

THE UNITED POWERLIFTING ASSOCIATION PRESENTS:

Indy Muscle Fest Powerlifting Pro/Am



JUNE 9, 2012
INDIANAPOLIS, INDIANA



LOCATED ON THE MAIN STAGE OF THE
2nd ANNUAL "INDY MUSCLE FEST"

4 Levels of Competition Available!!!!

MEET DIRECTOR: BRYAN HOFFMAN – UPA INDIANA State Chairman – (219) 713-0774 or powerlifter600@hotmail.com

EVENT LOCATION:

Indiana Convention Center.
100 South Capitol Ave. Indianapolis IN 46225
(Next to Lucas Oil Stadium)

MEET HOTEL: Check http://www.icclos.com/Visitor_Info/ There is a list of all Downtown Indy Hotels under Vistor Info.
Westin Hotel is hooked to the Convention center and a block Rate for \$60 is available.

AIRPORT: Indianapolis International Airport

ELIGIBILITY: Open to all UPA registered athletes.
UPA Registration will be available at weigh-ins.
UPA Members already registered must show UPA card at registration.
Membership fee \$30 Adult for a year, \$15 for Highschool/Teen

WEIGH-IN: 24-HOUR WEIGH-IN RULE APPLIES

Weigh-ins: **Open to All Lifters: Weigh In Times for All lifters Amatuer and Pro.**

PLEASE NOTE: Location to Be Announced for Weigh ins. Will be provided for you once we get the final schedule from Indy Muscle Fest Promoters.

Thursday: June 7, 2012 5:00 pm to 8:00 pm
Friday: June 8, 2012 10:00 am to 1:00 pm and 5:00 pm to 7:00 pm
Saturday: June 9, 2012 8:00 am to 9:00 am

Contest Lifts: **Bench Only and Full Power Raw or Equipped available in both divisions.**

Contest Levels: **Amatuer and Pro**
***Please Note*: You can compete in ONE or BOTH levels of Competition**

Event time: Friday's Bench Only will start 6 pm.
Saturday's Full Power will start at 10 am.

Competition Level 1-2:

1. UPA Bench Only Amateur Contest, 2. UPA Full Power Amateur Contest

This is your regular Bench Only or Full Power UPA Sanctioned Meet. All Weight Classes and Divisions available.

AWARDS: 1st-3rd in each weight class in each division
There will be best lifter awards by the Schwartz Formula

ENTRY FEE: BENCH ONLY \$60 Adults \$45 For High School/Juniors
FULL POWER \$85 Adults \$50 For High School/Juniors

****No same day entries will be accepted unless approved by Bryan Hoffman prior to arrival****

**A \$20 late fee will be charged for entries received after
May 20th, 2012. No refunds on entry fees.**

****NO EXCEPTIONS****

RULES: United Powerlifting Association (UPA). Check
www.UPAPower.com for information and rulebook.

UNIFORM: Must have one piece lifting suit or wrestling suit

SPECTATOR FEE: FREE to Open to all "Indy Muscle Fest" Spectators/Visitors

"CIRCLE ONE" CLASS AND DIVISION

Classes: 114 123 132 148 165 181 198 220 242 275 308 SHW

Divisions: Raw (Unequipped) Assisted/Multiply

Men's Open

Women's Open

Mens Master's (please circle your age group below)

33-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74

Womens Master's (please circle your age group below)

33-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74

Junior (20-23) Teenage 13-15 16-17 18-19

Competition Level 3-4 : No Lifter Limit

3. Pro Bench For CASH
4. Pro Powerlifting for CASH!!!

You do not need to Qualify to Compete in The PRO Divison!!
This is your time to SHINE! Bring Your BIGGEST LIFTS TO THE STAGE!

AWARDS: CASH.....CASH.....CASH!!!!!!!
1st-3rd in the three weight classes will get trophy and CASH.
Winners will be the Top 3 by highest Schwartz Formula.

There will be a "BEST OVERALL LIFTER" for the person with the highest Schwartz Formula out of the entire Pro Meet. This person will receive Additional CASH Prize and Special Best Lifter Trophy!

CASH AWARDS: Money awarded Lightweight & Heavyweight.

The money will come from entries and sponsors. The money from the "pot" will be awarded to 1st, 2nd, 3rd place winners by co-efficient and to the Best Lifter. Any money donated or received from sponsors will be divided evenly among each "pot". Full Power Money will stay with Full Power and Bench Only will be for Bench Only awards. TROPHIES will also be awarded to each winner.

ENTRY FEE: \$100 FOR BENCH ONLY
\$140 FOR FULL POWER

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WEIGHT CLASSES: Assisted/Multiply Lifters
Lightweight: 220 lbs and Under LIGHTWEIGHT
Heavyweight: 220.5 and Above HEAVYWEIGHT

WEIGHT CLASSES: RAW Lifters
220 lbs and Under LIGHTWEIGHT
220.5 lbs and Above HEAVYWEIGHT

WOMEN:
No weight classes winner determined by Schwartz formula. Prize money to be determined on how Many competitors we receive.

The winners of these classes will be the ones with the highest Schwartz formula.

Indy Muscle Fest Strength Expo

Mail entry to:

Bryan Hoffman - UPA
7281 N 200 W
Rensselaer, IN 47978

First Name: _____ Last Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____ E-Mail: _____
Home Phone: _____ Work Phone: _____
Occupation: _____ Team: _____
Age at time of competition: _____ Date of Birth: _____
Sponsors: _____

Division Entered: BENCH ONLY: AMATUER PRO for CASH BOTH

 FULL POWER: AMATUER PRO for CASH BOTH

PLEASE CIRCLE YOUR WEIGHT CLASS and/or Divisions under the level of competition you have chosen. If you choose to compete in both, just circle the correct classes under each competition. This portion is on previous pages.

Entry Fee UPA Amateur: Bench Only: \$60.00 (Teen & Jr. \$45.00): \$ _____
Entry Fee UPA PRO BENCH FOR CASH: \$100 Every Competitor: \$ _____
Entry Fee UPA Amateur Full Power: \$85 (Teen & Jr. \$50.00) \$ _____
Entry Fee UPA PRO FULL POWER For CASH \$140 Every Competitor \$ _____
Add \$30.00 for UPA Card (Teen \$15.00): \$ _____
Add \$20 for entry after 5/20/2012: \$ _____
TOTAL DUE: \$ _____

(Make checks payable to Bryan Hoffman -UPA)

Paid: Cash \$ _____ Check # _____

Release and Waiver

I do hereby waive and release all rights and claims for damages that I may have against the Meet Director Bryan Hoffman, the promoters of the Indy Muscle Fest on a business or personal level and any and all participating sponsors and supporters in any manner growing or arising out of my participation in the June 8-9, 2012 UPA Indy Muscle Fest Powerlifting Pro/Am hosted at the Indiana Convention Center in Indianapolis Indiana. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event.

Signature _____ **Date** _____