

9-Dec-17		UPA Old School Iron Gym Winter Attack																				
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/M alone	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCl	
Theresa Demich	59	FM4R	59.65	60	0.817	181.88	209.44	231.48	231.48	104.72	115.74	121.25	121.25	352.74	248.02	264.55	275.58	275.58	628.311	232.845	1-FM4R-60	
Theresa Durst	55	FM4R	66.45	67.5	0.7357	165.35	187.39	209.44	209.44	99.207	115.74	-121.25	115.74	325.18	225.97	242.51	248.02	248.02	573.196	191.282	1-FM4R-67.5	
Amy Berardinelli	44	FM1R	74	75	0.6716	303.13	341.71	363.76	363.76	187.39	203.93	214.95	214.95	578.71	319.67	341.71	391.32	391.32	970.024	295.504	1-FM1R-75	
Michelle Brown	35	FM2R	78.75	82.5	0.6399	154.32	165.35	181.88	181.88	88.184	104.72	-121.25	104.72	286.6	154.32	165.35	187.39	187.39	473.989	137.5785	1-FM2R -82.5	
Heather Witherow	37	FM2R	83.95	90	0.6117	-292.11	303.13	319.67	319.67	192.9	203.93	-220.46	203.93	523.59	352.74	380.29	402.34	402.34	925.932	256.914	1-FM2R -90	
Yessica Martinez	26	FOR	60.4	67.5	0.8073	303.13	330.69	-363.76	330.69	159.83	176.37	-192.9	176.37	507.06	319.67	352.74	363.76	363.76	870.817	318.8835	1-FOR-67.5	
Lindsey Pogson	28	FOR	62	67.5	0.7864	281.09	-292.11	0	281.09	148.81	165.35	-176.37	165.35	446.43	308.64	336.2	358.25	358.25	804.679	287.036	2-FOR-67.5	
Chrissy Bernazzoli	25	FOR	72.15	75	0.6851	259.04	281.09	-297.62	281.09	132.28	143.3	-154.32	143.3	424.39	325.18	352.74	374.78	374.78	799.1675	248.34875	1-FOR-75	
Monica Ewansik	22	FOR	80.1	82.5	0.6324	281.09	297.62	314.16	314.16	154.32	165.35	-187.39	165.35	479.5	286.6	319.67	341.71	341.71	821.2135	235.569	1-FOR-82.5	
Rachel Sapienza	24	FOR	82.15	82.5	0.6209	203.93	231.48	253.53	253.53	-110.23	121.25	-137.79	121.25	374.78	220.46	248.02	270.06	270.06	644.8455	181.61325	2-FOR-82.5	
Elijah Monroe	18	MT3	90.65	100	0.5827	374.78	413.36	435.41	435.41	242.51	264.55	275.58	275.58	710.98	440.92	473.99	507.06	507.06	1218.0415	321.94175	1-MT3-100	
Marc Giguere	51	MM3R	81.35	82.5	0.6251	303.13	314.16	325.18	325.18	203.93	214.95	-225.97	214.95	540.13	352.74	363.76	374.78	374.78	914.909	259.4165	1-MM3R-82.5	
Matt West	43	MM1R	121.6	125	0.5254	-451.94	451.94	496.04	496.04	275.58	303.13	319.67	319.67	815.7	501.55	523.59	551.15	551.15	1366.852	325.748	1-MM1R-125	
Jerry Dunn	61	MM5R	98.2	100	0.5586	363.76	385.81	402.34	402.34	281.09	-303.13	0	281.09	683.43	385.81	402.34	-418.87	402.34	1085.7655	275.1105	1-MM5R-100	
Daniel Mcleod	34	MSMR	126.25	140	0.5194	407.851	429.897	-451.943	429.897	303.133	319.667	330.69	330.69	760.587	446.432	462.966	479.501	479.501	1240.0875	292.1625	1-MSMR-140	
Dale McCully	28	MO	108.7	110	0.5381	501.55	540.13	567.68	567.68	369.27	391.32	402.34	402.34	970.02	501.55	540.13	567.68	567.68	1537.7085	375.32475	1-MO -110	
Chris Leskiw	29	MOR	66.85	67.5	0.7418	385.81	402.34	-413.36	402.34	231.48	242.51	0	242.51	644.85	457.45	-485.01	-485.01	457.45	1102.3	370.9	1-MOR-67.5	
Justin Caputo	39	MOR	74.55	75	0.6673	600.75	-617.29	-628.31	600.75	214.95	0	0	214.95	815.7	314.16	-418.87	0	314.16	1129.8575	341.99125	1-MOR-75	
William Parmenter	29	MOR	73.25	75	0.6767	347.22	363.76	380.29	380.29	242.51	253.53	-270.06	253.53	633.82	385.81	407.85	435.41	435.41	1069.231	328.1995	2-MOR-75	
James Swaffield	27	MOR	73.4	75	0.676	336.2	352.74	0	352.74	253.53	270.06	-286.6	270.06	622.8	407.85	435.41	0	435.41	1058.208	324.48	3-MOR-75	
Noel Cordero	20	MOR	73.95	75	0.6716	363.76	391.32	-413.36	391.32	-292.11	-319.67	-319.67	0	0	407.85	-446.43	-446.43	407.85	0	0	0	
Eric Perez	29	MOR	82.3	82.5	0.6203	501.55	534.62	545.64	545.64	292.11	303.13	-314.16	303.13	848.77	595.24	655.87	661.38	661.38	1510.151	424.9055	1-MOR-82.5	
Mike Sweeney	25	MOR	80.75	82.5	0.6284	518.08	562.17	584.22	584.22	-319.67	336.2	352.74	352.74	936.96	518.08	562.17	-589.73	562.17	1499.128	427.312	2-MOR-82.5	
Nick Mersinas	24	MOR	80.65	82.5	0.629	385.81	407.85	429.9	429.9	248.02	-270.06	-270.06	248.02	677.91	451.94	-501.55	501.55	501.55	1179.461	336.515	3-MOR-82.5	
Mike Brilla	31	MOR	90	90	0.5853	661.38	683.43	705.47	705.47	391.32	407.85	-418.87	407.85	1113.3	672.4	705.47	-722.01	705.47	1818.795	482.8725	1-MOR-90	
Jeremy Bryk	24	MOR	88.8	90	0.5901	540.13	600.75	622.8	622.8	319.67	330.69	-358.25	330.69	953.49	540.13	600.75	611.78	611.78	1565.266	418.971	2-MOR-90	
Gordon Potter	32	MOR	88.85	90	0.5939	314.16	330.69	347.22	347.22	270.06	286.6	303.13	303.13	650.36	402.34	446.43	-451.94	446.43	1096.7885	295.46525	3-MOR-90	
Billy Constantino	26	MOR	98.25	100	0.5583	600.75	644.85	672.4	672.4	292.11	314.16	-330.69	314.16	986.56	551.15	578.71	-606.27	578.71	1565.266	396.393	1-MOR-100	
Justin Lenz	26	MOR	99.15	100	0.556	479.5	501.55	523.59	523.59	385.81	402.34	413.36	413.36	936.96	501.55	523.59	-545.64	523.59	1460.5475	368.35	2-MOR-100	
Bill Henderson	29	MOR	92.5	100	0.5761	396.83	-429.9	457.45	457.45	369.27	-402.34	-402.34	369.27	826.73	451.94	490.52	529.1	529.1	1355.829	354.3015	3-MOR-100	
Frank Pierri	28	MOR	97.65	100	0.5599	391.32	413.36	424.39	424.39	341.71	363.76	-374.78	363.76	788.14	429.9	473.99	-501.55	473.99	1262.1335	320.54275	4-MOR-100	

Braden Claughton	28	MOR	93.95	100	0.571	308.64	325.18	352.74	352.74	214.95	231.48	-242.51	231.48	584.22	347.22	374.78	418.87	418.87	1003.093	259.805	5-MOR-100
Travis Roberson	28	MOR	108.5	110	0.5384	600.75	628.31	650.36	650.36	352.74	363.76	374.78	374.78	1025.1	699.96	722.01	-738.54	722.01	1747.1455	426.682	1-MOR-110
Rusty Lockhart	24	MOR	106.2	110	0.5417	639.33	677.91	705.47	705.47	391.32	407.85	424.39	424.39	1129.9	507.06	551.15	573.2	573.2	1703.0535	418.46325	2-MOR-110
Jeff Vasenda	31	MOR	109.6	110	0.537	457.45	501.55	-529.1	501.55	-352.74	352.74	369.27	369.27	870.82	617.29	661.38	688.94	688.94	1559.7545	379.9275	3-MOR-110
Zach Douglas	24	MOR	106.7	110	0.541	473.99	501.55	523.59	523.59	308.64	325.18	-330.69	325.18	848.77	518.08	540.13	-573.2	540.13	1388.898	340.83	4-MOR-110
Josh Black	28	MOR	104.8	110	0.5441	490.52	518.08	529.1	529.1	330.69	352.74	-363.76	352.74	881.84	490.52	-523.59	0	490.52	1372.3635	338.70225	5-MOR-110
Bryan Small	26	MOR	106.7	110	0.541	369.27	407.85	0	407.85	281.09	308.64	-319.67	308.64	716.5	501.55	540.13	0	540.13	1256.622	308.37	6-MOR-110
Jabez Burford	27	MOR	124	125	0.5224	843.26	-914.91	-914.91	843.26	424.39	457.45	462.97	462.97	1306.2	716.5	-782.63	-782.63	716.5	2022.7205	479.302	1-MOR-125
Besim Canolli	26	MOR	123.5	125	0.5231	672.4	722.01	-749.56	722.01	385.81	402.34	424.39	424.39	1146.4	672.4	716.5	733.03	733.03	1879.4215	445.94275	2-MOR-125
Keven Freeman	28	MOR	124	125	0.5224	446.43	473.99	-501.55	473.99	363.76	374.78	385.81	385.81	859.79	534.62	567.68	584.22	584.22	1444.013	342.172	3-MOR-125
Justin Music	27	MOR	159.8	SHW	0.4836	821.21	843.26	865.31	865.31	457.45	-479.5	-479.5	457.45	1322.8	771.61	-804.68	-804.68	771.61	2094.37	459.42	1-MOR-SHW
Chase Good	24	MOR	159.5	SHW	0.4839	622.8	650.36	661.38	661.38	385.81	402.34	418.87	418.87	1080.3	584.22	611.78	633.82	633.82	1714.0765	376.23225	2-MOR-SHW