

Nov. 19, 2018		UPA Power Weekend-Lb Results																																																
Name	Age	Div	BWt (LB)	WtCIs (LB)	Schwartz	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCI																												
Sara Lomelino	41	FM1R	131.4	132	0.8185	137.79	154.32	-176.37	154.32	71.65	93.696	-104.72	0	93.696	248.02	170.86	192.9	-203.93	192.9	440.92	163.7	1-FM1R																												
Katie Jensen (SM)	35	F3MR	179	181	0.6262	308.64	341.71	369.27	369.27	187.39	209.44	225.97	0	225.97	595.24	363.76	407.85	413.36	413.36	1008.6045	286.4865	1-FSMR																												
Brittany Rabe	19	FT3R	145.5	148	0.7408	297.62	314.16	319.67	319.67	159.83	-170.86	-170.86	0	159.83	479.5	286.6	303.13	325.18	325.18	804.679	270.392	1-FT3R																												
Alexis Williams	19	FT3R	174.2	181	0.6388	308.64	336.2	352.74	352.74	187.39	-192.9	-192.9	0	187.39	540.13	336.2	374.78	-413.36	374.78	914.909	265.102	2-FT3R																												
Ivy Pruisman	19	FT3R	143.7	148	0.7492	187.39	225.97	236.99	236.99	71.65	88.184	-93.696	0	88.184	325.18	209.44	242.51	259.04	259.04	584.219	198.538	3-FT3R																												
Morgan Finch	19	FT3R	164	165	0.6687	203.93	225.97	242.51	242.51	104.72	115.74	-121.25	0	115.74	358.25	275.58	292.11	-303.13	292.11	650.357	197.2665	4-FT3R																												
Kelsey Purdy	19	FT3R	143.3	148	0.7514	-104.72	-104.72	-104.72	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0																											
Jerica Ingle	20	FJR	146.4	148	0.7367	336.2	363.76	369.27	369.27	132.28	143.3	-148.81	0	143.3	512.57	336.2	358.25	374.78	374.78	887.3515	296.52175	1-FJR																												
Jennifer Gaeding (Jr)	23	FJR	181.7	181	0.6198	292.11	319.67	336.2	336.2	165.35	181.88	187.39	0	187.39	523.59	391.32	418.87	429.9	429.9	953.4895	268.0635	2-FJR																												
Chelsea Berry	22	FJR	161.4	165	0.6774	275.58	-297.62	-297.62	275.58	121.25	137.79	-143.3	0	137.79	413.36	275.58	-292.11	292.11	292.11	705.472	216.768	3-FJR																												
Lacy Grammer	20	FJR	175.9	181	0.6341	181.88	198.41	209.44	209.44	88.184	104.72	-110.23	0	104.72	314.16	209.44	248.02	270.06	270.06	584.219	168.0365	4-FJR																												
Ludy Harger	29	FOR	112.9	114	0.969	203.93	225.97	-242.51	225.97	71.65	115.74	126.76	132.28	126.76	352.74	275.58	-314.16	-319.67	275.58	628.311	276.165	1-FOR -52																												
Chloe Lansing	26	FOR	131	132	0.8213	352.74	374.78	-385.81	374.78	165.35	-176.37	-176.37	0	165.35	540.13	407.85	-435.41	0	407.85	947.978	353.159	1-FOR -60	*Raw Women's Best Lifter																											
Morgan Houk	24	FOR			0.8301	242.51	-264.55	264.55	264.55	110.23	-121.25	-121.25	0	110.23	374.78	203.93	214.95	225.97	225.97	600.7535	226.20225	2-FOR -60																												
			129.6	132																																														
Athena Waldstein	27	FOR	145.9	148	0.7387	380.29	407.85	424.39	424.39	192.9	203.93	214.95	0	214.95	639.33	374.78	402.34	413.36	413.36	1052.6965	352.72925	1-FOR -67.5																												
Amy Bohl	35	FOR	144.6	148	0.745	303.13	-325.18	325.18	325.18	165.35	181.88	192.9	0	192.9	518.08	314.16	341.71	-358.25	341.71	859.794	290.55	2-FOR -67.5																												
Erika Runge	30	FOR	147.3	148	0.7327	253.53	292.11	314.16	314.16	126.76	143.3	-165.35	0	143.3	457.45	281.09	-336.2	-347.22	281.09	738.541	245.4545	3-FOR -67.5																												
Stacey Heckman	34	FOR	143.7	148	0.7492	225.97	236.99	248.02	248.02	110.23	115.74	121.25	0	121.25	369.27	253.53	264.55	275.58	275.58	644.8455	219.141	4-FOR -67.5																												
Brooke Ames	30	FOR	145.9	148	0.7387	181.88	231.48	-253.53	231.48	110.23	126.76	-132.28	0	126.76	358.25	248.02	270.06	-303.13	270.06	628.311	210.5295	5-FOR -67.5																												
Allison Behnke	28	FOR	144.6	148	0.745	-165.35	165.35	192.9	192.9	93.696	104.72	-126.76	0	104.72	297.62	248.02	275.58	314.16	314.16	611.7765	206.7375	6-FOR -67.5																												
Daloris Sylvester	25	FOR	163.6	165	0.6701	308.64	330.69	-347.22	330.69	165.35	176.37	-192.9	0	176.37	507.06	292.11	319.67	-341.71	319.67	826.725	251.2875	1-FOR -75																												
Katie Jensen	35	FOR	179	181	0.6262	308.64	341.71	369.27	369.27	187.39	209.44	225.97	0	225.97	595.24	363.76	407.85	413.36	413.36	1008.6045	286.4865	1-FOR -82.5																												
Jennifer Gaeding	23	FOR	181.7	181	0.6198	292.11	319.67	336.2	336.2	165.35	181.88	187.39	0	187.39	523.59	391.32	418.87	429.9	429.9	953.4895	268.0635	2-FOR -82.5																												
Elizabeth Nelson	39	FOR	190	190	0.6013	231.48	242.51	264.55	264.55	121.25	132.28	-143.3	0	132.28	396.83	236.99	253.53	264.55	264.55	661.38	180.39	1-FOR -90																												
Kelly Vogel	31	FOR	294.5	SHW	0.5107	473.99	-518.08	-518.08	473.99	225.97	253.53	-270.06	0	253.53	727.52	402.34	-435.41	-435.41	402.34	1129.8575	261.73375	1-FOR -SHW																												
Andrea Chase	32	FOR	212.5	SHW	0.5636	264.55	281.09	297.62	297.62	176.37	187.39	-203.93	0	187.39	485.01	292.11	319.67	336.2	336.2	821.2135	209.941	2-FOR -SHW																												
Lisa Johnson	50	M3R-AD	145.5	148	0.7408	154.32	170.86	187.39	187.39	-143.3	143.3	-148.81	0	143.3	330.69	225.97	248.02	-259.04	248.02	578.7075	194.46	1-FM3R-AD																												
Chelsea Berry (AD)	22	FJR-AD			0.6774	275.58	-297.62	-297.62	275.58	121.25	137.79	-143.3	0	137.79	413.36	275.58	-292.11	292.11	292.11	705.472	216.768	1-FJR-AD																												
Connie Padera	27	FOR-AD	128.3	132	0.8391	-220.46	220.46	-231.48	220.46	88.184	99.207	115.74	0	115.74	336.2	236.99	-270.06	-270.06	236.99	573.196	218.166	1-FOR-AD-60																												
Elizabeth Roberts	28	FOR-AD	145.1	148	0.7429	292.11	314.16	-330.69	314.16	137.79	148.81	154.32	0	154.32	468.48	286.6	308																																	

Riley Shuey	19	MT3R	194.4	198	0.5926	369.27	424.39	462.97	462.97	253.53	275.58	-303.13	0	275.58	738.54	407.85	451.94	501.55	501.55	1240.0875	333.3375	3-MT3R			
Ezra Prohaska	18	MT3R	158.7	165	0.6867	242.51	248.02	253.53	253.53	170.86	181.88	187.39	0	187.39	440.92	336.2	341.71	347.22	347.22	788.1445	245.49525	4-MT3R			
Dallas McManus	17	MT2R	218.7	220	0.556	440.92	485.01	-501.55	485.01	259.04	281.09	-303.13	0	281.09	766.1	485.01	501.55	507.06	507.06	1273.1565	321.09	1-MT2R			
Matt Teske	39	MSMR-A	178.1	181	0.6284	485.01	-507.06	-507.06	485.01	314.16	-336.2	-336.2	0	314.16	799.17	545.64	573.2	-606.27	573.2	1372.3635	391.179	1-MSMR-AD			
Ed Blair	22	MJR-AD	214.7	220	0.5608	556.66	584.22	606.27	606.27	418.87	440.92	457.45	0	457.45	1063.7	529.1	556.66	-606.27	556.66	1620.381	412.188	1-MJR-AD			
Paul Sorenson	23	MJR-AD	258.4	275	0.5295	473.99	507.06	529.1	529.1	270.06	-292.11	-292.11	0	270.06	799.17	556.66	584.22	-611.78	584.22	1383.3865	332.26125	2-MJR-AD			
Jacob Foss	17	MT2R-A	162.3	165	0.6745	402.34	-424.39	424.39	424.39	214.95	220.46	-225.97	0	220.46	644.85	402.34	435.41	-451.94	435.41	1080.254	330.505	1-MT2R-AD			
Dallas McManus (AD)	17	MT2R-A	218.7	220	0.556	440.92	485.01	-501.55	485.01	259.04	281.09	-303.13	0	281.09	766.1	485.01	501.55	507.06	507.06	1273.1565	321.09	2-MT2R-AD			
Fred Clary	50	MM3	321.4	SHW	0.4971	-755.08	755.08	0	755.08	429.9	-451.94	0	0	429.9	1185	429.9	0	0	429.9	1614.8695	364.12575	1-MM3			