

14-Dec-19 <b>UPA Winter Rack Attack</b>																						
Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCI
Denise Crudup	53	FM3R	70.35	75	0.6997	203.93	225.97	253.53	0	253.53	104.72	-110.23	115.74	115.74	369.27	198.41	209.44	-259.04	209.44	578.7075	183.67125	1-FM3R
Stephanie Barry	42	FM1R	63.55	67.5	0.7671	137.79	154.32	-170.86	0	154.32	93.696	104.72	-110.23	104.72	259.04	192.9	209.44	225.97	225.97	485.012	168.762	1-FM1R
Keith Boltz	54	MM3R	89.9	90	0.5897	473.99	501.55	523.59	0	523.59	281.09	297.62	314.16	314.16	837.75	363.76	413.36	440.92	440.92	1278.668	342.026	1-MM3R
Matt West	46	MM2R	126.3	140	0.5194	451.94	507.06	518.08	0	518.08	336.2	-358.25	-358.25	336.2	854.28	534.62	562.17	573.2	573.2	1427.4785	336.3115	1-MM2R
Stephen Dembrowski	49	MM2R	122	125	0.5249	374.78	402.34	468.48	0	468.48	330.69	-380.29	-380.29	330.69	799.17	385.81	446.43	-507.06	446.43	1245.599	296.5685	2-MM2R
Justin Caputo	41	MM1R	79.35	82.5	0.6364	584.22	606.27	617.29	628.31	617.29	220.46	231.48	242.51	242.51	859.79	551.15	578.71	595.24	595.24	1455.036	420.024	1-MM1R
Orlando Lopez	43	MM1R	88.95	90	0.5893	424.39	-446.43	446.43	0	446.43	-275.58	-297.62	-297.62	0	0	385.81	424.39	-507.06	424.39	0	0	0
Patrick Scavuzzo	33	MSMR	103.1	110	0.5473	567.68	606.27	628.31	0	628.31	402.34	424.39	440.92	440.92	1069.2	567.68	600.75	-617.29	600.75	1669.9845	414.57975	1-MSMR
Daniel McLeod	36	MSMR	122.6	125	0.5242	424.39	-451.94	451.94	0	451.94	308.64	-336.2	-336.2	308.64	760.59	490.52	-518.08	-518.08	490.52	1251.1105	297.4835	2-MSMR
Ariel Albores	39	MSMR	105.8	110	0.5424	518.08	-529.1	556.66	0	556.66	-352.74	-352.74	-352.74	0	0	501.55	518.08	-529.1	518.08	0	0	0
Nedal Eid	20	MJR	65.25	67.5	0.7481	358.25	374.78	-402.34	0	374.78	203.93	214.95	-231.48	214.95	589.73	385.81	-407.85	-413.36	385.81	975.5355	331.03425	1-MJR
Jack Baeppler	17	MT3R	73.4	75	0.676	225.97	236.99	-259.04	0	236.99	220.46	231.48	-242.51	231.48	468.48	-314.16	314.16	-352.74	314.16	782.633	239.98	1-MT3R
Luke Baeppler	15	MT2R	58.5	60	0.8345	203.93	220.46	236.99	0	236.99	154.32	170.86	-181.88	170.86	407.85	236.99	-264.55	270.06	270.06	677.9145	256.60875	1-MT2R
Chris Leskiw	31	MOR	67.1	67.5	0.7297	380.29	-391.32	391.32	0	391.32	209.44	-220.46	-220.46	209.44	600.75	457.45	473.99	-485.01	473.99	1074.7425	355.72875	1-MOR-67.5
Adam Reeder	30	MOR	70.8	75	0.6964	242.51	259.04	292.11	0	292.11	-225.97	236.99	253.53	253.53	545.64	314.16	374.78	413.36	413.36	959.001	302.934	1-MOR-75
Jeremy Bryk	96.95	MOR	96.95	100	0.5619	661.38	722.01	749.56	0	749.56	347.22	-369.27	369.27	369.27	1118.8	584.22	633.82	639.33	639.33	1758.1685	448.11525	1-MOR-100
Bryan Misencik	29	MOR	98.35	100	0.5581	644.85	672.4	-699.96	0	672.4	369.27	396.83	418.87	418.87	1091.3	600.75	633.82	644.85	644.85	1736.1225	439.50375	2-MOR-100
Kevin Freeman	30	MOR	123.2	125	0.5235	457.45	485.01	501.55	0	501.55	369.27	391.32	402.34	402.34	903.89	567.68	600.75	-611.78	600.75	1504.6395	357.28875	1-MOR-125
George Nettey	32	MOR	88.15	90	0.5926	-496.04	496.04	-507.06	0	496.04	308.64	325.18	-336.2	325.18	821.21	496.04	-512.57	512.57	512.57	1333.783	358.523	1-MOR-90
Sean Kahl	30	MOR	87.8	90	0.5943	413.36	457.45	-462.97	0	457.45	303.13	319.67	336.2	336.2	793.66	473.99	501.55	523.59	523.59	1317.2485	355.09425	2-MOR-90
Jeff Brannigan	32	MOR	89.6	90	0.5869	485.01	501.55	-507.06	0	501.55	275.58	-286.6	-286.6	275.58	777.12	518.08	540.13	-573.2	540.13	1317.2485	350.67275	3-MOR-90
Tyler West	15	MT2R	64.7	67.5	0.7546	154.32	-170.86	170.86	0	170.86	93.696	110.23	-132.28	110.23	281.09	-176.37	-181.88	-187.39	0	0	0	0