

13-Jul-19

## Relentless 2019-Kg Results (Saturday)

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Best Squat	Best Bench	Sub Total	Best Deadlift	PL Total	Coeff Score	
<b>UPA Equipped (F)</b>												
Belinda Clary	44	F-E-O	145.8	148	0.9145	220	125	345	185	530	484.685	
Liane Sabourin	44	F-E-M1	298.6	SHW	0.6594	70	0	0	190	0	0	
Elizabeth Grundy	55	F-E-M4	131.4	132	0.99295	205	0	0	0	0	0	
<b>UPA RAW (F)</b>												
Hattie Jenkins	16	F-R-T2	225	SHW	0.71	85	50	135	97.5	232.5	165.075	
Amelia Merfeld	18	F-R-T3	111	114	1.137	55	45	100	72.5	172.5	196.1325	
Monica Johnson	60	F-R-O	131.8	132	0.9903	100	52.5	152.5	130	282.5	279.7597	
Caitlin Marsh	27	F-R-O	148.8	148	0.89995	60	42.5	102.5	80	182.5	164.2408	
Jennifer Blake	41	F-R-O	185.6	198	0.77685	112.5	70	182.5	142.5	325	252.4762	
<b>UPA-AD Equipped (F)</b>												
Ann Lenz	40	F-AD-E-O	178.2	181	0.79675	227.5	127.5	355	170	525	418.2937	BEST LIFTER
<b>UPA-AD RAW (F)</b>												
Kayla Forcier	24	F-AD-R-O	112.2	114	1.1264	137.5	77.5	215	145	360	405.504	
Siera Brown	32	F-AD-R-O	159.6	165	0.8563	142.5	77.5	220	160	380	325.394	
Darlene Delk	41	F-AD-R-M1	195.3	198	0.754	112.5	65	177.5	145	322.5	243.165	
Donna Adams	46	F-AD-R-M2	191.4	198	0.76295	152.5	80	232.5	162.5	395	301.3652	
<b>UPA Equipped (M)</b>												
Joe Grosz	38	M-E-O	273.3	275	0.5466	415	285	700	322.5	1022.5	558.8985	
Marshall Johnson	36	M-E-O	305	308	0.53255	502.5	355	857.5	387.5	1245	663.0247	Best Lifter
Frankie Puopolo	27	M-E-O	282.5	308	0.5422	350	0	0	0	0	0	
Nathan Baptist	35	M-E-O	490	SHW	0.481645	555	342.5	897.5	302.5	1200	577.974	
Corey Smash Britton	32	M-E-O	341.7	SHW	0.5193	415	0	0	350	0	0	
Brian Reed	37	M-E-S	260	275	0.55355	0	0	0	0	0	0	
Chris miller	39	M-E-S	289.4	308	0.539	350	272.5	622.5	142.5	765	412.335	
Bill Carlough	58	M-E-M4	189.7	198	0.6281	335	250	585	232.5	817.5	513.4717	
<b>UPA RAW (M)</b>												
Bradyn Barclay	17	M-R-T2	187.2	198	0.6355	202.5	125	327.5	227.5	555	352.7025	
Keegan Umland	18	M-R-T3	183.5	198	0.64115	170	117.5	287.5	227.5	515	330.1922	
Shawn Frankl	42	M-R-O	216.8	220	0.5856	320	227.5	547.5	295	842.5	493.368	BEST LIFTER
Jon Idelson	33	M-R-O	220.3	220	0.5828	0	142.5	0	0	0	0	
Shawn Chase	28	M-R-O	229.2	242	0.57255	320	195	515	295	810	463.7655	
Lee Carter	32	M-R-O	230.6	242	0.5714	190	127.5	317.5	222.5	540	308.556	
Luke Dreier	33	M-R-O	294.6	308	0.5368	312.5	205	517.5	267.5	785	421.388	
Mike Langel	27	M-R-O	294	308	0.537	272.5	147.5	420	262.5	682.5	366.5025	
Ethan Manning	29	M-R-O	370.5	SHW	0.510425	410	187.5	597.5	295	892.5	455.5543	
Marvin Harrington	38	M-R-O	310.3	SHW	0.5304	352.5	200	552.5	307.5	860	456.144	
Chuck Slane	50	M-R-M3	223.2	242	0.5785	147.5	102.5	250	162.5	412.5	238.6312	
<b>UPA-AD Equipped (M)</b>												
Jj Jeremy Thomas	38	M-AD-E-O	197.5	198	0.61335	337.5	0	0	0	0	0	
Jordan Gibson	26	M-AD-E-O	265.1	275	0.55075	395	215	610	260	870	479.1525	
Kyle Duchsherer	37	M-AD-E-O	274.7	275	0.5459	345	252.5	597.5	272.5	870	474.933	
Nate Yelton	28	M-AD-E-O	300.8	308	0.53415	460	307.5	767.5	290	1057.5	564.8636	BEST LIFTER
Brandon Bunn	26	M-AD-E-O	307.1	308	0.5317	420	265	685	287.5	972.5	517.0782	
<b>UPA-AD RAW (M)</b>												
Brandon Gast	35	M-AD-R-S	231.3	242	0.57175	185	110	295	205	500	285.875	

13-Jul-19

## Relentless 2019-Kg Results (Bench)

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Best Bench	Coeff Score	
<b>UPA RAW (F)</b>								
Stephanie Merfeld	48	F-R-M2	217	SHW	0.7201	60	43.206	
<b>UPA-AD Equipped (F)</b>								
Kathy Johnson	30	F-AD-E-O	182.4	198	0.78535	142.5	111.91237	
Jackie Stone	40	F-AD-E-M1	245.6	SHW	0.6893	147.5	101.67175	
Erin Zemanovic	49	F-AD-E-M2	179.2	181	0.7937	107.5	85.32275	
Rachel Nutter	48	F-AD-E-M2	318.6	SHW	0.64968	190	123.4392	Best Lifter
Jackie Stone	40	F-AD-E-M1	245.6	SHW	0.6893	147.5	101.67175	
<b>UPA-AD RAW (F)</b>								
Tina Jones	59	F-AD-R-M4	233.8	SHW	0.7001	67.5	47.25675	
Jacqueline Geppert	42	F-AD-R-M2	171.4	181	0.8169	85	69.4365	Best Lifter
Julie Valenzuela	43	F-AD-R-M2	268	SHW	0.67585	50	33.7925	
<b>UPA Equipped (M)</b>								
Kevin Frey	40	M-E-O	291	308	0.53835	250	134.5875	
Bradley Shinning	45	M-E-O	372.2	SHW	0.509945	335	170.83157	Best Lifter
Joey Grizz Kouba	33	M-E-O	383.9	SHW	0.506475	162.5	82.302187	
Andy Bosnyak	40	M-E-M1	270.9	275	0.54845	0	0	
Jason Gibson	46	M-E-M2	240.1	242	0.56475	0	0	
<b>UPA RAW (M)</b>								
Brandon Brigham	33	M-R-O	256.4	275	0.55475	0	0	
William Damon Dixon	41	M-R-O	378.8	SHW	0.507995	212.5	107.94893	Best Lifter
Nathan Rosa	41	M-AD-R-M1	256	275	0.555	185	102.675	
Mark Grothe	54	M-R-M3	219	220	0.58305	185	107.86425	

**UPA-AD Equipped (M)**

Behzad Bakhshandeh	28	M-AD-E-O	410	SHW	0.498295	227.5	113.36211
Howard Penrose	52	M-AD-E-M3	330.2	SHW	0.52325	235	122.96375

**13-Jul-19 Relentless 2019-Kg Results (Deadlift)**

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Best Deadlift	Coeff Score
<b>UPA RAW (F)</b>							
Sarah Fox	35	F-R-PF	183.2	198	0.78305	132.5	103.75412
Abbie Raudabaugh	39	F-R-S	146.6	148	0.9102	122.5	111.4995 Best Lifter