

15-Nov-20		UPA Power Weekend-Lb Results																																								
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCI																					
Sara Lomelino	44	FM1RE	59	60	0.8271	176.37	187.39	198.41	198.41	110.23	-115.74	115.74	115.74	314.16	220.46	231.48	242.51	242.51	556.6615	208.84275	1-FM1RE-60																					
Aulis Martinez	28	FORE	64.6	67.5	0.7557	314.16	336.2	352.74	352.74	159.83	170.86	176.37	176.37	529.1	330.69	352.74	374.78	374.78	903.886	309.837	1-FORE-67.5	*Raw Elite	Best Lifter																			
Haley Hoffer	29	FORE	78.6	82.5	0.6412	248.02	286.6	-314.16	286.6	187.39	-214.95	-214.95	187.39	473.99	225.97	286.6	352.74	352.74	826.725	240.45	1-FORE-82.5																					
Alayna Chapman	25	FORE	79.6	82.5	0.6352	264.55	281.09	-303.13	281.09	121.25	132.28	-148.81	132.28	413.36	286.6	314.16	325.18	325.18	738.541	212.792	2-FORE-82.5																					
Kasey Cain	34	FORE	78.8	82.5	0.6399	165.35	-181.88	181.88	181.88	88.184	99.207	104.72	104.72	286.6	231.48	253.53	270.06	270.06	556.6615	161.57475	3-FORE-82.5																					
Leonora Criswell	27	FORE	81.8	82.5	0.623	148.81	170.86	192.9	192.9	93.696	-110.23	-110.23	93.696	286.6	236.99	259.04	270.06	270.06	556.6615	157.3075	4-FORE-82.5																					
Mackenzie Brooks	28	FORE	139.8	SHW	0.5036	-209.44	209.44	253.53	253.53	143.3	187.39	-209.44	187.39	440.92	314.16	363.76	385.81	385.81	826.725	188.85	1-FORE-SHW																					
Kathy Criswell	32	FORE	119.2	SHW	0.5277	-209.44	209.44	-214.95	209.44	110.23	-115.74	-115.74	110.23	319.67	248.02	259.04	275.58	275.58	595.242	142.479	2-FORE-SHW																					
Sarah McFarland	43	FM1R	71.4	75	0.6914	209.44	236.99	-259.04	236.99	137.79	148.81	159.83	159.83	396.83	264.55	286.6	314.16	314.16	710.9835	222.9765	1-FM1R -75																					
Amy Bohl	38	FMSMR	66.6	67.5	0.7347	314.16	336.2	352.74	352.74	203.93	225.97	236.99	236.99	589.73	325.18	336.2	369.27	369.27	959.001	319.5945	1-FMSMR-67.5																					
Erica McClure	19	FT3R	74.4	75	0.6687	236.99	281.09	-292.11	281.09	132.28	154.32	165.35	165.35	446.43	242.51	292.11	-308.64	292.11	738.541	224.0145	1-FT3R-75																					
Julia Underwood	18	FT3R	105.4	SHW	0.5431	275.58	297.62	-330.69	297.62	121.25	143.3	-159.83	143.3	440.92	325.18	358.25	-402.34	358.25	799.1675	196.87375	1-FT3R-SHW																					
Madison Hall	17	FT2R	93.6	SHW	0.5723	248.02	275.58	-319.67	275.58	126.76	-143.3	143.3	143.3	418.87	275.58	-319.67	-330.69	275.58	694.449	180.2745	1-FT2R-SHW																					
Jaime Kuenzi	36	FOR	55.4	56	0.8853	242.51	-253.53	-253.53	242.51	137.79	143.3	-148.81	143.3	385.81	236.99	242.51	248.02	248.02	633.8225	254.52375	1-FOR -56																					
Carrie Nelson	28	FOR	66.5	67.5	0.7357	264.55	-286.6	-286.6	264.55	159.83	-176.37	-176.37	159.83	424.39	281.09	292.11	303.13	303.13	727.518	242.781	1-FOR -67.5																					
Lindsey Kedingner	34	FOR	63.4	67.5	0.7694	143.3	159.83	-187.39	159.83	88.184	-104.72	-110.23	88.184	248.02	159.83	170.86	181.88	181.88	429.897	150.033	2-FOR -67.5																					
Kelsey Paskert	30	FOR	72.2	75	0.6851	435.41	468.48	479.5	479.5	236.99	259.04	-264.55	259.04	738.54	429.9	451.94	462.97	462.97	1201.507	373.3795	1-FOR -75	*Raw Best Lifter																				
Brittany Demmer	28	FOR	80.8	82.5	0.6284	402.34	440.92	-457.45	440.92	203.93	214.95	220.46	220.46	661.38	402.34	451.94	485.01	485.01	1146.392	326.768	1-FOR -82.5																					
Diane Szczepanski	31	FOR	111.2	SHW	0.5351	347.22	-374.78	374.78	374.78	159.83	176.37	187.39	187.39	562.17	225.97	275.58	-308.64	275.58	837.748	203.338	1-FOR -SHW																					
Haley Risovi	25	FOR-AD	89.4	90	0.5877	363.76	396.83	413.36	413.36	209.44	-236.99	-236.99	209.44	622.8	369.27	396.83	407.85	407.85	1030.6505	274.74975	1-FOR-AD-90																					
Emily Tighe	26	FO	78.4	82.5	0.6424	-496.04	-496.04	-496.04	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0																			
Joe Hays	60	MM5RE-AD	74.6	75	0.6673	308.64	319.67	325.18	325.18	203.93	214.95	225.97	225.97	551.15	418.87	429.9	435.41	435.41	986.5585	298.61675	1-MM5RE-AD-75																					
Jeff Mensinger	55	MM4RE-AD	73.2	75	0.6774	374.78	418.87	-429.9	418.87	270.06	-286.6	286.6	286.6	705.47	407.85	-435.41	-435.41	407.85	1113.323	342.087	1-MM4RE-AD-75																					
Dylan Binion-Blumhoff	23	MJRE-AD	97.8	100	0.5597	545.64	573.2	-600.75	573.2	341.71	-380.29	-380.29	341.71	914.91	622.8	650.36	-672.4	650.36	1565.266	397.387	1-MJRE-AD-100																					
Chris Broadhurst	52	MM3RE	108.6	110	0.5382	270.06	303.13	319.67	319.67	253.53	270.06	-275.58	270.06	589.73	336.2	352.74	369.27	369.27	959.001	234.117	1-MM3RE-110																					
Jason Myers	47	MM2RE	97	100	0.5619	374.78	424.39	-462.97	424.39	314.16	336.2	-363.76	336.2	760.59	424.39	468.48	501.55	501.55	1262.1335	321.68775	1-MM2RE-100																					
Alex Martin	22	MJRE	87.4	90	0.596	413.36	440.92	462.97	462.97	275.58	303.13	314.16	314.16	777.12	501.55	518.08	540.13	540.13	1317.2485	356.11	1-MJRE-90																					
Thomas Ottens	21	MJRE	88.6	90	0.591	396.83	413.36	424.39	424.39	253.53	-264.55	264.55	264.55	688.94	402.34	424.39	451.94	451.94	1140.8805	305.8425	2-MJRE-90																					
Brad McWilliams	47	MM2R	123.6	125	0.523	396.83	435.41	473.99	473.99	270.06	303.13	319.67	319.67	793.66	385.81	407.85	435.41	435.41	1229.0645	291.5725	1-MM2R-125																					
Rendon Patterson	41	MM1R	94.4	100	0.5697	429.9	457.45	479.5	479.5	275.58	308.64	-325.18	308.64	788.14	468.48	507.06	529.1	529.1	1317.2485	340.39575	1-MM1R-100																					
Dave Underwood	40	MM1R	123.2	125	0.5235	644.85	-683.43	-683.43	644.85	385.81	-413.36	-413.36	385.81	1030.7	55.115	0	55.115	1085.7655	257.82375	1-MM1R-125																						
Cody Hayes	33	MMSMR	132.8	140	0.5116	424.39	451.94	462.97	462.97	363.76	385.81	396.83	396.83	859.79	435.41	473.99	507.06	507.06	1366.852	317.192	1-MMSMR-140																					
Ryan Hammer	23	MJR	89.2	90	0.5885	562.17	-595.24	595.24	595.24	374.78	396.83	-413.36	396.83	992.07	573.2	611.78	628.31	628.31	1620.381	432.5475	1-MJR -90																					
Jacob Foss	20	MJR	88	90	0.5935	512.57	562.17	600.75	600.75	275.58	303.13	0	303.13	903.89	501.55	562.17	-584.22	562.17	1466.059	394.6775	2-MJR -90																					
Landyn Voss	23	MJR	109.4	110	0.5372	435.41	473.99	-501.55	473.99	330.69	-358.25	358.25	358.25	832.24	473.99	518.08	-573.2	518.08	1350.3175	329.035	1-MJR -110																					
Luke Cutinello	21	MJR	122	125	0.5249	490.52	523.59	556.66	556.66	259.04	286.6	-308.64	286.6	843.26	496.04	529.1	-562.17	529.1	1372.3635	326.75025	1-MJR -125																					
Carter Willis	18	MT3R	108.4	110	0.5385	407.85	457.45	485.01	485.01	275.58	303.13	319.67	319.67	804.68	407.85	457.45	501.55	501.55	1306.2255	319.06125	1-MT3R -110																					
Jackson DePanfilis	18	MT3R	106.4	110	0.5414	275.58	314.16	-336.2	314.16	203.93	-225.97	225.97	225.97	540.13	314.16	369.27	-391.32	369.27	909.3975	223.3275	2-MT3R -110																					
Parker Willis	16	MT2R	96.4	100	0.5636	275.58	303.13	352.74	352.74	203.93	225.97	236.99	236.99	589.73	363.76	407.85	424.39	424.39	1014.116	259.256	1-MT2R-100																					
David Overholt	60	MM5R-AD	71.6	75	0.6898	275.58	308.64	-330.69	308.64	143.3	-154.32	0	143.3	451.94	396.83	418.87	-440.92	418.87	870.817	272.471	1-MM5R-AD-75																					

Tim Allison	39	MSMR-AD	124.8	125	0.5213	391.32	-413.36	-413.36	391.32	363.76	407.85	418.87	418.87	810.19	429.9	462.97	496.04	496.04	1306.2255	308.87025	1-MSMR-AD-125
Tom Trussell	55	MM4	107.8	110	0.5393	551.15	584.22	-606.27	584.22	374.78	-391.32	-391.32	374.78	959	573.2	611.78	628.31	628.31	1587.312	388.296	1-MM4-110