

31-Jul-10		UPA Powerlifting National Championship Results																			
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	PI-Div-WtCl
Brittany Demmer	18	FT3R	73.2	75	0.6774	253.53	281.09	-303.13	281.09	121.25	132.28	143.3	143.3	424.39	270.06	308.64	347.22	347.22	771.61	237.09	1-FT3R-75
Danielle Lewis	21	FJR	73.6	75	0.6745	286.6	308.64	325.18	325.18	132.28	143.3	-154.32	143.3	468.48	330.69	341.71	-363.76	341.71	810.1905	247.87875	1-FJR-75
Marie Berg	43	FM1R-AD	73.8	75	0.673	148.81	165.35	-187.39	165.35	121.25	132.28	-137.79	132.28	297.62	209.44	220.46	236.99	236.99	534.6155	163.2025	1-FM1R-AD-75
Monica Augustine	33	FOR-AD	119.6	SHW	0.5274	336.2	358.25	-374.78	358.25	203.93	209.44	214.95	214.95	573.2	358.25	374.78	385.81	385.81	959.001	229.419	1-FOR-AD-SHW
Matt Vinopal - (AD-Open)	34	MO-AD	97.6	100	0.5602	501.55	545.64	-562.17	545.64	385.81	-402.34	402.34	402.34	947.98	600.75	639.33	-655.87	639.33	1587.312	403.344	1-MO-AD-100
Billy Boyce	59	MM4R	91.6	100	0.5793	248.02	0	0	248.02	248.02	275.58	-308.64	275.58	523.59	248.02	275.58	325.18	325.18	848.771	223.0305	1-MM4R-100
Gary Reichert	50	MM3R	67.5	67.5	0.7258	325.18	374.78	-402.34	374.78	248.02	-270.06	-270.06	248.02	622.8	440.92	485.01	-540.13	485.01	1107.8115	364.7145	1-MM3R-67.5
Ernie Lilliebridge Sr. (SM)	38	MSMR	138.6	140	0.5049	710.98	-744.05	-744.05	710.98	473.99	-512.57	0	473.99	1185	705.47	-755.08	-755.08	705.47	1890.4445	432.95175	1-MSMR-140
Anthony Steil (Junior)	20	MJR	82.2	82.5	0.6209	551.15	-606.27	617.29	617.29	314.16	330.69	352.74	352.74	970.02	600.75	622.8	0	622.8	1592.8235	448.60025	1-MJR -82.5
Zach Neuerburg	21	MJR	107.6	110	0.5396	468.48	501.55	540.13	540.13	325.18	369.27	-391.32	369.27	909.4	132.28	0	0	132.28	1041.6735	254.961	1-MJR -110
Eric Lilliebridge (Junior)	20	MJR	121.2	125	0.5258	-760.59	760.59	0	760.59	-220.46	220.46	0	220.46	981.05	705.47	-755.08	0	705.47	1686.519	402.237	1-MJR -125
Steve Harris	21	MJR	126.4	140	0.5193	473.99	501.55	518.08	518.08	281.09	292.11	308.64	308.64	826.73	501.55	551.15	0	551.15	1377.875	324.5625	1-MJR -140
Matt Teijido	19	MT3R	98.4	100	0.5581	374.78	424.39	451.94	451.94	275.58	303.13	325.18	325.18	777.12	451.94	501.55	534.62	534.62	1311.737	332.0695	1-MT3R -100
Thomas Herrera	18	MT3R	107.6	110	0.5396	363.76	385.81	396.83	396.83	319.67	-341.71	-341.71	319.67	716.5	457.45	-485.01	-485.01	457.45	1173.9495	287.337	1-MT3R -110
Jason Schmid	33	MSMR-AD	106.8	110	0.5408	440.92	468.48	479.5	479.5	264.55	-275.58	-281.09	264.55	744.05	496.04	529.1	-562.17	529.1	1273.1565	312.312	1-MSMR-AD-110
Jay Ragalie	33	MSMR-AD	136	140	0.5078	253.53	286.6	303.13	303.13	253.53	281.09	-303.13	281.09	584.22	424.39	485.01	518.08	518.08	1102.3	253.9	1-MSMR-AD-140
Beau Evans	22	MJR-AD	89.4	90	0.5877	451.94	-473.99	485.01	485.01	-264.55	275.58	-286.6	275.58	760.59	462.97	485.01	534.62	534.62	1295.2025	345.27375	1-MJR-AD-90
Kyle Thompson	22	MJR-AD	99	100	0.5565	429.9	462.97	-501.55	462.97	-363.76	374.78	-402.34	374.78	837.75	501.55	523.59	534.62	534.62	1372.3635	346.42125	1-MJR-AD-100
Joe Diggins	18	MT3R-AD	86.2	90	0.6013	424.39	-479.5	-501.55	424.39	248.02	275.58	303.13	303.13	727.52	407.85	468.48	507.06	507.06	1234.576	336.728	1-MT3R-AD-90
Tyler Burkey	18	MT3R-AD	118.6	125	0.5283	407.85	-529.1	-551.15	407.85	-225.97	242.51	275.58	275.58	683.43	407.85	468.48	507.06	507.06	1190.484	285.282	1-MT3R-AD-125
A.J. Knepper	26	MOR-AD	74.2	75	0.6701	347.22	380.29	-402.34	380.29	214.95	-225.97	-225.97	214.95	595.24	424.39	451.94	-468.48	451.94	1047.185	318.2975	1-MOR-AD-75
Jeremy Koci (AD-Open)	30	MOR-AD	79	82.5	0.6388	380.29	-402.34	-402.34	380.29	303.13	-330.69	-330.69	303.13	683.43	402.34	435.41	-451.94	435.41	1118.8345	324.191	1-MOR-AD-82.5
J.J. Franklin	28	MOR-AD	117.2	125	0.5295	462.97	501.55	523.59	523.59	325.18	-341.71	-352.74	325.18	848.77	462.97	501.55	-518.08	501.55	1350.3175	324.31875	1-MOR-AD-125
Anthony Steil (Open)	20	MOR	82.2	82.5	0.6209	551.15	-606.27	617.29	617.29	314.16	330.69	352.74	352.74	970.02	600.75	622.8	0	622.8	1592.8235	448.60025	1-MOR-82.5 *Best Lifter "Raw"
Jeremy Koci (UPA-Open)	30	MOR	79	82.5	0.6388	380.29	-402.34	-402.34	380.29	303.13	-330.69	-330.69	303.13	683.43	402.34	435.41	-451.94	435.41	1118.8345	324.191	2-MOR-82.5
Ernie Lilliebridge Jr.	22	MOR	100	100	0.554	551.15	-606.27	-611.78	551.15	363.76	385.81	-407.85	385.81	936.96	661.38	710.98	0	710.98	1647.9385	414.115	1-MOR-100
Brian Baze	33	MOR	98.6	100	0.5575	314.16	-407.85	-407.85	314.16	314.16	369.27	385.81	385.81	699.96	314.16	402.34	-485.01	402.34	1102.3	278.75	2-MOR-100
Mark Taschuk	30	MOR	108.4	110	0.5385	529.1	-584.22	584.22	584.22	391.32	-429.9	0	391.32	975.54	611.78	650.36	-677.91	650.36	1625.8925	397.14375	1-MOR-110
Gavin McMacken	32	MOR	117.6	125	0.5291	606.27	650.36	672.4	672.4	363.76	385.81	402.34	402.34	1074.7	705.47	727.52	744.05	744.05	1818.795	436.5075	1-MOR-125
Matt Hobmeier	27	MOR	120.4	125	0.5266	545.64	600.75	-655.87	600.75	429.9	-451.94	0	429.9	1030.7	633.82	677.91	-705.47	677.91	1708.565	408.115	2-MOR-125
Eric Lilliebridge (Open)	20	MOR	121.2	125	0.5258	-760.59	760.59	0	760.59	-220.46	220.46	0	220.46	981.05	705.47	-755.08	0	705.47	1686.519	402.237	3-MOR-125
Jeremy Shatka	28	MOR	125	125	0.521	540.13	556.66	584.22	584.22	391.32	407.85	413.36	413.36	997.58	600.75	628.31	661.38	661.38	1658.9615	392.0525	4-MOR-125
Jim Einertson	27	MOR	116.6	125	0.53	132.28	0	0	132.28	352.74	374.78	-385.81	374.78	507.06	451.94	485.01	-507.06	485.01	992.07	238.5	5-MOR-125
Ernie Lilliebridge Sr. (Open)	38	MOR	138.6	140	0.5049	710.98	-744.05	-744.05	710.98	473.99	-512.57	0	473.99	1185	705.47	-755.08	-755.08	705.47	1890.4445	432.95175	1-MOR-140
Aaron Davis	36	MOR	146.6	SHW	0.4963	529.1	578.71	600.75	600.75	-319.67	363.76	0	363.76	964.51	639.33	0	0	639.33	1603.8465	361.05825	1-MOR-SHW
Tim Towers	44	MM1	81.6	82.5	0.6241	-617.29	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Mark "Bama" Hibbing	41	MM1	88.4	90	0.5918	-633.82	633.82	661.38	661.38	363.76	-407.85	-407.85	363.76	1025.1	523.59	573.2	-600.75	573.2	1598.335	429.055	1-MM1-90
Phil Schultz	44	MM1	105.2	110	0.5434	672.4	-716.5	722.01	722.01	385.81	407.85	424.39	424.39	1146.4	584.22	617.29	-655.87	617.29	1763.68	434.72	1-MM1-110
Mike Guthery	36	MSM	108.6	110	0.5382	-562.17	562.17	584.22	584.22	-424.39	424.39	440.92	440.92	1025.1	551.15	578.71	-600.75	578.71	1603.8465	391.5405	1-MSM-110
Jake Baker	22	MJ	89.6	90	0.5869	705.47	-722.01	0	705.47	462.97	-507.06	-507.06	462.97	1168.4	606.27	0	0	606.27	1774.703	472.4545	1-MJ-90
Dwayne Warren	20	MJ	98.4	100	0.5581	650.36	705.47	727.52	727.52	501.55	523.59	-540.13	523.59	1251.1	584.22	622.8	644.85	644.85	1895.956	479.966	1-MJ-100
Ryan Michie	23	MJ	97.6	100	0.5602	-529.1	529.1	573.2	573.2	402.34	424.39	-429.9	424.39	997.58	424.39	468.48	-507.06	468.48	1466.059	372.533	2-MJ-100
Jeff Adkins	28	MO	81.2	82.5	0.6262	650.36	683.43	-705.47	683.43	501.55	-523.59	-523.59	501.55	1185	-600.75	611.78	628.31	628.31	1813.2835	515.0495	1-MO-82.5 *Best Lifter

Erv Domanski	38	MO	81	82.5	0.6273	650.36	-688.94	-716.5	650.36	385.81	-407.85	407.85	407.85	1058.2	562.17	-606.27	606.27	606.27	1664.473	473.6115	2-MO-82.5	
Cody Stanley	31	MO	90	90	0.5853	666.89	-705.47	705.47	705.47	567.68	-584.22	-584.22	567.68	1273.2	600.75	-622.8	622.8	622.8	1895.956	503.358	1-MO-90	
Matt Vinopal - (UPA-Open)	34	MO	97.6	100	0.5602	501.55	545.64	-562.17	545.64	385.81	-402.34	402.34	402.34	947.98	600.75	639.33	-655.87	639.33	1587.312	403.344	1-MO-100	
Josh Edwards	29	MO	117.8	125	0.529	722.01	777.12	-810.19	777.12	639.33	655.87	-705.47	655.87	1433	55.115	573.2	0	573.2	2006.186	481.39	1-MO-125	