



# Wildwest Iron Fest

Raw & Equipped  
Limited to 45 lifters

- DATE & TIME:** Saturday, January 23, 2016, 10:00 AM
- LOCATION:** Evolution Fitness, 5252 East Speedway Boulevard Tucson, AZ 85712
- SANCTIONED BY:** UPA
- ELIGIBILITY:** Any male or female age 13 years or older. Lifters must be current UPA members. Memberships are \$30 for adults (High School--\$15) Good for one year from date of purchase. Can be purchased day of meet.
- DIVISIONS:** Open, Teen 13-15, 16-17, 18-19, Junior 20-23, Sub-master 33-39, Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84
- WEIGHT CLASSES:** Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW  
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, Unlimited
- SCHEDULE:**  
(All Lifters) Early Weigh-in/gear check:-----Friday, 10:00am to 7pm  
Regular Weigh-in/gear check:-----Sat, 7:30am to 8:30am  
Rules Briefing/Warmup:-----Sat, 9:00am  
Lifting Begins: -----Sat, 10:00am
- AWARDS:**  
Open-----1<sup>st</sup> - 3<sup>rd</sup> place in each weight class  
Junior/Teen-----1<sup>st</sup> - 3<sup>rd</sup> place in each weight class and age group  
Submaster 33-39-----1<sup>st</sup> - 3<sup>rd</sup> place in each weight class  
Master (all) -----1<sup>st</sup> - 3<sup>rd</sup> place in each weight class and age group.
- ENTRY FEE:** \$70 per lifter, add \$35 if entering additional division (Open & Master=2 awards)
- DEADLINE:** **Entries must be postmarked by January 16, 2016. THIS MEET IS CAPPED!!**  
**NO LATE ENTRIES!!** Limited to 45 lifters
- PAYMENT:** Make check or money order payable to: Asa Barnes  
Send entry form and payment to: Malinda Gustafson  
5336 W. Hasan Dr., Laveen, AZ 85339
- QUESTIONS:** Call Malinda @ 602-828-4166 or Ace at 602-561-8670 email:  
ladyphxon2@gmail.com or preacherpower1@gmail.com
- WEBSITE:** You may go to [www.upapower.com](http://www.upapower.com) to print additional copies of the entry form or to view the State and American records and UPA rules.

# Entry form: Wildwest Iron Fest

Name: \_\_\_\_\_ Age on day of meet: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone # ( \_\_\_\_\_ ) \_\_\_\_\_

Email (required): \_\_\_\_\_

Are you a current UPA member: Yes No

(Memberships may be purchased with entry or at day of meet. MUST HAVE CURRENT CARD TO COMPETE..)

Circle the type of gear division you will compete in, pick only one

Raw      Equipped      Raw Bench Only      Raw Deadlift Only      Equipped-Bench Only      Equipped Deadlift Only

Circle the weight class you are entering

Men's  
Weight Classes:      114LB   123LB   132LB   148LB   165LB   181LB   198LB   220LB   242LB   275LB   308LB   308+LB

Women's  
Weight Classes:      97LB   105LB   114LB   123LB   132LB   148LB   165LB   181LB   198LB   198+LB

Circle the Event and Division you are entering

POWERLIFTING (Full meet): (raw, equipped)	Open, Teen 13-15, 16-17, 18-19, Junior 20-23 Submaster 35-39 Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
Benchpress only: (raw, equipped)	Open, Teen 13-15, 16-17, 18-19, Junior 20-23, Submaster 35-39 Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
Deadlift only: (raw, equipped)	Open, Teen 13-15, 16-17, 18-19, Junior 20-23, Submaster 35-39 Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

USPA MEMBERSHIP FEE \$30 adults/ \$15 High School: \$ \_\_\_\_\_

Entry fee \$70: ----- \$ \_\_\_\_\_

Additional division/event \$30 each: ----- \$ \_\_\_\_\_

Total Due: ----- \$ \_\_\_\_\_

Please mail your entry form, waiver and payment to:  
UPA AZ  
5336 W. HASAN DR. LAWEEN, AZ 85339

**RELEASE OF LIABILITY -- READ BEFORE SIGNING and return with entry form and fee**

In consideration of being allowed to participate in any way in the Wildwest Iron Fest Meet sanctioned by the UPA\_ , its related events and activities,

I, \_\_\_\_\_ , the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the UPA officials immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Meet Director/promoter, UPA, Evolution Fitness, Tucson Barbell Club and their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT , FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

x \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
PARTICIPANT'S SIGNATURE

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE**  
(UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

x \_\_\_\_\_  
PARENT/GUARDIAN'S SIGNATURE EMERG. PHONE # (s) : \_\_\_\_\_ Date Signed \_\_\_\_\_