

5-May-19 UPA Raw Powerlifting Championship-Lb Results																						
Name	Age	Div	BWt (Kg)	WtCIs (Kg)		Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift		Coeff Score	PI-Div-WtCI	
Rachel Vaughn	22	FJRE	64.8	67.5	0.7535	242.51	253.53	270.06	270.06	121.25	132.28	137.79	137.79	407.85	-281.09	292.11	319.67	319.67	727.518	248.655	1-FJRE	
Courtney Hanson	38	FORE	65	67.5	0.7514	259.04	-270.06	-270.06	259.04	137.79	148.81	-154.32	148.81	407.85	314.16	325.18	-336.2	325.18	733.0295	249.8405	1-FORE-67.5	
Paige Barsema	25	FORE	75	75	0.6645	220.46	236.99	242.51	242.51	121.25	132.28	137.79	137.79	380.29	242.51	270.06	303.13	303.13	683.426	205.995	1-FORE-75	
Megan Butler	24	FORE	77.8	82.5	0.6461	225.97	0	0	225.97	187.39	-214.95	-236.99	187.39	413.36	385.81	407.85	429.9	429.9	843.2595	247.13325	1-FORE-82.5	
Naomi Forgy	26	FORE	82.4	82.5	0.6198	220.46	253.53	281.09	281.09	121.25	137.79	148.81	148.81	429.9	270.06	297.62	308.64	308.64	738.541	207.633	2-FORE-82.5	
Autumn Sulouff	23	FJR	76	82.5	0.6577	292.11	-303.13	-314.16	292.11	143.3	-154.32	-154.32	143.3	435.41	281.09	303.13	314.16	314.16	749.564	223.618	1-FJR	
Maggie Huling	24	FOR	57.4	60	0.8516	181.88	214.95	-225.97	214.95	110.23	115.74	-121.25	115.74	330.69	214.95	248.02	275.58	275.58	606.265	234.19	1-FOR-60	
Tia Stauffer	25	FOR	63.8	67.5	0.7647	220.46	242.51	264.55	264.55	88.184	99.207	110.23	110.23	374.78	209.44	236.99	253.53	253.53	628.311	217.9395	1-FOR-67.5	
Ashley Taylor	24	FOR	75	75	0.6645	374.78	413.36	435.41	435.41	181.88	203.93	0	203.93	639.33	358.25	380.29	402.34	402.34	1041.6735	313.97625	1-FOR-75	
Shelly Houzenga	30	FOR	72.4	75	0.6835	369.27	385.81	-413.36	385.81	187.39	209.44	-220.46	209.44	595.24	369.27	402.34	424.39	424.39	1019.6275	316.11875	2-FOR-75	
Morgan Woith	23	FOR	73	75	0.6789	330.69	347.22	-363.76	347.22	-148.81	159.83	-170.86	159.83	507.06	352.74	374.78	391.32	391.32	898.3745	276.65175	3-FOR-75	
Mariah Knop	27	FOR	73.2	75	0.6774	231.48	253.53	-297.62	253.53	115.74	126.76	132.28	132.28	385.81	270.06	-314.16	314.16	314.16	699.9605	215.0745	4-FOR-75	
<b>Samantha Spakowicz</b>	<b>25</b>	<b>FOR-AD</b>	<b>58.4</b>	<b>60</b>	<b>0.8361</b>	<b>220.46</b>	<b>253.53</b>	<b>-292.11</b>	<b>253.53</b>	<b>-126.76</b>	<b>-126.76</b>	<b>-126.76</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Shelly Houzenga (AD)</b>	<b>30</b>	<b>FOR-AD</b>	<b>72.4</b>	<b>75</b>	<b>0.6835</b>	<b>369.27</b>	<b>385.81</b>	<b>-413.36</b>	<b>385.81</b>	<b>187.39</b>	<b>209.44</b>	<b>-220.46</b>	<b>209.44</b>	<b>595.24</b>	<b>369.27</b>	<b>402.34</b>	<b>424.39</b>	<b>424.39</b>	<b>1019.6275</b>	<b>316.11875</b>	<b>1-FOR-AD-75</b>	<b>*Best Lifter</b>
Samantha Kasprzak	24	FOR-AD	88.6	90	0.591	330.69	358.25	-402.34	358.25	148.81	154.32	165.35	165.35	523.59	330.69	369.27	-402.34	369.27	892.863	239.355	1-FOR-AD-90	
Sam Cichy	25	FOR-AD	86.6	90	0.5995	270.06	292.11	303.13	303.13	165.35	-176.37	-176.37	165.35	468.48	369.27	391.32	-402.34	391.32	859.794	233.805	2-FOR-AD-90	
Danielle Hagen	26	FOR-AD	89.4	90	0.5877	203.93	225.97	236.99	236.99	115.74	-126.76	-126.76	115.74	352.74	275.58	303.13	-314.16	303.13	655.8685	174.84075	3-FOR-AD-90	
Cameron Hardy	18	T3RE-A	81.8	82.5	0.623	418.87	440.92	457.45	457.45	275.58	297.62	-308.64	297.62	755.08	363.76	391.32	402.34	402.34	1157.415	327.075	1-MT3RE-AD	
Brannon Hardy	16	T2RE-A	65.2	67.5	0.7492	275.58	-314.16	314.16	314.16	198.41	209.44	220.46	220.46	534.62	308.64	314.16	330.69	330.69	865.3055	294.061	1-MT2RE-AD	
Mason Holcomb	18	MT3RE	119.4	125	0.5275	418.87	440.92	451.94	451.94	270.06	-281.09	0	270.06	722.01	418.87	-440.92	-440.92	418.87	1140.8805	272.98125	1-MT3RE	
Jaden Fish	16	MT2RE	77.4	82.5	0.6486	297.62	308.64	330.69	330.69	253.53	281.09	-292.11	281.09	611.78	314.16	341.71	-374.78	341.71	953.4895	280.5195	1-MT2RE	
Tom Waldrep	55	MM4R	104.2	110	0.5452	600.75	639.33	0	639.33	352.74	-369.27	0	352.74	992.07	573.2	-611.78	0	573.2	1565.266	387.092	1-MM4R	
Jeff Doyle	51	MM3R	117.2	125	0.5295	374.78	-402.34	402.34	402.34	-275.58	281.09	-292.11	281.09	683.43	374.78	407.85	424.39	424.39	1107.8115	266.07375	1-MM3R	
Abraham Medina	34	MSMR	65.8	67.5	0.7429	297.62	-325.18	-330.69	297.62	203.93	-225.97	225.97	225.97	523.59	407.85	435.41	-457.45	435.41	959.001	323.1615	1-MSMR	
Jacob Clark	22	MJR	108.2	110	0.5388	473.99	501.55	518.08	518.08	314.16	336.2	-352.74	336.2	854.28	551.15	-584.22	584.22	584.22	1438.5015	351.567	1-MJR	
Joseph Cuttie	22	MJR	109.8	110	0.5367	-308.64	308.64	-363.76	308.64	203.93	-214.95	-214.95	203.93	512.57	407.85	435.41	462.97	462.97	975.5355	237.48975	2-MJR	
Wesley Williams	23	MJR	81.2	82.5	0.6262	501.55	529.1	556.66	556.66	-314.16	-314.16	-314.16	0	0	0	0	0	0	0	0	0	0
Maddux Richardson	19	MT3R	99.6	100	0.555	451.94	473.99	-507.06	473.99	292.11	308.64	314.16	314.16	788.14	556.66	589.73	-622.8	589.73	1377.875	346.875	1-MT3R	
Brok Millman	16	MT2R	123	125	0.5237	457.45	512.57	-556.66	512.57	275.58	292.11	-308.64	292.11	804.68	501.55	567.68	584.22	584.22	1388.898	329.931	1-MT2R	
Gryphon Metcalf	17	MT2R	98.2	100	0.5586	424.39	462.97	485.01	485.01	-259.04	-264.55	264.55	264.55	749.56	435.41	462.97	496.04	496.04	1245.599	315.609	2-MT2R	
Dallas McManus	18	MT3R-AD	108.8	110	0.538	468.48	507.06	540.13	540.13	286.6	308.64	319.67	319.67	859.79	468.48	518.08	545.64	545.64	1405.4325	342.975	1-MT3R-AD	
Ashtin Gorden	19	MT3R-AD	98.6	100	0.5575	490.52	512.57	-534.62	512.57	264.55	275.58	286.6	286.6	799.17	485.01	-518.08	529.1	529.1	1328.2715	335.89375	2-MT3R-AD	
Jason Huling	16	MT2R-AD	67	67.5	0.7307	275.58	292.11	308.64	308.64	187.39	203.93	214.95	214.95	523.59	325.18	341.71	352.74	352.74	876.3285	290.45325	1-MT2R-AD	
Devon Huling	13	MT1R-AD	80	82.5	0.6329	253.53	286.6	303.13	303.13	176.37	187.39	-198.41	187.39	490.52	336.2	352.74	374.78	374.78	865.3055	248.41325	1-MT1R-AD	