UPA-75