

Click here to copy Weigh-in data to Lifting sheet

Flight	Name	Age	Div	BWt (Kg)	Lot #	RH Sq	Squat 1	RH BP	Bench 1	Deadlift 1	Team	Events Entered
D	Jesse Augenstein	39	MO	98.95		15	372.5		260	305		PL
B	Grant McDaniel	20	MJR	81.05		12	165		105	182.5		PL
C	Skyler Sommers	22	MJR	74.3		12	205		105	200		PL
B	Walter Watts	26	MOR	106.9		9	182.5		140	247.5		PL
D	Daniel Woost	33	MOSM	108.4		12	342.5		252.5	282.5		PL
B	Emma Jarman	30	FOR	80.65		12	157.5		87.5	170		PL
D	Justin Caputo	38	MOR	74.3			257.5		105	250		PL
D	Alex Lugo	26	MOR	88.9		22	272.5		165	227.5		PL
C	Cashmir Hughes	29	MOR	74.15		11	185		122.5	225		PL
B	Thomas Caruso	50	MM3R	81.8					120			BP
B	Anthony Puklavec	40	MM1R	80.8						225		DL
D	Mike Brilla	30	MOR	89.25		14	272.5		167.5	287.5		PL
A	Gordon Potter	31	MOR	87.6		8	120		115	165		PL
A	Ivan Bercian	30	MOR	64.55		18	132.5		77.5	135		PL
D	Trevor Stankavich	23	MOR	94		13	215		135	227.5		PL
D	Raheem Greene	29	MOR	122.6					157.5	250		PP
C	Connor Lesniak	22	MOR	86		13	195		135	215		PL
C	Jodie Burford	25	FOR	58.8		20	190		82.5	182.5		PL
A	Alexis Lesniak	22	FOR	97.2		13	92.5		52.5	122.5		PL
A	Danelle Warner	35	FM2R	66.95		16	70		35	80		PL
D	Chris Rege	31	MOR	109.6					265			BP
B	Tana Sinarski	23	FJR	59.5		19	150		85	162.5		PL
C	Johnny Difrancesco	23	MOR	74.75		17	205		160	220		PL
D	Collin Grant	25	MOR	74.35		18	227.5		150	215		PL
D	Mike Sweeney	24	MOR	87.15		14	227.5		137.5	235		PL
A	Ashley Martin	30	FOR	65.6		18	77.5		42.5	115		PL
A	Tanye Lacombe	56	FM4R	112.8		19	100		65	125		PL
A	Kaydn Joseph	14	MT2R	54.65		15	67.5		42.5	100		PL
D	Dave Smiley	47	MM2R	109		11	285		187.5	270		PL
B	Chris Leskiw	28	MOR	65.65		13	157.5		107.5	190		PL



Contest Name

Date

Powerlifting (3 lift meet)

Team Points

Platform Weight Set					Kg
Pounds			Kilos		
How	92.5		How	92.5	
Many?	Pound	LOAD	Many?	Kilo	LOAD
	Plates	on Bar		Plates	on Bar
0	110	0	0	50	0
2	100	0	0	45	0
0	50	0	16	25	1
6	45	0	4	20	0
4	35	0	2	15	0
2	25	0	2	10	0
6	10	0	2	5	1
4	5	0	2	2.5	1
4	2.5	0	2	1.25	1
0	1	0	2	0.5	0
0	0.5	0	2	0.25	0
Bar plus Collars		1	Bar plus Collars		1
Squat	85	Pounds	Squat	35	Kilos
Bench	50		Bench	25	
Deadlift	45		Deadlift	25	

Weight Classes	
BWt (Kg)	
Men	Women
44	44
48	48
52	52
56	56
60	60
67.5	67.5
75	75
82.5	82.5
90	90
100	100
110	110
125	125
140	140
145	145
SHW	SHW

Divisions		
Abbrev	Description	Scoring
MM3	Men's Masters (50-54)	1
MOR	Raw Men's Open	1
MO	Men's Open	1
MM2R	Raw Men's Master's(45-49)	1
MSMR	Raw Men's Submaster(33-39)	1
FOR	Raw Women's Open	1
FM2R-AD	AD Raw Women's Master(33-39)	1
MT3R	Raw Men's Teen(18-19)	1
MM5R	Raw Men's Master's(60 - 64)	1
MM5R-AD	AD Raw Men's Masters(60-64)	1
MOR-AD	AD Raw Men's Open	1
FM2R	Raw Women's Master(33-39)	1
MT3R-AD	AD Raw Men's Teen(18-19)	1
MJR	Raw Men's Junior(20-23)	1
FJR	Raw Women's Junior (20-23)	1
FJR-AD	AD Raw Women's Junior(20-23)	1
MJR-AD	AD Raw Men's Junior(20-23)	1
MM1R	Raw Men's Master's(40-44)	1
MM4R	Raw Men's Master's(55-59)	1
MM1-AD	AD Men's Master(40-44)	1
FM1R	Raw Women's Master(40-44)	1
FM1R-AD	AD Raw Women's Master(40-44)	1
FOR-AD	AD Raw Women's Open	1
MSMR-AD	AD Raw Submaster(33-39)	1
FM2R-AD	AD Raw Women's Master(33-39)	1
MM3R	Raw Men's Master's(50-54)	1
FM3R	Raw Women's Master's(50-54)	1

Place	Points
1	7
2	5
	3
	2
	1
	0
	0
	0
	0

Results - Lbs & Kgs? yes

Reset for New Contest

Best Lifter Coeff
Schwartz/Malone

Web Upload Disable

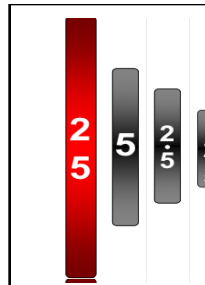
FTP site	
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Website

FM3R-AD	AD Raw Women's Master's (50-54)	1
FM3R-AD2	AD2 Raw Women's Master's (50-54)	1
FT2R	Raw Women's Teen(16-17)	1
MM2R-AD	AD Raw Men's Master's(45-49)	1
MM2	Men's Masters (45-49)	1
MT3	Men's Teen(18-19)	1
MM1R-AD	AD Raw Men's Master's(40-44)	1
FO	Woman's Open	1
MM4	Men's Masters (55-59)	1
MSM	Men's Submaster(33-39)	1
MT2R	Raw Men's Teen (13-15)	1
FM4R	Raw Woman's Master's(55-59)	1
FT3R	Raw Women's Teen (18 -19)	1
MT2R	Raw Men's Teen(16-17)	1
MM8R	Raw Men's Masters (75-79)	1
MM6R	Raw Men's Masters (65-69)	1
MM7R	Raw Men's Masters (70-74)	1
FM2R	Raw Women's Master(45-49)	1
MOSM	Men's Submaster(33-39)	1
MM2	Men's Master's(45-49)	1

Powerlifter Bench Pre Squat Onl Deadlift O Push Pull (Bench & Deadlift)

Erica Wagner		FT2R	67.5	Kg
Deadlift 3		92.5	Kg	Good
Place - 1		203.9	Lb	No-Lift
PrintSheet	Results	automatic	Next Lifter	

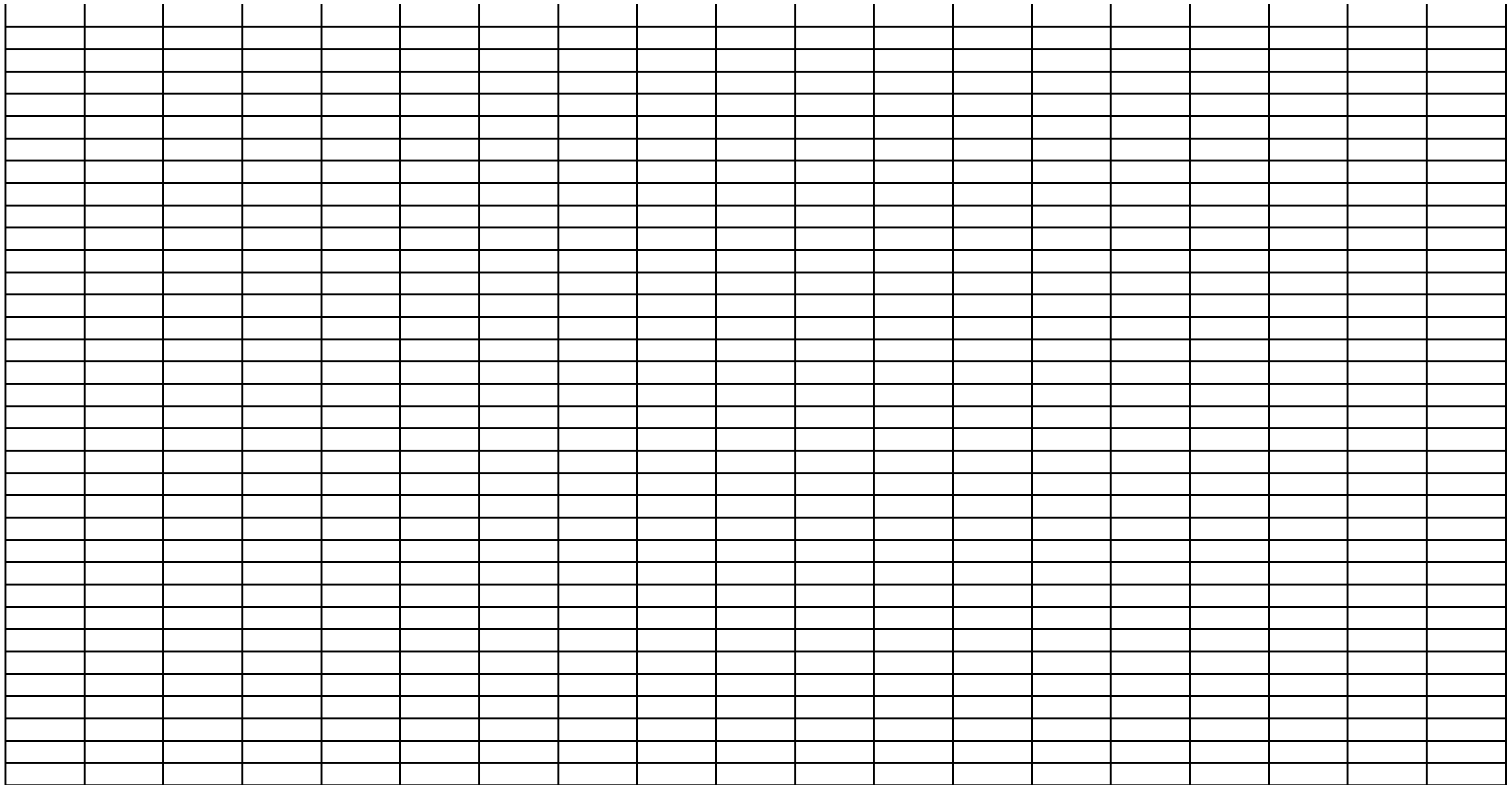


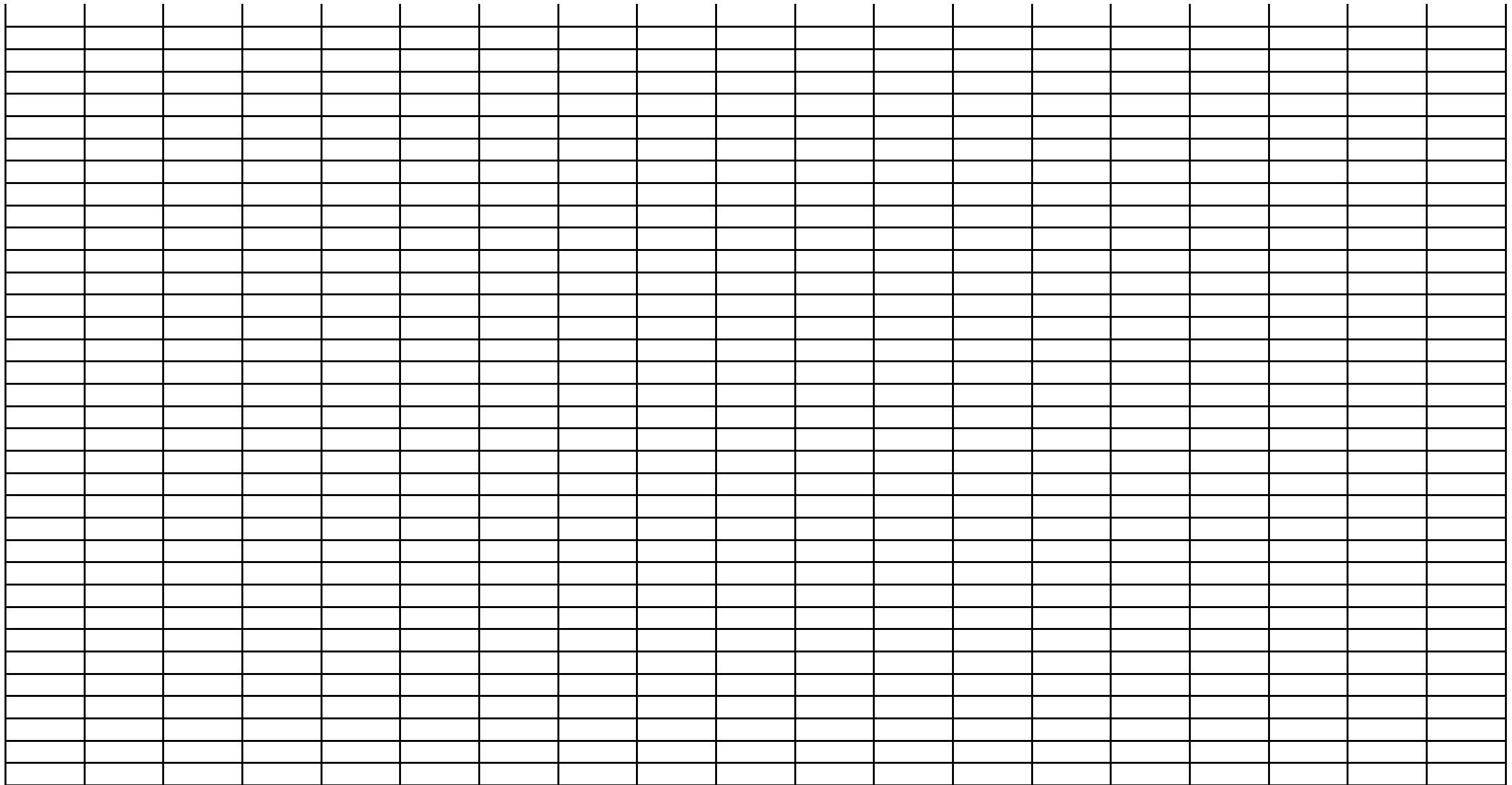
Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2
A	Erica Wagner	17	FT2R	62.98	67.5	0.7741		14	52.5	-60	67.5		67.5		35	-40	-42.5		35	102.5	82.5	85
A	Danelle Warner	35	FM2R	66.95	67.5	0.7307		16	70	-77.5	77.5		77.5		35	45	-60		45	122.5	80	87.5
A	Courtney Jewell	34	FM2R	89.95	90	0.5853		14	62.5	72.5	95		95		62.5	72.5	-87.5		72.5	167.5	85	107.5
A	Dena Richards	30	FOR	100.55	110	0.5526							0		37.5	42.5	47.5		47.5	0	102.5	115
A	Kaydn Joseph	14	MT2R	54.65	56	0.8979		15	67.5	70	-72.5		70		42.5	45	47.5	50	47.5	117.5	107.5	117.5
A	Ashley Martin	30	FOR	65.6	67.5	0.745		18	77.5	90	-95		90		42.5	47.5	50		50	140	115	130
A	Samantha Clark	22	FJR	73.65	75	0.6737		17	135	147.5	155		147.5		60	70	-75		70	217.5	125	130
A	Ashley Petro	22	FJR	58.85	60	0.8437		21	122.5	-135	135		135		60	-67.5	-75		60	195	120	130
A	Jessica Jancewicz	29	FOR	54.55	56	0.8998		18	-102.5	102.5	105		105		55	57.5	62.5		62.5	167.5	122.5	130
A	Tanye Lacombe	56	FM4R	112.75	125	0.5334		19	100	-112.5	112.5	120	112.5		65	70	72.5	-75	72.5	185	125	127.5
A	Ivan Bercian	30	MOR	64.55	67.5	0.7557		18	132.5	142.5	155		155		77.5	90	-100		90	245	135	142.5
A	Alexis Lesniak	22	FOR	97.2	100	0.5613		13	92.5	105	120		120		52.5	65	-72.5		65	185	122.5	145
A	Alex Gall	24	FOR	89.65	90	0.5865		13	-115	115	132.5		132.5		77.5	85	-87.5		85	217.5	137.5	155
A	Odell Chaffe	29	MOR	86.25	90	0.6009		9	-135	-152.5	152.5	160	152.5		90	100	-102.5		100	252.5	155	170
A	Gordon Potter	31	MOR	87.6	90	0.5952		8	120	135	137.5		137.5		115	-125	-125		115	252.5	165	190
B	Dee Parsons	49	FM2R	85.15	90	0.6059		14	-137.5	-137.5	-137.5		0		60	-62.5	-62.5		60	0	-137.5	-137.5
B	Casey Gaspari	29	FOR	89.75	90	0.5861		17	-160	160	-170		160		95	102.5	-105		102.5	262.5	142.5	150
B	Chris Silveti	26	MOR	89.65	90	0.5865		10	160	170	182.5		182.5		115	130	135		135	317.5	160	182.5
B	Tana Sinarski	23	FJR	59.5	60	0.8199		19	150	-157.5	157.5		157.5		85	-90	-90		85	242.5	162.5	172.5
B	Kyle Burke	21	MJR	95.5	100	0.5663		12	165	175	185		185		95	105	110		110	295	170	185
B	Emma Jarman	30	FOR	80.65	82.5	0.629		11	157.5	-175	-175		157.5		87.5	97.5	-102.5		97.5	255	170	192.5
B	Michael George	21	MOR	65.45	67.5	0.746		15	160	172.5	-177.5		172.5		102.5	-115	-115		102.5	275	175	-190
B	Grant McDaniel	20	MJR	81.05	82.5	0.6268		12	165	182.5	-197.5		182.5		105	115	117.5		117.5	300	182.5	210
B	Dan McLeod	33	MSMR	121.1	125	0.5259		5	162.5	172.5	182.5		182.5		122.5	130	137.5		137.5	320	185	195

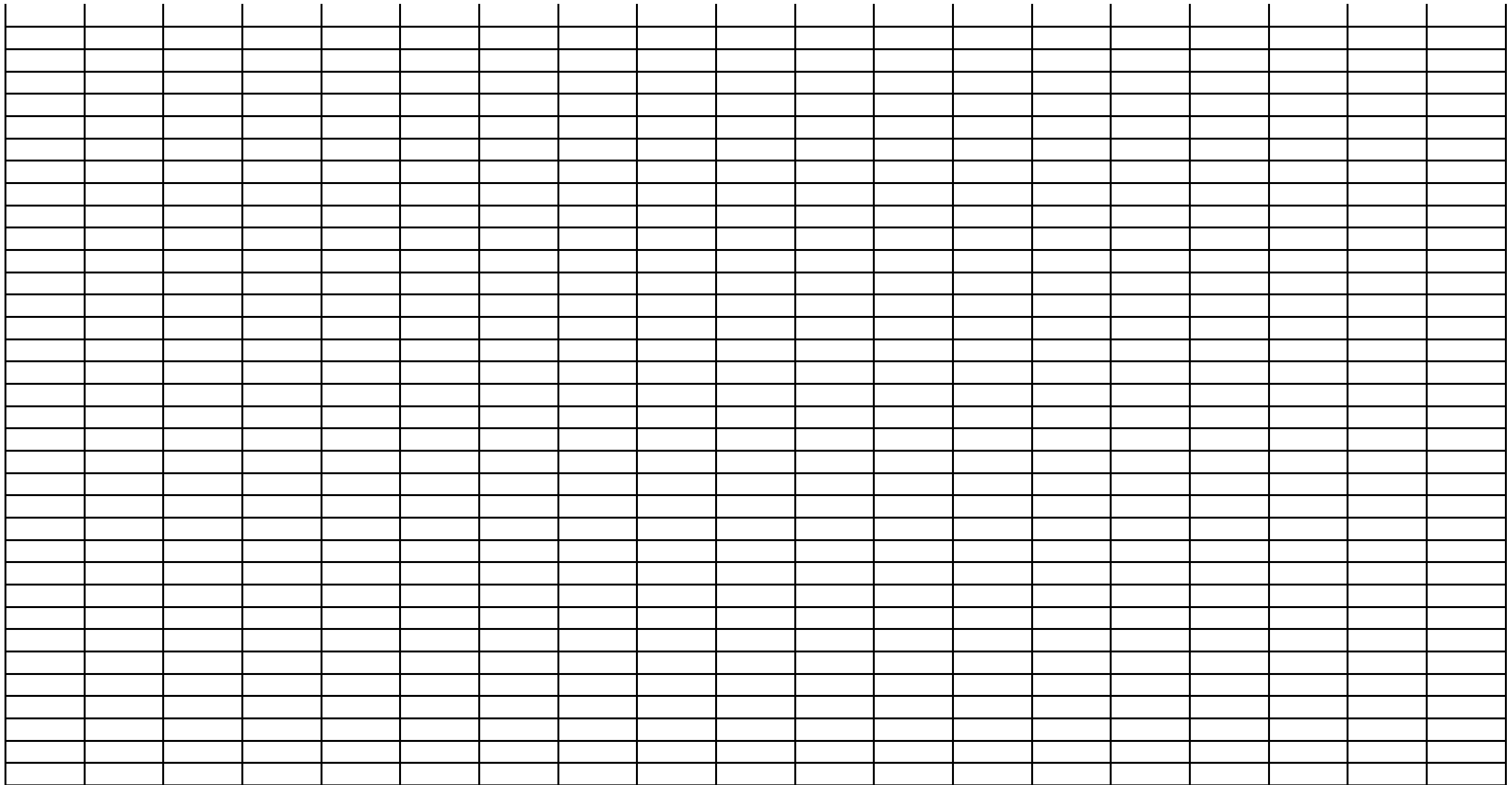
B	Chris Leskiw	28	MOR	65.65	67.5	0.7439		13	157.5	-162.5	-165		157.5		-407.5	107.5	-140		107.5	265	190	197.5
B	Nicholas Mersinas	23	MJR	79.95	82.5	0.6329		12	155	165	-175		165		112.5	-120	120		120	285	192.5	210
B	Freddy Cruz	26	MOR	81.75	82.5	0.623		12	170	182.5	185		185		125	-130	-132.5		125	310	205	-227.5
B	Anthony Puklavec	40	MM1R	80.8	82.5	0.6284							0						0	0	225	242.5
B	Walter Watts	26	MOR	106.85	110	0.5422		9	182.5	207.5	-227.5		207.5		125	145	-155		145	352.5	247.5	267.5
B	John Calarco	65	MM6R	81.6	82.5	0.6241							0		130	132.5	135	-137.5	135	0		
B	Thomas Caruso	50	MM3R	81.8	82.5	0.623							0		120	127.5	-137.5		127.5	0		
C	Jodie Burford	25	FOR	58.8	60	0.8301		20	190	-210	-210		190		82.5	87.5	90		90	280	182.5	195
C	Quennel Marshall	31	MOR	144.8	145	0.4981		7	182.5	195	207.5		207.5		165	182.5	190		190	397.5	182.5	207.5
C	Nicholas Torian	23	MJR	87.8	90	0.5943		12	185	202.5	215		215		107.5	115	-125		115	330	185	207.5
C	Vincent Buttitta	26	MOR	78.35	82.5	0.6424		13	200	-210	210		210		110	120	-130		120	330	190	205
C	Josh Manley	36	MSMR	151.85	SHW	0.492		13	192.5	-207.5	215		215		120	130	-137.5		130	345	195	210
C	Joshua Black	27	MOR	98.85	100	0.5594		12	200	-210	210		210		145	152.5	160		160	370	200	210
C	Skyler Sommers	22	MJR	74.3	75	0.6694		12	205	227.5	-230		227.5		105	-115	-115		105	332.5	200	-227.5
C	Connor Lesniak	22	MOR	86	90	0.6022		13	195	215	227.5		227.5		135	147.5	-155		147.5	375	215	240
C	Johnny Difrancesco	23	MOR	74.75	75	0.6659		17	205	217.5	227.5		227.5		160	175	-180		175	402.5	220	237.5
C	Cashmir Hughes	29	MOR	74.15	75	0.6701		11	-185	197.5	-205		197.5		122.5	130	-137.5		130	327.5	225	242.5
C	Matthew West	43	MM1R	120.6	125	0.5264		8	182.5	205	210		210		125	137.5	-142.5		137.5	347.5	227.5	242.5
C	Taylor Price	30	MOR	139.35	140	0.504		4	200	220	227.5		227.5		127.5	140	145		145	372.5	227.5	250
C	Phillip Cody	27	MOR	108.15	110	0.5388		13	192.5	207.5	215		215		167.5	177.5	-185		177.5	392.5	242.5	255
C	David Roob	24	MOR	132.95	140	0.5114		7	205	225	-237.5		225		145	157.5	-165		157.5	382.5	247.5	265
C	Jeff Vasenda	30	MOR	108.15	110	0.5388		6	212.5	-227.5	-230		212.5		165	-172.5	-172.5		165	377.5	265	282.5
D	Collin Grant	25	MOR	74.35	75	0.6687		19	227.5	242.5	-250		242.5		150	162.5	-165		162.5	405	215	232.5
D	Alex Lugo	26	MOR	88.9	90	0.5939		22	272.5	282.5	300		300		165	170	-175		170	470	227.5	240
D	Mike Sweeney	24	MOR	87.15	90	0.5969		14	227.5	242.5	252.5		252.5		137.5	145	155		155	407.5	235	-255
D	Trevor Stankavich	23	MOR	94	100	0.571		13	215	230	237.5		237.5		135	147.5	155		155	392.5	227.5	250
D	Anthony Miranda	31	MOR	98.6	100	0.5575		12	250	267.5	277.5		277.5						0	0	250	262.5
D	Raheem Greene	29	MOR	122.6	125	0.5242							0		157.5	167.5	175		175	0	250	262.5
D	Justin Caputo	38	MOR	74.3	75	0.6694		15	257.5	267.5	-277.5		267.5		105	112.5	117.5		117.5	385	255	-267.5
D	Jim McGowan	47	MM2	110	110	0.5365		13	295	-310	-317.5		295		170	-190	-190		170	465	250	-265
D	Dave Smiley	47	MM2R	109	110	0.5377		11	280	292.5	-305		292.5		187.5	195	-202.5		195	487.5	270	-272.5
D	Daniel Woost	33	MOSM	108.35	110	0.5385		12	-342.5	342.5	-352.5		342.5		-252.5	-252.5	-252.5		0	0	-282.5	-282.5
D	Joe Schillero	27	MOR	99.25	100	0.5558		11	222.5	242.5	255		255		150	160	-165		160	415	265	-285
D	Mario D'Amico	24	MOR	99.45	100	0.5553		10	237.5	257.5	277.5		277.5		172.5	182.5	192.5		192.5	470	262.5	282.5
D	Jesse Augenstein	39	MO	98.95	100	0.5565		15	-372.5	372.5	-390		372.5		260	-272.5	-272.5		260	632.5	-305	305

D	Mike Brilla	30	MOR	89.25	90	0.5881		14	272.5	287.5	295		295		167.5	177.5	-482.5		177.5	472.5	287.5	305
D	Chris Rege	31	MOR	109.6	110	0.537							0		265	277.5	-287.5		277.5	0		
D	Dan Steltenkamp	39	MO	123.85	125	0.5239							0		-377.5	-377.5	377.5		0	0		

-320		305	777.5	457.248	457.248	1	1-MOR-90	7		PL								
		0	0	0.000	0.000	1	0	0		BP								
		0	0	0.000	0.000	#N/A	0	0		BP								







17-Dec-16		UPA Winter Rack Attack																					
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCl
Danelle Warner	35	FM2R	67	67.5	0.731	154.3	-170.9	170.9	0	170.9	77.16	99.21	-132.3	0	99.21	270.1	176.4	192.9	226	226	496.035	164.4075	1-FM2R-67.5
Courtney Jewell	34	FM2R	90	90	0.585	137.8	159.8	209.4	0	209.4	137.8	159.8	-192.9	0	159.8	369.3	187.4	237	259	259	628.311	166.8105	1-FM2R-90
Dee Parsons	49	FM2R	85.2	90	0.606	-303.1	-303.1	-303.1	0	0	132.3	-137.8	-137.8	0	132.3	0	-303.1	-303.1	-303.1	0	0	0	0
Tanye Lacombe	56	FM4R	113	125	0.533	220.5	-248	248	264.6	248	143.3	154.3	159.8	-165.3	159.8	407.9	275.6	281.1	-308.6	281.1	688.9375	166.6875	1-FM4R-125
Erica Wagner	17	FT2R	63	67.5	0.774	115.7	-132.3	148.8	0	148.8	77.16	-88.18	-93.7	0	77.16	226	181.9	187.4	203.9	203.9	429.897	150.9495	1-FT2R-67.5
Tana Sinarski	23	FJR	59.5	60	0.82	330.7	-347.2	347.2	0	347.2	187.4	-198.4	-198.4	0	187.4	534.6	358.2	380.3	-391.3	380.3	914.909	340.2585	1-FJR-60
Ashley Petro	22	FJR	58.9	60	0.844	270.1	-297.6	297.6	0	297.6	132.3	-148.8	-165.3	0	132.3	429.9	264.6	286.6	303.1	303.1	733.0295	280.53025	2-FJR-60
Samantha Clark	22	FJR	73.7	75	0.674	297.6	325.2	341.7	0	325.2	132.3	154.3	-165.3	0	154.3	479.5	275.6	286.6	297.6	297.6	777.1215	237.47925	1-FJR-75
Jessica Jancewicz	29	FOR	54.6	56	0.9	-226	226	231.5	0	231.5	121.3	126.8	137.8	0	137.8	369.3	270.1	286.6	308.6	308.6	677.9145	276.6885	1-FOR-56
Jodie Burford	25	FOR	58.8	60	0.83	418.9	-463	-463	0	418.9	181.9	192.9	198.4	0	198.4	617.3	402.3	429.9	-435.4	429.9	1047.185	394.2975	1-FOR-60
Ashley Martin	30	FOR	65.6	67.5	0.745	170.9	198.4	-209.4	0	198.4	93.7	104.7	110.2	0	110.2	308.6	253.5	286.6	297.6	297.6	606.265	204.875	1-FOR-67.5
Emma Jarman	30	FOR	80.7	82.5	0.629	347.2	-385.8	-385.8	0	347.2	192.9	214.9	-226	0	214.9	562.2	374.8	424.4	-440.9	424.4	986.5585	281.4775	1-FOR-82.5
Casey Gaspari	29	FOR	89.8	90	0.586	-352.7	352.7	-374.8	0	352.7	209.4	226	-231.5	0	226	578.7	314.2	330.7	-352.7	330.7	909.3975	241.7662	1-FOR-90
Alex Gall	24	FOR	89.7	90	0.587	-253.5	253.5	292.1	0	292.1	170.9	187.4	-192.9	0	187.4	479.5	303.1	341.7	369.3	369.3	848.771	225.8025	2-FOR-90
Alexis Lesniak	22	FOR	97.2	100	0.561	203.9	231.5	264.6	0	264.6	115.7	143.3	-159.8	0	143.3	407.9	270.1	319.7	358.2	358.2	766.0985	195.0517	1-FOR-100
Daniel Woost	33	MOSM	108	110	0.539	-755.1	755.1	-777.1	0	755.1	-556.7	-556.7	-556.7	0	0	0	-622.8	-622.8	-622.8	0	0	0	0
Kaydn Joseph	14	MT2R	54.7	56	0.898	148.8	154.3	-159.8	0	154.3	93.7	99.21	104.7	110.2	104.7	259	237	259	281.1	281.1	540.127	219.9855	1-MT2R-56
Matthew West	43	MM1R	121	125	0.526	402.3	451.9	463	0	463	275.6	303.1	-314.2	0	303.1	766.1	501.5	534.6	-540.1	534.6	1300.714	310.576	1-MM1R-125
Skyler Sommers	22	MJR	74.3	75	0.669	451.9	501.5	-507.1	0	501.5	231.5	-253.5	-253.5	0	231.5	733	440.9	-501.5	-501.5	440.9	1173.949	356.4555	1-MJR-75
Grant McDaniel	20	MJR	81.1	82.5	0.627	363.8	402.3	-435.4	0	402.3	231.5	253.5	259	0	259	661.4	402.3	463	485	485	1146.392	325.936	1-MJR-82.5
Nicholas Mersinas	23	MJR	80	82.5	0.633	341.7	363.8	-385.8	0	363.8	248	-264.6	264.6	0	264.6	628.3	424.4	463	-485	463	1091.277	313.2855	2-MJR-82.5
Nicholas Torian	23	MJR	87.8	90	0.594	407.9	446.4	474	0	474	237	253.5	-275.6	0	253.5	727.5	407.9	457.5	485	485	1212.53	326.865	1-MJR-90
Kyle Burke	21	MJR	95.5	100	0.566	363.8	385.8	407.9	0	407.9	209.4	231.5	242.5	0	242.5	650.4	374.8	407.9	429.9	429.9	1080.254	277.487	1-MJR-100
Dan McLeod	33	MSMR	121	125	0.526	358.2	380.3	402.3	0	402.3	270.1	286.6	303.1	0	303.1	705.5	407.9	429.9	446.4	446.4	1151.903	274.7827	1-MSMR-125
Josh Manley	36	MSMR	152	SHW	0.492	424.4	-457.5	474	0	474	264.6	286.6	-303.1	0	286.6	760.6	429.9	463	485	485	1245.599	277.98	1-MSMR-SHW
Dave Smiley	47	MM2R	109	110	0.538	617.3	644.8	-672.4	0	644.8	413.4	429.9	-446.4	0	429.9	1075	595.2	-600.8	-600.8	595.2	1669.984	407.3077	1-MM2R-110
Jesse Augenstein	39	MO	99	100	0.557	-821.2	821.2	-859.8	0	821.2	573.2	-600.8	-600.8	0	573.2	1394	-672.4	672.4	-677.9	672.4	2066.812	521.7187	1-MO -100
Chris Leskiw	28	MOR	65.7	67.5	0.744	347.2	-358.2	-363.8	0	347.2	-237	237	-242.5	0	237	584.2	418.9	435.4	-446.4	435.4	1019.627	344.0537	1-MOR-67.5
Michael George	21	MOR	65.5	67.5	0.746	352.7	380.3	-391.3	0	380.3	226	-253.5	-253.5	0	226	606.3	385.8	-418.9	-418.9	385.8	992.07	335.7	2-MOR-67.5
Ivan Bercian	30	MOR	64.6	67.5	0.756	292.1	314.2	341.7	0	341.7	170.9	198.4	-220.5	0	198.4	540.1	297.6	314.2	330.7	330.7	870.817	298.5015	3-MOR-67.5

Justin Caputo	38	MOR	74.3	75	0.669	567.7	589.7	-611.8	0	589.7	231.5	248	259	0	259	848.8	562.2	-589.7	-595.2	562.2	1410.944	428.416	1-MOR-75
Johnny Difrancesco	23	MOR	74.8	75	0.666	451.9	479.5	501.5	0	501.5	352.7	385.8	-396.8	0	385.8	887.4	485	523.6	-534.6	523.6	1410.944	426.176	2-MOR-75
Collin Grant	25	MOR	74.4	75	0.669	501.5	534.6	-551.2	0	534.6	330.7	358.2	-363.8	0	358.2	892.9	474	512.6	-523.6	512.6	1405.432	426.2962	3-MOR-75
Cashmir Hughes	29	MOR	74.2	75	0.67	-407.9	435.4	-451.9	0	435.4	270.1	286.6	-303.1	0	286.6	722	496	534.6	551.2	551.2	1273.156	386.9827	4-MOR-75
Vincent Buttitta	26	MOR	78.4	82.5	0.642	440.9	-463	463	0	463	242.5	264.6	-286.6	0	264.6	727.5	418.9	451.9	479.5	479.5	1207.018	351.714	1-MOR-82.5
Freddy Cruz	26	MOR	81.8	82.5	0.623	374.8	402.3	407.9	0	407.9	275.6	-286.6	-292.1	0	275.6	683.4	451.9	-501.5	-501.5	451.9	1135.369	320.845	2-MOR-82.5
Mike Brilla	30	MOR	89.3	90	0.588	600.8	633.8	650.4	0	650.4	369.3	391.3	-402.3	0	391.3	1042	633.8	672.4	-705.5	672.4	1714.076	457.2477	1-MOR-90
Alex Lugo	26	MOR	88.9	90	0.594	600.8	622.8	661.4	0	661.4	363.8	374.8	-385.8	0	374.8	1036	501.5	529.1	-551.2	529.1	1565.266	421.669	2-MOR-90
Mike Sweeney	24	MOR	87.2	90	0.597	501.5	534.6	556.7	0	556.7	303.1	319.7	341.7	0	341.7	898.4	518.1	-562.2	562.2	562.2	1460.547 5	395.4462 5	3-MOR-90
Connor Lesniak	22	MOR	86	90	0.602	429.9	474	501.5	0	501.5	297.6	325.2	-341.7	0	325.2	826.7	474	529.1	540.1	540.1	1366.852	373.364	4-MOR-90
Chris Silveti	26	MOR	89.7	90	0.587	352.7	374.8	402.3	0	402.3	253.5	286.6	297.6	0	297.6	700	352.7	402.3	440.9	440.9	1140.880	303.5137	5-MOR-90
Gordon Potter	31	MOR	87.6	90	0.595	264.6	297.6	303.1	0	303.1	253.5	-275.6	-275.6	0	253.5	556.7	363.8	418.9	424.4	418.9	975.5355	263.376	6-MOR-90
Odell Chaffe	29	MOR	86.3	90	0.601	-297.6	-336.2	336.2	352.7	336.2	198.4	220.5	-226	0	220.5	556.7	341.7	374.8	385.8	385.8	942.4665	256.8847	7-MOR-90
Mario D'Amico	24	MOR	99.5	100	0.555	523.6	567.7	611.8	0	611.8	380.3	402.3	424.4	0	424.4	1036	578.7	622.8	666.9	666.9	1703.053	428.9692	1-MOR-100
Joe Schillero	27	MOR	99.3	100	0.556	490.5	534.6	562.2	0	562.2	330.7	352.7	-363.8	0	352.7	914.9	584.2	-628.3	-628.3	584.2	1499.128	377.944	2-MOR-100
Trevor Stankavich	23	MOR	94	100	0.571	474	507.1	523.6	0	523.6	297.6	325.2	341.7	0	341.7	865.3	501.5	551.2	578.7	578.7	1444.013	374.005	3-MOR-100
Joshua Black	27	MOR	98.9	100	0.559	440.9	-463	463	0	463	319.7	336.2	352.7	0	352.7	815.7	440.9	463	496	496	1311.737	332.843	4-MOR-100
Anthony Miranda	31	MOR	98.6	100	0.558	551.2	589.7	611.8	0	611.8	0	0	0	0	0	0	551.2	578.7	-584.2	578.7	0	0	0
Jeff Vasenda	30	MOR	108	110	0.539	468.5	-501.5	-507.1	0	468.5	363.8	-380.3	-380.3	0	363.8	832.2	584.2	622.8	-639.3	622.8	1455.036	355.608	1-MOR-110
Phillip Cody	27	MOR	108	110	0.539	424.4	457.5	474	0	474	369.3	391.3	-407.9	0	391.3	865.3	534.6	562.2	578.7	578.7	1444.013	352.914	2-MOR-110
Walter Watts	26	MOR	107	110	0.542	402.3	457.5	-501.5	0	457.5	275.6	319.7	-341.7	0	319.7	777.1	545.6	589.7	-617.3	589.7	1366.852	336.164	3-MOR-110
David Roob	24	MOR	133	140	0.511	451.9	496	-523.6	0	496	319.7	347.2	-363.8	0	347.2	843.3	545.6	584.2	606.3	606.3	1449.524	336.2455	1-MOR-140
Taylor Price	30	MOR	139	140	0.504	440.9	485	501.5	0	501.5	281.1	308.6	319.7	0	319.7	821.2	501.5	551.2	-573.2	551.2	1372.363	313.74	2-MOR-140
Quennel Marshall	31	MOR	145	145	0.498	402.3	429.9	457.5	0	457.5	363.8	402.3	418.9	0	418.9	876.3	402.3	457.5	501.5	501.5	1377.875	311.3125	1-MOR-145
Jim McGowan	47	MM2	110	110	0.537	650.4	-683.4	-700	0	650.4	374.8	-418.9	-418.9	0	374.8	1025	551.2	-584.2	600.8	600.8	1625.892	395.6687	0

17-Dec-16		UPA Winter Rack Attack											
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/ Malone	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	PI-Div-WtCl	
John Calarco	65	MM6R	81.6	82.5	0.624	286.6	292.1	297.6	-303.1	297.621	84.2535	1-MM6R-82.5	
Thomas Caruso	50	MM3R	81.8	82.5	0.623	264.6	281.1	-303.1	0	281.0865	79.4325	1-MM3R-82.5	
Chris Rege	31	MOR	110	110	0.537	584.2	611.8	-633.8	0	611.7765	149.0175	1-MOR-110	
Dan Steltenkamp	39	MO	124	125	0.524	-832.2	-832.2	832.2	0	0	0	0	

17-Dec-16		UPA Winter Rack Attack																
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Push Pull Total	Coeff Score	PI-Div-WtCl
Dena Richards	30	FOR	101	110	0.55	82.7	93.7	105	0	105	226	254	281	0	281	385.805	96.705	1-FOR-110
Raheem Greene	29	MOR	123	125	0.52	347	369	386	0	386	551	579	-584	0	579	964.512	229.337	1-MOR-125

17-Dec-16		UPA Winter Rack Attack															
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl	Tm Pts	Team	
Anthony Puklave	40	MM1R	80.8	82.5	0.63	496	535	-562	0	534.615	152.387	152.387	1	1-MM1R-82.5	7		

Contest Name



Raw Men's Open

PL Total

Place	Name	Best Squat	Best Bench	Best Deadlift	PL Total
1	Mario D'Amico	277.5	192.5	302.5	772.5
2	Joe Schillero	255	160	265	680
3	Trevor Stankavich		155	262.5	655

