

10-Mar-18

## Southside Spring 2018-Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Schwartz	Best Squat	Best Bench	Sub Total	Best Deadlift	PL Total	Coeff Score	Age & Coeff	
<b>UPA/AD Raw (Female)</b>													
Cloe Thelemann	22	F-JR	130	132	0.8271	100	45	145	110	255	210.9105	213.01	
Kayley Herbst	22	F-JR	129.2	132	0.833	60	52.5	112.5	107.5	220	183.26	185.09	
Ali Palm	29	F-O	131.4	132	0.8185	100	37.5	137.5	145	282.5	231.22	0	
Lisa Johnson	51	F-M	146.6	148	0.7357	80	70	150	117.5	267.5	196.79	225.72	
<b>Mo Kotzbach-Olson</b>	<b>39</b>	<b>F-S</b>	<b>138.4</b>	<b>148</b>	<b>0.7765</b>	<b>107.5</b>	<b>67.5</b>	<b>175</b>	<b>130</b>	<b>305</b>	<b>236.8325</b>	<b>0</b>	<b>Best Lifter</b>
Lisa Johnson	51	F-O	146.6	148	0.7357	80	70	150	117.5	267.5	196.79	225.72	
Katherine Kittleson	25	F-O	162.6	165	0.673	102.5	50	152.5	122.5	275	185.07	0	
Susan Garado	29	F-O	156.8	165	0.6939	130	57.5	187.5	137.5	325	225.5175	0	
Lynn McCormick	60	F-M	155.8	165	0.6972	65	45	110	105	215	149.898	200.86	
Dustine Stevens	45	F-M	178.8	181	0.6268	115	67.5	182.5	147.5	330	206.844	218.22	
Kristy Kinney	25	F-O	193.2	198	0.5952	100	47.5	147.5	115	262.5	156.24	0	
Katie Hanenburg	29	F-O	191	198	0.5995	152.5	80	232.5	152.5	385	230.8075	0	
Courtney Montoya	38	F-S	194.8	198	0.5918	120	67.5	187.5	147.5	335	198.253	0	
Nicole Voight	43	F-M	279.4	SHW	0.519	107.5	70	177.5	147.5	325	168.675	173.9	
<b>UPA/AD Raw (Male)</b>													
Christopher Forseth	22	M-JR	146.2	148	0.7377	145	125	270	195	465	343.0305	346.46	
Ben Mueller	18	M-JR	172.2	181	0.6442	160	100	260	195	455	293.111	310.69	
Taha Akhawala	24	M-O	168.6	181	0.6543	147.5	0	0	182.5	0	0	0	
Tait Teigen	28	M-O	177.4	181	0.6301	190	137.5	327.5	217.5	545	343.4045	0	
Alex Hahn	23	M-JR	196.4	198	0.5889	275	145	420	292.5	712.5	419.599	0	
Chago Huerta	23	M-JR	190.8	198	0.6	255	150	405	257.5	662.5	397.5	0	
Dalton White	22	M-JR	197	198	0.5877	235	157.5	392.5	265	657.5	386.41	0	
Chris Rollins	39	M-S	198	198	0.5861	190	145	335	250	585	342.8685	0	
Matt Pendleton	26	M-O	188.4	198	0.6045	212.5	167.5	380	227.5	607.5	367.23	0	
Nathan Yanko	31	M-O	193.4	198	0.5947	195	120	315	227.5	542.5	322.62	0	
<b>Justin Perez</b>	<b>26</b>	<b>M-O</b>	<b>220.2</b>	<b>220</b>	<b>0.5568</b>	<b>335</b>	<b>155</b>	<b>490</b>	<b>275</b>	<b>765</b>	<b>425.952</b>	<b>0</b>	<b>Best Lifter</b>
Thomas Bulau	30	M-O	198.8	220	0.5846	205	147.5	352.5	247.5	600	350.76	0	
Zach Goss	28	M-O	211	220	0.5657	110	92.5	202.5	142.5	345	195.1665	0	
Mitch Edelstein	55	M-M	211.4	220	0.5681	185	115	300	237.5	537.5	305.35	374.05	
Brandon Gast	34	M-O	271.4	275	0.5236	145	102.5	247.5	177.5	425	222.53	0	
<b>UPA Raw (Female)</b>													
Brittany Wells	33	F-O	124.6	132	0.8663	107.5	37.5	145	137.5	282.5	244.72	0	
Kaitlyn Sillerud	26	F-O	128	132	0.8406	85	42.5	127.5	100	227.5	191.2365	0	
<b>Bridget Schneider</b>	<b>32</b>	<b>F-O</b>	<b>147.4</b>	<b>148</b>	<b>0.7418</b>	<b>117.5</b>	<b>62.5</b>	<b>180</b>	<b>155</b>	<b>335</b>	<b>248.503</b>	<b>0</b>	<b>Best Lifter</b>
Ashton Zins	31	F-O	196.2	198	0.5893	120	70	190	150	340	200.362	0	
Liz Carpenter	43	F-M	289.2	SHW	0.5136	112.5	80	192.5	165	357.5	183.612	189.3	
Liz Carpenter	43	F-O	289.2	SHW	0.5136	112.5	80	192.5	165	357.5	183.612	189.3	
<b>UPA Raw (Male)</b>													
Brandon Leier	24	M-O	197.8	198	0.5865	210	127.5	337.5	237.5	575	337.2375	0	
Norman Alston	46	M-O	197.6	198	0.5869	195	150	345	255	600	352.14	376.08	
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George Funk	20	M-JR	208.6	220	0.5691	220	130	350	252.5	602.5	342.88	353.16	
Josh Patterson	23	M-JR	219.2	220	0.5555	255	147.5	402.5	237.5	640	355.52	0	
Connor Bulau	21	M-JR	220.4	220	0.554	272.5	157.5	430	260	690	382.26	389.9052	
Michael Owen	34	M-O	214.6	220	0.561	157.5	107.5	265	195	460	258.06	0	
Jory Haken	30	M-O	239.2	242	0.5384	212.5	142.5	355	250	605	325.732	0	
John Weber	49	M-M	250	275	0.5328	182.5	135	317.5	202.5	520	277.056	308.36	
<b>John Rivera</b>	<b>38</b>	<b>M-S</b>	<b>291.6</b>	<b>308</b>	<b>0.5122</b>	<b>300</b>	<b>137.5</b>	<b>437.5</b>	<b>365</b>	<b>802.5</b>	<b>411.0405</b>	<b>0</b>	<b>Best Lifter</b>
Matt Dale	27	M-O	339.8	SHW	0.4888	247.5	187.5	435	250	685	334.828	0	
<b>UPA/AD Equipped</b>													
Richard Hanson	29	M-O	241.4	242	0.5371	300	185	485	265	750	402.825	0	
Dillon Geiger	22	M-JR	268.6	275	0.5251	365	202.5	567.5	295	862.5	452.89	457.42	
<b>UPA Equipped</b>													
Tom Fahy	52	M-O	239	242	0.5385	320	237.5	557.5	305	862.5	464.45	541.09	
<b>UPA/AD RAW Push/Pull (Male)</b>													
Nate Dale	25	M-O	246.4	275	0.5345	0	145	0	262.5	407.5	0	0	
<b>UPA RAW Bench Only (Male)</b>													
Kevin Soto	27	M-O	264	275	0.5273	0	242.5	0	0	0	0	0	
<b>UPA Equipped Bench Only (male)</b>													
Chris Olson	41	M-O	375.8	SHW	0.47473	0	305	0	0	0	0	0	
<b>UPA/AD RAW Bench Only (Female)</b>													
Lyndsay Hicken	27	F-O	155.2	165	0.6997	0	0	0	0	0	0	0	
<b>UPA/AD Equipped Bench Only (Female)</b>													
Rachel Nutter	47	F-M	314.6	SHW	0.5004	0	185	0	0	0	0	0	