

12-Jul-19 Relentless 2019-Kg Results (Friday)

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Best Squat	Best Bench	Sub Total	Best Deadlift	PL Total	Coeff Score	
UPA Equipped (F)												
Jeannie Nutter	34	F-E-O	148	148	0.90385	255	140	395	207.5	602.5	544.5696	BEST LIFTER
UPA RAW (F)												
Alex Bruns	14	F-R-T1	131.8	132	0.9903	57.5	0	0	67.5	0	0	
Samantha Quillen	17	F-R-T2	195.8	198	0.75305	65	32.5	97.5	125	222.5	167.5536	
Danielle DeBehnke	38	F-R-O	143.4	148	0.92665	75	45	120	122.5	242.5	224.7126	
Noemi Dreier	24	F-R-O	178.4	181	0.79615	115	47.5	162.5	120	282.5	224.9123	
Jessica Putland	26	F-R-O	197.4	198	0.7497	182.5	87.5	270	215	485	363.6045	BEST LIFTER
Nicole Umland	47	F-AD-R-M2	132.2	132	0.9876	80	45	125	122.5	247.5	244.431	
Whitney Hanson	54	F-R-M3	129.8	132	1.0024	82.5	42.5	125	102.5	227.5	228.046	
UPA-AD RAW (F)												
Aubrie Harrington	16	F-AD-R-T2	123	123	1.0469	97.5	42.5	140	120	260	272.194	
Bridget Schneider	33	F-AD-R-O	148.8	148	0.89995	117.5	62.5	180	150	330	296.9835	
Alyssa Dirkes	27	F-AD-R-O	163.6	165	0.84215	142.5	70	212.5	147.5	360	303.174	
Shawna Puopolo	45	F-AD-R-O	180.8	181	0.78945	92.5	0	0	0	0	0	
Kristy Kinney	26	F-AD-R-O	200.2	SHW	0.7446	127.5	50	177.5	135	312.5	232.6875	
UPA Equipped (M)												
John Lenz	46	M-E-O	260	275	0.55355	297.5	207.5	505	227.5	732.5	405.4753	
Jeff Brown	48	M-E-M2	288.8	308	0.5393	327.5	0	0	0	0	0	
UPA-AD Equipped (M)												
Matt Dahl	27	M-AD-E-O	178.4	181	0.6557	295	82.5	377.5	250	627.5	411.4517	
Austin Patkos	24	M-AD-E-O	223.5	242	0.57805	307.5	197.5	505	300	805	465.3302	
Walter Leher	41	M-AD-E-O	335.5	SHW	0.52145	380	260	640	270	910	474.5195	
UPA RAW (M)												
Seth Tolbert	22	M-R-JR	236.1	242	0.56695	292.5	215	507.5	295	802.5	454.9773	
Ryan Marx	32	M-R-O	217.5	220	0.58455	165	117.5	282.5	197.5	480	280.584	
Pat Elkin	34	M-R-O	239.3	242	0.5647	230	155	385	227.5	612.5	345.8787	
Nate McLaughlin	27	M-R-O	277.4	308	0.54455	350	210	560	297.5	857.5	466.9516	
Gabe Bonneville	40	M-R-M1	240.4	242	0.56395	307.5	170	477.5	305	782.5	441.2908	
Scorpion Rodriguez	53	M-R-M3	270.7	275	0.548	227.5	125	352.5	227.5	580	317.84	
UPA-AD RAW (M)												
Dane Anderson	24	M-AD-R-O	184	198	0.63965	217.5	137.5	355	250	605	386.9882	BEST LIFTER
Kolby Harrington	17	M-AD-R-O	215	220	0.58775	250	112.5	362.5	260	622.5	365.8743	
Kyle Norman	36	M-AD-R-S	176.2	181	0.6613	185	132.5	317.5	230	547.5	362.0617	
Brad Wozniak	37	M-AD-R-S	238.7	242	0.565	187.5	160	347.5	240	587.5	331.9375	
Scott Sutherland	47	M-AD-R-M2	241.1	242	0.56335	250	167.5	417.5	250	667.5	376.0361	

12-Jul-19 Relentless 2019-Kg Results BENCH

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score
UPA Equipped (F)											
Cinda Dixon	42	F-E-M1	208.8	SHW	0.73135	77.5	92.5	105		105	76.79175
UPA Equipped (M)											
Josh Smith	35	M-E-S	147	148	0.7561	97.5	-155	-155		97.5	73.71975
UPA-AD Equipped (M)											
Jerry Adkins	44	M-AD-E-M1	253.1	275	0.55645	157.5	170	-182.5		170	94.5965
Steve Boring	31	M-AD-E-O	255.6	275	0.5557	217.5	247.5	-262.5		247.5	137.5357

12-Jul-19 Relentless 2019-Kg Results Deadlift

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	
UPA RAW (F)												
Allie Bouchard	14	F-R-T1	110.6	114	1.1388	72.5	-82.5	-82.5		72.5	82.563	
Emma Salazar	14	F-R-T2	197.8	198	0.7487	115	127.5	-137.5		127.5	95.45925	
Nikki Mensen	39	F-R-S	254.6	SHW	0.68365	100	115	-122.5		115	78.61975	
Maria Bouchard	44	F-R-M1	147.6	148	0.9049	82.5	97.5	-102.5		97.5	88.22775	
Barb Welp	47	F-AD-R-M2	177.2	181	0.79925	117.5	130	-137.5		130	103.9025	
UPA-AD RAW (F)												
Brad Neitzel	30	M-R-O	307.2	308	0.5317	330	365	-382.5		365	194.0705	
Michael Risher	43	M-R-M1	255.4	275	0.55535	242.5	-257.5	-257.5		242.5	75	
UPA-AD RAW (M)												
Brandon VanderMarliere	23	M-AD-R-JR	194.7	198	0.61845	290	320	-332.5		320	197.904	BEST LIFTER
Doug Staley	29	M-AD-R-O	362.2	SHW	0.5128	287.5	300	-310		300	153.84	