

08-Dec-18

## UPA War of the Demigods Powerlifting Championship-Lb Results

Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Schwartz	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI code	PI-Div-WtCI	Tm Pts	Team	
Julia Underwood (AD)	16	FT2RE-AD	89.2	90	0.5885	187.391	209.437	231.483	231.483	115.7415	-126.7645	-126.7645	115.7415	347.2	308.6	325.2	336.2	336.2	683.4	182.435	2	1-FT2RE-AD	7		
Julia Underwood	16	FORE	89.2	90	0.5885	187.391	209.437	231.483	231.483	115.7415	-126.7645	-126.7645	115.7415	347.2	308.6	325.2	336.2	336.2	683.4	182.435	1	1-FORE-90	7		
Candice Fillpot	41	FOR	66.6	67.5	0.7347	286.598	308.644	-325.1785	308.644	154.322	165.345	170.8565	170.8565	479.5	308.6	325.2	336.2	336.2	815.7	271.839	1	1-FOR-67.5	7		
Manjusha Das	30	FOR	67.2	67.5	0.7287	192.9025	209.437	220.46	220.46	93.6955	-104.7185	-104.7185	93.6955	314.2	220.5	242.5	259	259	573.2	189.462	1	2-FOR-67.5	5		
Molly Pasley	34	FOR	67	67.5	0.7307	176.368	187.391	203.9255	203.9255	-115.7415	121.253	-132.276	121.253	325.2	187.4	209.4	231.5	231.5	556.7	184.50175	1	3-FOR-67.5	3		
Saundra Weed	31	FOR	102.2	SHW	0.5491	253.529	270.0635	-281.0865	270.0635	115.7415	126.7645	132.276	132.276	402.3	264.6	286.6	303.1	303.1	705.5	175.712	1	1-FOR-SHW	7		
Kierra Branch	26	FOR	95.2	SHW	0.5672	93.6955	-104.7185	-115.7415	93.6955	71.6495	93.6955	-104.7185	93.6955	187.4	187.4	220.5	237	237	424.4	109.186	1	2-FOR-SHW	5		
Cheryl Resnick	57	FM4R	72.6	75	0.682	214.9485	225.9715	-242.506	225.9715	110.23	115.7415	126.7645	126.7645	352.7	275.6	292.1	-303.1	292.1	644.8	199.485	2	1-FM4R	7		
Penny Bergstrom	53	FM3R	72.4	75	0.6835	209.437	220.46	225.9715	225.9715	132.276	137.7875	-143.299	137.7875	363.8	275.6	292.1	-308.6	292.1	655.9	203.34125	2	1-FM3R	7		
Candice Fillpot (Masters)	41	FM1R-AD	66.6	67.5	0.7347	286.598	308.644	-325.1785	308.644	154.322	165.345	170.8565	170.8565	479.5	308.6	325.2	336.2	336.2	815.7	271.839	2	1-FM1R-AD	7		
Laura Steele Fritsch	43	FM1R	85.9	90	0.6074	192.9025	203.9255	214.9485	214.9485	143.299	148.8105	154.322	154.322	369.3	203.9	231.5	-248	231.5	600.8	165.5165	2	1-FM1R	7		
Claire Brown	20	FJR-AD	67.4	67.5	0.7268	286.598	319.667	-330.69	319.667	121.253	126.7645	-132.276	126.7645	446.4	259	281.1	303.1	303.1	749.6	247.112	2	1-FJR-AD	7		
Autumn Sulouff	23	FJR-AD	73.6	75	0.6745	281.0865	-303.1325	303.1325	303.1325	132.276	-148.8105	-165.345	132.276	435.4	281.1	303.1	319.7	319.7	755.1	231.01625	2	2-FJR-AD	5		
Jennifer Gaeding	24	FOR	74.8	75	0.6659	402.3395	435.4085	462.966	462.966	225.9715	248.0175	-253.529	248.0175	711	424.4	451.9	474	474	1185	357.92125	1	1-FOR-75	7	*Best Female Lifter	
Julien Nicholson	18	MT3R	123.8	125	0.5227	-518.081	584.219	-639.334	584.219	281.0865	341.713	-374.782	341.713	925.9	463	501.5	562.2	562.2	1488	352.8225	2	1-MT3R	7		
Braeden Weiss	17	MT2R-AD	109	110	0.5377	374.782	402.3395	-418.874	402.3395	275.575	297.621	-308.644	297.621	700	429.9	468.5	-474	468.5	1168	284.981	2	1-MT2R-AD	7		
Dave Underwood	38	MSMRE	120	125	0.527	314.1555	330.69	-369.2705	330.69	314.1555	325.1785	341.713	341.713	672.4	496	518.1	540.1	540.1	1213	289.85	2	1-MSMRE	7		
Daniel Sonnemaker (Sub-Masters)	33	MSMR	107.5	110	0.5398	633.8225	683.426	-716.495	683.426	418.874	440.92	-446.4315	440.92	1124	523.6	545.6	0	545.6	1670	408.8985	2	1-MSMR	7	Team Franklin	
Ryan Darby	37	MSMR	97.6	100	0.5602	-396.828	-396.828	396.828	396.828	225.9715	248.0175	259.0405	259.0405	655.9	396.8	429.9	451.9	451.9	1108	281.5005	2	2-MSMR	5		
Jake Hendrix	27	MORE-AD	109.6	110	0.537	418.874	440.92	462.966	462.966	325.1785	341.713	-352.736	341.713	804.7	518.1	540.1	567.7	567.7	1372	334.2825	1	1-MORE-AD-110	7		
Adam Stocksiek	24	MOR-AD	65.4	67.5	0.7471	314.1555	330.69	336.2015	336.2015	181.8795	192.9025	-203.9255	192.9025	529.1	325.2	347.2	380.3	380.3	909.4	308.17875	1	1-MOR-AD-67.5	7	Team Franklin	
Isaiah Perry	24	MOR-AD	70	75	0.7031	391.3165	-418.874	418.874	418.874	292.1095	-314.1555	-314.1555	292.1095	711	507.1	-529.1	-529.1	507.1	1218	388.46275	1	1-MOR-AD-75	7		
Dermane Lloyd	27	MOR-AD	75	75	0.6645	-374.782	-407.851	-407.851	0	0	0	0	0	0	0	0	0	0	0	0	0	1		0	0
Alex Ramirez	22	MOR-AD	154.2	SHW	0.4887	479.5005	518.081	534.6155	534.6155	281.0865	314.1555	-330.69	314.1555	848.8	474	523.6	551.2	551.2	1400	310.3245	1	1-MOR-AD-SHW	7		
Justin Hegg	25	MOR	66.8	67.5	0.7327	336.2015	358.2475	380.2935	380.2935	270.0635	292.1095	308.644	308.644	688.9	418.9	435.4	451.9	451.9	1141	379.17225	1	1-MOR-67.5	7		
Bill Kemper	25	MOR	81.4	82.5	0.6251	347.2245	363.759	-380.2935	363.759	303.1325	325.1785	-347.2245	325.1785	688.9	407.9	435.4	451.9	451.9	1141	323.48925	1	1-MOR-82.5	7		
Tom Kallas	25	MOR	87.6	90	0.5952	-738.541	738.541	816.8043	816.8043	352.736	363.759	374.782	374.782	1192	600.8	-633.8	633.8	633.8	1825	492.8256	1	1-MOR-90	7	Cornfed Meathead *Best Raw Male Lifter	
Carson Parks	20	MOR	86.8	90	0.5986	523.5925	562.173	573.196	573.196	352.736	-380.2935	380.2935	380.2935	953.5	573.2	600.8	628.3	628.3	1582	429.4955	1	2-MOR-90	5		
Will England	27	MOR	100	100	0.554	501.5465	529.104	-556.6615	529.104	319.667	341.713	-358.2475	341.713	870.8	518.1	540.1	562.2	562.2	1433	360.1	1	1-MOR-100	7	Team Franklin	
Austyn Yeske	24	MOR	97.4	100	0.5608	-501.5465	501.5465	-512.5695	501.5465	325.1785	352.736	-369.2705	352.736	854.3	507.1	540.1	-551.2	540.1	1394	354.706	1	2-MOR-100	5		
Ryan Samsel	24	MOR	96.8	100	0.5624	402.3395	440.92	451.943	451.943	314.1555	330.69	-341.713	330.69	782.6	451.9	501.5	523.6	523.6	1306	333.222	1	3-MOR-100	3		
Joseph Lowery	22	MOR	99.4	100	0.5555	-462.966	462.966	-501.5465	462.966	-259.0405	-259.0405	-259.0405	0	0	0	0	0	0	0	0	0	1		0	0
Cameron Needham	26	MOR	107.8	110	0.5393	672.403	716.495	755.0755	755.0755	440.92	479.5005	-485.012	479.5005	1235	705.5	-766.1	-766.1	705.5	1940	474.584	1	1-MOR-110	7	Cornfed Meatheads	
Ernie Lilliebridge	30	MOR	110	110	0.5365	705.472	749.564	782.633	782.633	303.1325	341.713	374.782	374.782	1157	705.5	749.6	-804.7	749.6	1907	464.0725	1	2-MOR-110	5		
Daniel Sonnemaker	33	MOR	107.5	110	0.5398	633.8225	683.426	-716.495	683.426	418.874	440.92	-446.4315	440.92	1124	523.6	545.6	0	545.6	1670	408.8985	1	3-MOR-110	3	Team Franklin	
Jordan Staker	25	MOR	107.2	110	0.5402	-551.15	573.196	-600.7535	573.196	352.736	374.782	402.3395	402.3395	975.5	606.3	628.3	650.4	650.4	1626	398.3975	1	4-MOR-110	0		
Anthony Stoddard	27	MOR	107.2	110	0.5402	534.6155	-589.7305	600.7535	600.7535	308.644	319.667	330.69	330.69	931.4	534.6	573.2	600.8	600.8	1532	375.439	1	5-MOR-110	0		
Dillon Haase	31	MOR	116	125	0.5305	551.15	600.7535	628.311	628.311	407.851	429.897	451.943	451.943	1080	606.3	-633.8	0	606.3	1687	405.8325	1	1-MOR-125	7		
Luke Stolp	33	MOR	112.4	125	0.5338	440.92	507.058	540.127	540.127	314.1555	385.805	0	385.805	925.9	573.2	-639.3	639.3	639.3	1565	378.998	1	2-MOR-125	5	Midwest Iron Gym	
Michael Bertoaia	19	MOR	133	140	0.5114	567.6845	606.265	622.7995	622.7995	363.759	402.3395	-413.3625	402.3395	1025	507.1	540.1	-578.7	540.1	1565	363.094	1	1-MOR-140	7		
Spencer Tolson	24	MOR	140.2	SHW	0.5032	600.7535	-617.288	-617.288	600.7535	396.828	407.851	-413.3625	407.851	1009	551.2	-578.7	-578.7	551.2	1560	356.014	1	1-MOR-SHW	7	Fat Boys of Illinois	
Connor Karwowski	24	MO	134.4	140	0.5097	-854.2825	-854.2825	854.2825	854.2825	606.265	628.311	0	628.311	1483	617.3	633.8	650.4	650.4	2133	493.13475	1	1-MO-140	7		
Ryan Hinkamper	39	MO	150.4	SHW	0.4925	-551.15	551.15	-600.7535	551.15	402.3395	451.943	479.5005	479.5005	1031	529.1	589.7	633.8	633.8	1664	371.8375	1	1-MO-SHW	7	Midwest Iron Gym	
Chris Broadhurst	50	MM3R-AD	108.8	110	0.538	236.9945</																			