

April 23,2017		UPA Powerlifting National Championship-Lb Results																					
Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Schwartz	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCI		
Tiffany Gilbert	45	FM2R	55.4	56	0.8853	104.72	-115.74	115.74	115.74	88.184	99.207	-104.72	99.207	214.95	137.79	148.81	165.35	165.35	380.2935	152.71425	1-FM2R		
Jodi Hormann	47	FM2R	68.2	75	0.7192	-220.46	-220.46	-220.46	0	0	0	0	0	0	0	0	0	0	0	0	0		
Krissy Medina (SM)	36	FSMR	81.8	82.5	0.623	341.71	374.78	402.34	402.34	154.32	170.86	187.39	187.39	589.73	374.78	391.32	-413.36	391.32	981.047	277.235	1-FSMR		
Katie Jensen (SM)	34	FSMR	81.6	82.5	0.6241	253.53	-275.58	275.58	275.58	170.86	192.9	-209.44	192.9	468.48	308.64	341.71	358.25	358.25	826.725	234.0375	2-FSMR		
Tamecia Robinson	38	FSMR	89.6	90	0.5869	165.35	-176.37	192.9	192.9	99.207	-104.72	-104.72	99.207	292.11	264.55	-281.09	-281.09	264.55	556.6615	148.19225	3-FSMR		
Valona Aliu	23	FOR	54.8	56	0.8961	275.58	286.6	303.13	303.13	110.23	121.25	-126.76	121.25	424.39	281.09	297.62	308.64	308.64	733.0295	297.95325	1-FOR -56		
Chloe Lansing	25	FOR	59.4	60	0.8213	325.18	352.74	363.76	363.76	148.81	159.83	170.86	170.86	534.62	385.81	413.36	424.39	424.39	959.001	357.2655	1-FOR -60	*Best Lifter	
Stephanie Yelton	24	FOR	66.4	67.5	0.7367	225.97	242.51	259.04	259.04	-126.76	126.76	-137.79	126.76	385.81	220.46	236.99	-253.53	236.99	622.7995	208.11775	1-FOR -67.5		
Kelsey Mandrell	23	FOR	74.8	75	0.6659	253.53	292.11	-330.69	292.11	60.627	0	0	60.627	352.74	225.97	253.53	-275.58	253.53	606.265	183.1225	1-FOR -75		
Krissy Medina	36	FOR	81.8	82.5	0.623	341.71	374.78	402.34	402.34	154.32	170.86	187.39	187.39	589.73	374.78	391.32	-413.36	391.32	981.047	277.235	1-FOR -82.5		
Katie Jensen	34	FOR	81.6	82.5	0.6241	253.53	-275.58	275.58	275.58	170.86	192.9	-209.44	192.9	468.48	308.64	341.71	358.25	358.25	826.725	234.0375	2-FOR -82.5		
Gabrielle Lentz	27	FOR	80.6	82.5	0.6295	187.39	203.93	214.95	214.95	104.72	110.23	-121.25	110.23	325.18	242.51	281.09	-303.13	281.09	606.265	173.1125	3-FOR -82.5		
Dixie Peters	34	FOR	85.2	90	0.6059	292.11	-319.67	-319.67	292.11	187.39	-198.41	-198.41	187.39	479.5	319.67	341.71	-358.25	341.71	821.2135	225.69775	1-FOR -90		
Kelly Vogel	31	FOR	130.8	SHW	0.514	435.41	485.01	-507.06	485.01	209.44	225.97	231.48	231.48	716.5	325.18	369.27	391.32	391.32	1107.8115	258.285	1-FOR -SHW		
Tisha Timan	39	SMR-A	59.2	60	0.8242	209.44	231.48	248.02	248.02	121.25	132.28	-137.79	132.28	380.29	259.04	270.06	-286.6	270.06	650.357	243.139	1-FSMR-AD		
Brenna McCarthy	22	FJR-AD	66	67.5	0.7408	225.97	253.53	-281.09	253.53	-126.76	132.28	143.3	143.3	396.83	286.6	314.16	-330.69	314.16	710.9835	238.908	1-FJR-AD		
Christine Svoboda	24	FOR-AD	60	60	0.8128	236.99	-275.58	275.58	275.58	137.79	-143.3	0	137.79	413.36	303.13	319.67	-330.69	319.67	733.0295	270.256	1-FOR-AD-60		
Stephanie Yelton (AD)	24	FOR-AD	66.4	67.5	0.7367	225.97	242.51	259.04	259.04	-126.76	126.76	-137.79	126.76	385.81	220.46	236.99	-253.53	236.99	622.7995	208.11775	1-FOR-AD-67.5		
Michael Gilbertson	62	MM5R	98.4	100	0.5581	363.76	-402.34	0	363.76	281.09	325.18	0	325.18	688.94	363.76	429.9	0	429.9	1118.8345	283.23575	1-MM5R		
David Overholt	56	MM4R	72	75	0.6867	187.39	-203.93	203.93	203.93	126.76	-137.79	-137.79	126.76	330.69	270.06	292.11	303.13	303.13	633.8225	197.42625	1-MM4R		
Brad Phillips	52	MM3R	88.4	90	0.5918	402.34	446.43	473.99	473.99	264.55	286.6	303.13	303.13	777.12	446.43	473.99	501.55	501.55	1278.668	343.244	1-MM3R		
Joe Vayda	46	MM2R	109.2	110	0.5375	451.94	-512.57	573.2	573.2	314.16	352.74	-402.34	352.74	925.93	451.94	0	0	451.94	1377.875	335.9375	1-MM2R		
Jason Benter	40	MM1R	120.4	125	0.5266	705.47	-749.56	0	705.47	330.69	347.22	0	347.22	1052.7	633.82	-661.38	0	633.82	1686.519	402.849	1-MM1R		
Otto Jarvis	21	MJR	107	110	0.5405	584.22	-639.33	639.33	639.33	407.85	-435.41	-435.41	407.85	1047.2	584.22	-633.82	-633.82	584.22	1631.404	399.97	1-MJR		
Patrick Little	22	MJR	120	125	0.527	529.1	556.66	584.22	584.22	352.74	374.78	-385.81	374.78	959	628.31	650.36	-661.38	650.36	1609.358	384.71	2-MJR		
Omar Martinez	21	MJR	78.8	82.5	0.6399	341.71	380.29	-402.34	380.29	225.97	-242.51	-242.51	225.97	606.27	352.74	374.78	424.39	424.39	1030.6505	299.15325	3-MJR		
Carson Parks	18	MT3R	81.6	82.5	0.6241	451.94	501.55	-529.1	501.55	330.69	352.74	374.78	374.78	876.33	600.75	-628.31	0	600.75	1477.082	418.147	1-MT3R		
Logan Pragovich	19	MT3R	94.2	100	0.5704	-518.08	-518.08	518.08	518.08	-330.69	330.69	-341.71	330.69	848.77	584.22	-611.78	-611.78	584.22	1432.99	370.76	2-MT3R		
Brett Beckwith	18	MT3R	80.6	82.5	0.6295	-451.94	-451.94	451.94	451.94	132.28	0	0	132.28	584.22	402.34	-451.94	501.55	501.55	1085.7655	310.02875	3-MT3R		
Dallas McManus	16	MT2R	98.2	100	0.5586	402.34	440.92	473.99	473.99	236.99	270.06	-297.62	270.06	744.05	435.41	462.97	490.52	490.52	1234.576	312.816	1-MT2R		
Ashtin Van Gorden	17	MT2R	108.2	110	0.5388	429.9	468.48	501.55	501.55	264.55	281.09	292.11	292.11	793.66	440.92	-473.99	-496.04	440.92	1234.576	301.728	2-MT2R		
Brad Phillips (AD)	52	MM3R-A	88.4	90	0.5918	402.34	446.43	473.99	473.99	264.55	286.6	303.13	303.13	777.12	446.43	473.99	501.55	501.55	1278.668	343.244	1-MM3R-AD		
Colton Iwasaki	19	MT3R-A	80.8	82.5	0.6284	551.15	584.22	-600.75	584.22	270.06	292.11	308.64	308.64	892.86	-485.01	485.01	523.59	523.59	1416.4555	403.747	1-MT3R-AD		
Brett Beckwith (AD)	18	MT3R-A	80.6	82.5	0.6295	-451.94	-451.94	451.94	451.94	132.28	0	0	132.28	584.22	402.34	-451.94	501.55	501.55	1085.7655	310.02875	2-MT3R-AD		
Dallas McManus (AD)	16	MT2R-A	98.2	100	0.5586	402.34	440.92	473.99	473.99	236.99	270.06	-297.62	270.06	744.05	435.41	462.97	490.52	490.52	1234.576	312.816	1-MT2R-AD		
Riley Lulay	17	MT2R-A	72.6	75	0.682	319.67	341.71	352.74	352.74	-209.44	-209.44	-209.44	0	0	0	0	0	0	0	0	0		
Joel Lair	33	MSM	119.2	125	0.5277	-451.94	451.94	518.08	518.08	429.9	451.94	-501.55	451.94	970.02	534.62	-584.22	600.75	600.75	1570.7775	375.98625	1-MSM		
Drew Whitted	34	MSM	104.6	110	0.5444	457.45	496.04	0	496.04	314.16	325.18	0	325.18	821.21	-628.31	628.31	666.89	666.89	1488.105	367.47	2-MSM		